Principal’s Message

Dear Parents, Students, Staff and Friends of St Joseph’s College,

Welcome to Week 2 of our new term, Term 3. I trust students and their families were able to enjoy some of this beautiful winter weather together. This is a very significant term for both Year 11 and Year 12 students. The former finish their Preliminary Course at the end of the term, and then consider entering their HSC Course, while Year 12 students, currently on trial exams will receive important progress feedback on their count down to the end of their HSC Course at the end of this term, followed by formal HSC exams next term. We have re-scheduled all our Senior Exams into the Doyle Centre (from the Banora Salvation Army Centre) which gives students the advantage of familiarity and easy access to their teachers both before and after their exams. We wish our students good courage, clarity of mind, diligence, persistence and successful approach strategies in their study programs for their exams! Live each day fully, building the path you wish to follow.

Staff Are Learning Too! During the holidays, the Administration building had an interior re-design to provide a number of staff learning environments and additional office spaces. There are now 4 rooms available where staff together may build and share knowledge about how learning occurs best. We have launched Task Forces 09, an investigation program where teachers are reading quality published research, examining best practice and together designing our College to be the best 21 Century Learning Environment we can imagine! I am so proud of our staff, who are dedicating energy and time to make this investigation process thorough, of high quality and sustainable. I shall provide weekly updates on different topics as we progress. Watch this space!

Classes will start at 9:00am on Fridays: As a consequence of the time spent learning (above), we are aiming at being more efficient with meeting frequencies and times. Staff are planning an additional meeting on Friday mornings which will start before school and conclude at 9:00am. This is a trial for Term 3, and we shall see how it will work for all (staff, students and parents). Students will have an extra few minutes to chill out and have pleasant conversation in the yard, missing out on home room and going straight to lesson 1 at 9:00am. Yard supervision is provided, so families can continue with their normal routines of drop off, etc.

Year 7 to 10 Student - Parent - Teacher Conversations: Most parents have made appointment times with teachers for Monday 10 August. This will run from 9:00am in the morning to 8:30pm in the evening for students, families and staff to meet together to review progress to date, and to set goals and checklists along the way for the remainder of the year. Students in Years 7 to 10 are asked to attend in their uniforms. We are holding Principal Conversations throughout the day – please try to attend one! Details were posted with semester reports. NOTE: Year 12 students are on Trial Exams, and Year 11 students will follow the normal scheduled classes for the day.

Student Excellence – Mathematics Prize Winners: Congratulations to the first recipients of our Mathematics Medals, recognising them as best achievers during last semester. Most of our major improvements in our modern 21st century life style invariably come from the work of talented mathematicians. Go you good things - we need you! (Photo and details further inside!)

Eco Warriors Go Planting: This enthusiastic group planted a row of trees along our eastern property line as part of celebrating National Tree Day on Sunday. The trees, all local natives, were chosen to be root friendly, bird and animal life habitat friendly and neighbourhood friendly. Naturally, every extra plant contributes to reducing carbon dioxide from the air. Well done Gail Berry, Amie Nugent and team.

Enrolment Week: Interviews are being conducted this week for entry into Year 7 in 2010. Families should hear of the outcomes within two weeks. Any families still considering enrolment should hasten to contact the College Enrolment Secretary. Teachers from the College and teachers from St Anthony’s, St James’ and St Joseph’s are meeting to develop and conduct a transition program to provide better connection experiences for student between their primary and secondary phases of learning.

Parents Make A Difference: Continued further inside this newsletter, I have provided a summary of research about parental engagement with schools, and how that makes a difference to students’ outcomes.

May God’s abundant grace bless us during this week. Hope to meet many parents on Monday 10 August!

Alain Sauvage
Parents Make A Difference: It is often not apparent to parents (myself being one) just how we can approach the task of supporting our students’ learning, nor is it apparent just how much of a difference we make to student outcomes.

The current research findings state very clearly that parents and teachers make a huge difference to student outcomes, especially when they talk together about the student and their learning. Peer influences become more apparent in the areas of making choices, values development and patterns of behaviour.

I present a summary from research published by the Specialist Schools and Academies Trust. The full article may be read at http://www.ssatrust.org.uk/article.asp?PageId=1320&NodeId=53.

The report, ‘Engaging Parents to Raising Achievement - Do parents know they matter?’, finds that the most effective parental engagement goes beyond being involved in activities in and around school – it is about parents and teachers working together to support the child’s learning in the classroom and, importantly, in the home.

The findings come from a twelve month study of 30 schools involved in the Engaging Parents in Raising Achievement Project, aimed at improving attainment and behaviour through parental support for their children’s learning.

The project, run by the Specialist Schools and Academy Trust and funded by the Department for Education and Skills, has involved over 103 secondary schools in the UK. Professor Alma Harris, from Warwick University, who was commissioned by the SSAT to undertake the research, said:

‘Parents play a vital role in the development and education of their children and this research shows that the biggest impact is when they are involved in their child’s learning within the home environment. It is crucial that schools build on their good work with parental involvement and make parental engagement within the home a priority. This needs to be integrated into whole school planning and embedded within teaching and learning priorities.

‘The findings also show that, contrary to many views, students not only welcome their parents being actively involved in their learning but that it helped them raise their achievement.’

Jim Knight, Minister for Schools said:

‘Parental engagement in their children’s learning in the home is the single most positive influence on student achievement. Schools have made massive strides forward in raising standards - but getting parents actively engaged day-to-day, whatever their background, is at the heart of further closing the attainment gap.'

‘Today’s research backs this up - that behaviour, attitude, achievement and attendance improve markedly the more parents are engaged in learning. It also shows that ICT has a part to play in reaching parents and that those schools which harness technology to communicate with them have shown a potential for significant improvement.

‘Our top priority now is to continue this culture change in schools - to help make parents and teachers partners in children’s learning; embed parental engagement in teaching and learning approaches; and support schools in breaking down the barriers to achieving this.

I am using the Principal Conversations on next Monday as a starting point for discussing how we can do this better. Make sure to contribute to it.

Here are some starting points to conduct your own research:

http://www.specialistschools.org.uk/article.asp?PageId=1574&NodeId=1
http://www.centerforcsri.org/files/TheCenter_NL_Sep06.pdf

Mr Alain Sauvage
Principal

ST JOSEPH’S
CATHOLIC PARISH
TWEED HEADS
Catholic Presbytery
Ph: (07) 5536.7522

EDUCATION TAX REFUND

The Australian Taxation Office now allows families to claim an Education Tax Refund (ETR) for the tax year 2008-09.

The Parish schools have determined that the following amounts relate to eligible expenses as part of school fees for the financial year ending 30 June 2009:

- Primary Schools - $220.00
- College - $290.00

Families are also reminded that the Building Levy component of the fees is not a tax deductible item.

Families can obtain further information relating to the ETR from:


John Klein
Schools Finance Manager
**WEEK 8**
**Monday 14 September** ...................................(Day 6)
- Year 11 EEC After School Care Incursion
- Leadership Mass (commencing Period 3)
- Year 9 Night of Notables (including SJC Public Speaking Competition)
**Thursday 17 September** ...................................(Day 9)
- CSA Debate (selected students)
**Friday 18 September** ..................................... (Day 10)
- NSWCCC Athletics Carnival (selected students)

**Curriculum News**
**TRIAL HSC EXAMINATIONS**
The Trial HSC Examinations are being held from next Monday, 10 August 2009 until Monday 24 August 2009, at St Joseph’s College NOT The Salvation Army Centre as previously advised. Timetable as follows:

<table>
<thead>
<tr>
<th>First Week</th>
<th>Morning Session</th>
<th>Afternoon Session</th>
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</thead>
<tbody>
<tr>
<td>Monday 10/08/09 (Day 1)</td>
<td>8:45am-10:35am English Standard Paper 1</td>
<td>12:30pm-3:05pm Music Room 2</td>
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<td></td>
<td></td>
<td>12:30pm-2:35pm Retail</td>
</tr>
<tr>
<td>Tuesday 11/08/09 (Day 2)</td>
<td>8:45am-10:50am English Standard Paper 2</td>
<td>12:30-2:35pm Hospitality</td>
</tr>
<tr>
<td>Wednesday 12/08/09 (Day 3)</td>
<td>8:45am-11:50am Business Studies</td>
<td>12:30pm-3:05pm Drama</td>
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<tr>
<td>Thursday 13/08/09 (Day 4)</td>
<td>8:45am-11:50am Chemistry Senior Science</td>
<td>1:30pm-3:05pm Studies of Religion I</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1:30pm-4:35pm Studies of Religion II</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1:30pm-2:35pm Catholic Studies</td>
</tr>
<tr>
<td>Friday 14/08/09 (Day 5)</td>
<td>8:45am-11:50am Modern History</td>
<td>1:30pm-4:35pm Information Processes &amp; Technology</td>
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<tr>
<td></td>
<td></td>
<td>1:30pm-2:35pm History Extension</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Second Week</th>
<th>Morning Session</th>
<th>Afternoon Session</th>
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</thead>
<tbody>
<tr>
<td>Monday 17/08/09 (Day 6)</td>
<td>8:45am-11:20am General Mathematics</td>
<td>1:30pm-4:35pm Economics</td>
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<tr>
<td></td>
<td>8:45am-11:50am Mathematics</td>
<td></td>
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<tr>
<td></td>
<td>8:45am-9:50am Sports Lifestyle &amp; Recreation</td>
<td></td>
</tr>
<tr>
<td>Tuesday 18/08/09 (Day 7)</td>
<td>8:45am-11:50am Ancient History</td>
<td>1:30pm-4:35pm Physics</td>
</tr>
<tr>
<td></td>
<td>8:45am-11:50am Industrial Technology (Multimedia)</td>
<td></td>
</tr>
<tr>
<td>Wednesday 19/08/09 (Day 8)</td>
<td>8:45am-11:50am Biology</td>
<td>1:30pm-4:35pm PDHPE</td>
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<tr>
<td></td>
<td>8:45am-11:50am Industrial Technology</td>
<td></td>
</tr>
<tr>
<td>Thursday 20/08/09 (Day 9)</td>
<td>8:45am-11:50am Legal Studies</td>
<td>1:30pm-3:35pm Mathematics Extension</td>
</tr>
<tr>
<td></td>
<td>8:45am-10:50am English Ext 1</td>
<td>1:30pm-3:05pm Visual Arts</td>
</tr>
<tr>
<td>Friday 21/08/09 (Day 10)</td>
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<td></td>
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<tr>
<td>Third Week</td>
<td>Morning Session</td>
<td>Afternoon Session</td>
</tr>
<tr>
<td>Monday 24/08/09 (Day 11)</td>
<td>9:15am-12:00pm History Extension</td>
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</tbody>
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**ST JOSEPH’S CATHOLIC PARISH**
**TWEED HEADS**
Catholic Presbytery
Ph: (07) 5536.7522

**PARISH YOUTH MASS**
Our Next Youth Mass will be held on Sunday 30 August 2009 in the Holy Family Chapel, St Joseph’s College, Doyle Drive, Banora Point commencing at 5:30pm

Youth Mass Dates for the remainder of 2009 are as follows:

**TERM 3:**
- Week 9: Sunday 27 September
- Week 10: Sunday 3 October
- Week 11: Sunday 10 October
- Week 12: Sunday 17 October
- Week 13: Sunday 24 October
- Week 14: Sunday 31 October

**TERM 4:**
- Week 1: Sunday 25 November
- Week 2: Sunday 2 December
- Week 3: Sunday 9 December
- Week 4: Sunday 16 December
- Week 5: Sunday 23 December

**Year for Priests**
**The priest is not a priest for himself; he does not give himself absolution; he does not administer the Sacraments to himself.**
He is not for himself, he is for you . . .

**The priesthood is the love of the Heart of Jesus.**
St John Vianney

In May 2009, the Vatican announced the Year for Priests, which commenced on 19 June 2009 and will go till 19 June 2010. This is a time to pray for all priests.

On 4 August, we celebrate the Feast Day of Saint John Vianney. St John Vianney is the model and patron saint of all priests. We ask his intercession for all Priests especially those of our Parish. May they live up to the high dignity of their vocation to be faithful servants of God’s people and may their loving devotion to Jesus in the Eucharist and to Mary His Mother be the Twin Fountains of fruitfulness for their ministry.

St John Vianney, pray for us. Amen.

**Religious Education News**
This coming Friday, 7 August, we celebrate the life of Mary MacKillop who began the Sisters of St Joseph to provide education for poor children. Let us pray for those who work to educate children.

Mr Scott McDermott
RE Coordinator-Ministry

**Reading of the Week**
**Today’s reading comes from the Holy Gospel according to Mark:**
After Jesus sat down and told the twelve disciples to gather around him, he said, “If you want the place of honour, you must become a slave and serve others!” Then Jesus had a child stand near him. He put his arm around the child and said, “When you welcome even a child because of me, you welcome me. And when you welcome me, you welcome the one who sent me.”

Compassionate, loving God, may we follow Mary MacKillop’s model of selfless love and service. We ask this through Christ our Lord. Amen.
LITERACY AND NUMERACY NEWS

NATIONAL LITERACY AND NUMERACY WEEK
2009 National Literacy and Numeracy Week will be held from 31 August to 6 September with the theme “Getting the Basics Right”.

The week promotes the importance of literacy and numeracy as fundamental life skills for the 21st Century. Watch out for various activities at school and in the community.

A great place to start is on the various government websites including: www.deepr.gov.au and www.nlnw.nsw.edu.au. Both these websites provide good information and parent brochures on helping your child with literacy and numeracy.

If you have any questions regarding literacy and numeracy please contact the College.

Ms Fiona Murray
Literacy and Numeracy Coordinator

UNIFORM SHOP HOURS
Tuesdays and Thursdays
7:45am - 9:00am
12:50pm - 1:30pm
3:00pm - 3:30pm

MATHS NEWS

Congratulations to the winners of the Inaugural St Joseph’s College Mathematics Medal:

<table>
<thead>
<tr>
<th>Year</th>
<th>Medalist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td>Gemma Fenton (7A)</td>
</tr>
<tr>
<td>Year 8</td>
<td>Louis Oram (8A)</td>
</tr>
<tr>
<td>Year 9</td>
<td>Louis Monaghan (9A)</td>
</tr>
<tr>
<td>Year 10</td>
<td>Jack Klein (10B)</td>
</tr>
<tr>
<td>Year 11</td>
<td>Lachlan Raso (11D)</td>
</tr>
<tr>
<td>Year 12</td>
<td>Daina Waugh (12B)</td>
</tr>
</tbody>
</table>

These students were presented with a Maths medal and a prize donated by Mr Rory Curtis from The Good Guys at Tweed Heads.

These best Junior and Senior medal winners each received a MP3 player valued at $150 and the other four students received a portable speaker.

Thank you to Rory for his support and ongoing sponsorship of this competition.

Mr Frank Malone
Mathematics Coordinator

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These best Junior and Senior medal winners each received a MP3 player valued at $150 and the other four students received a portable speaker.

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Mr Frank Malone
Mathematics Coordinator

UNIFORM SHOP HOURS
Tuesdays and Thursdays
7:45am - 9:00am
12:50pm - 1:30pm
3:00pm - 3:30pm

YEAR 11 NEWS

UNIFORM SHOP HOURS
Tuesdays and Thursdays
7:45am - 9:00am
12:50pm - 1:30pm
3:00pm - 3:30pm

A reminder that Year 11 students will be attending their Leadership Camp next week from Wednesday 12 to Friday 14 August:

Venue: Interaction Experiential Learning - Mebbin
Travel: By bus
Depart: 9:00am, Wednesday 12 August
Return: 3:00pm, Friday 14 August
Cost: $220.00
Due: Friday 31 July (end of Week 1, Term 3)

Payments should have been finalised by now. Students in Year 11 have their checklist of equipment required for the camp. Families are reminded that participation in the camp is compulsory.

Mr Chris Morrison
Year 11 Coordinator

SCIENCE NEWS

In the International Year of Astronomy the highlights for viewing the August night skies are:

- In the Eastern evening sky, Jupiter will be close to a near full moon between 5 and 7 August. It will be very visible for the month and particularly watch the movements of its major satellites if you have a telescope.
- In the West, the evening twilight sky will show Mercury, Saturn and a small crescent Moon on 22 August and Mercury and Saturn will be next to each other on 17 August.
- Saturn’s rings will almost be invisible as they are edge on. The evening of 10 August will be a good time to have a look at this phenomenon.
- If you are up very early, both Mars and Venus are in the North-eastern sky along with a crescent Moon from 16 to 18 August.

Happy Viewing!

Ms Fiona Murray
Science Teacher

Do you know the meaning of this word?

Love: (n.) to have a great attachment to and affection for; an intense emotion of affection, warmth, fondness and regard towards a person or thing; God’s benevolent attitude towards man.

The following quotes relate to ‘love’:

Choose a job you love, and you will never have to work a day in your life. Confucius

Where love is, there God is also. Mohandas Gandhi

No one is a friend to his friend who does not love in return. Plato

The best proof of love is trust. Joyce Brothers

In this life we cannot do great things. We can only do small things with great love. Mother Teresa

The things that we love tell us what we are. Saint Thomas Aquinas
**Lost Property**

There are a number of unclaimed uniform items (e.g. jumpers, shorts, sports shirts, hats), as well as personal clothing following the recent Athletics Carnival, in the Lost Property section at Student Reception.

If you have lost any such items, please report to Student Reception to check in Lost Property.

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**Careers News**

Please see me about the following matters, or any careers concerns you may have.

Mr Matt Hall
Careers Advisor

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HSC Online a hit with students

With less than 12 weeks before the HSC exams start, students will be comforted to know there is an authoritative online resource available to assist in their study preparations. Students studying their HSC have been using the site for 11 years and with material for 48 HSC subjects, supplemented by advice on study strategies and the availability of past examination papers and markers' comments, making it a vital resource. Visit HSC Online at www.hsc.csu.edu.au.

Scholarships to get you started

If you're interested in studying at CSU, there are plenty of scholarships worth investigating. Visit http://www.csu.edu.au/student/scholarships for more information.

The Federal Government is also offering financial assistance for all university students who receive student income support, enabling them to also receive a Student Start-Up Scholarship for each year of their course. In 2010 this Start-up Scholarship will be valued at $2,254.

Eligible university students receiving student income support who have to relocate to one of CSU’s five regional campuses to study will receive a Relocation Scholarship of $4,000 in the first year and $1,000 in subsequent years to assist with their costs. Combined with the Student Start-Up Scholarship, this means they will get $6,254 in their first year of study and $3,254 in later years. For more information on the government scholarships visit http://www.deewr.gov.au/HigherEducation/Programs.

For all inquiries about Charles Sturt University courses, please contact info.csu on Phone: 1800 334 733, Fax: (02) 6338 6001, email: inquiry@csu.edu.au or website: www.csu.edu.au.

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**QBT scholarships, a great pathway to Griffith University**

Every semester, Queensland Institute of Business and Technology (QBT) offers two 50% scholarships to exceptional students - that's SIX 50% scholarships per year!

Family bursaries, FEE HELP and payment plans also available. QBT offers a broad range of diploma programs which articulate directly into the second year of Griffith Bachelor degrees. With small class sizes (max. 25 students per tutorial) and low teacher to student ratios, QBT students are well equipped for success at university (92% of all QBT students articulate into Griffith University). Find out more at www.qbt.qld.edu.au.

For more information, contact the Queensland Institute of Business and Technology, Griffith University - Mt Gravatt Campus via telephone: (07) 3735 3470, Fax: (07) 3735 6901, website: www.qbt.qld.edu.au, or email: emily@qbt.qld.edu.au.

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**2009 Open Days**

- **Sunday 9 August 2009**
  - Griffith Open Day: 9:00am – 2:00pm
  - USC Open Day: 10:00am – 3:00pm
  - Bond University Open Day: 10:00am – 3:00pm

**Visit the relevant websites for more information**

Attention: Years 10 to 12 students:

**LAW EXPERIENCE SATURDAY 15 AUGUST 2009**

If you are a high school student and you are considering a career in law, or would like to know more about studying law, then you must attend this year’s ‘Law Experience’.

When: Saturday 15 August 2009
Time: 9:00am to 4:00pm
Where: Case Study Room 2, Level 3, Legal Skills Centre, Faculty of Law, Bond University
Cost: $35 (incl. GST) covering printed materials, lunch, morning tea and afternoon tea

Registration form available at: www.bond.edu.au/law/law-experience. Please note that the registration must be accompanied by payment and sent to: Rachel Black, Faculty of Law, Bond University QLD 4229.

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**Letz Experience (Working Holidays Abroad)**

Letz Experience (Working Holidays Abroad) caters for the growing demand from young people seeking working holiday opportunities abroad. A working holiday with Letz Experience will provide those successful in gaining a placement the opportunity to work at some of the world’s most exclusive ski resorts throughout Canada, Japan and the United States.

We offer a wide range of jobs that your students can apply for within the individual ski resorts. From resort concierge, ski-lift (fiffies) operators to childcare attendants and ski/snowboard instructors. Whilst no experience is required as such, applicants are required to be 18 years of age by late November this year due to visa and immigration regulations.

There are currently two packages available to students. The first is a basic package that has been designed for students who are little more ‘worldly’ and is inclusive of their visa and guaranteed employment whilst the second package is inclusive of our in-country orientation, onsite accommodation and guaranteed employment along with a host of additional benefits. Generous discounts are also available to those who wish to travel with a group of friends.

Letz Experience has been established to cater for those students who like the idea of a ‘GAP year’ but do not want to commit to a full 12-month placement, and also to those who intend to commence their university studies next year.
**PASTORAL NEWS**

Welcome back to school for the second semester of an exciting year at St Joseph’s. To help you make the most of it, you need to be involved in the many activities and opportunities the College offers.

From the pastoral perspective, a number of workshops will be offered throughout this second half of the year. This term the workshops being offered are:

**Engaging Adolescents** - a one-day (9am-3pm) parent workshop on 24 August seeking to understand adolescence, covering the physiological changes, helping parents understand their job as a parent of a teenager, asking questions and attempting to bridge the gap between parent and child.

**Seasons for Growth** - a grief education program. Loss and grief are issues which affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to personal wellbeing and happiness. Unresolved grief can also affect a student’s learning. The program explores issues such as change, loss, managing feelings, coping strategies and support networks. Seasons for Growth workshops will run during class time, one lesson a week for eight weeks.

**Taking Control** - a self-management and problem-solving program. The program is designed to help students work through the various concepts of managing themselves in order to make more appropriate choices and therefore be more successful in life. It aims to help students become more proactive and improve memory and strategies and problem solving, staying healthy, happiness. Unresolved grief can also affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to personal wellbeing and happiness. Unresolved grief can also affect a student’s learning. The program explores issues such as change, loss, managing feelings, coping strategies and support networks. Seasons for Growth workshops will run during class time, one lesson a week for eight weeks.

**Learning to Learn** - study skills, tips and tricks to help you improve your achievement. This workshop aims to empower the student by presenting information and skills to help students cope with stress associated with exams and assessments, skills in taking tests, managing time, organising yourself, improving memory and strategies and techniques for effective study. It encourages students to be proactive, take control of their learning and be successful. Session times will be negotiated with students selecting this workshop option.

**Strictly Stress** - a twelve session program aimed at students teaching students to understand, acknowledge and cope with specific stressors/sources of stress. Topics covered include: identifying and understanding stress, coping strategies, support networks, diet, time management, problem solving, staying healthy, communication skills and relaxation techniques. Session times will be negotiated with students selecting this workshop option.

**Crucial Skills** - A 10-session anger management and problem solving program which aims to improve listening skills, management of anger, ability to deal positively with conflict, self-esteem and self-management. Session times will be negotiated with students selecting this workshop option.

**Friends** - A 10-session program aimed at learning and developing skills and techniques to cope with and manage anxiety. Student learn awareness of body clues, deep breathing exercises, relaxation activities, identification of inner thoughts, use of positive self talk; techniques for challenging negative self talk, problem solving and coping skills. Session times will be negotiated with students selecting this workshop option.

**Progressive Relaxation Sessions** - A great way to manage your stress and learn to relax. Sessions will be run each Tuesday at lunchtime from Week 5 Term 3.

Each workshop is open to all year groups. Previous workshop participants have found them to be very helpful and an informal, fun way to deal with what can be very difficult issues.

Please consider the opportunities carefully, complete and return the form below indicating which workshop(s) you are interested in as soon as possible. It is expected that workshops will begin in Week 4.

Ms Frances Stegeman
Pastoral Advisor

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**Group Workshops**

Please complete and return to Student Reception by: Monday 10 August 2009

(Attention: Ms Stegeman)

I wish to participate in the following Group Workshop/s (please tick your choices/s):

- Engaging Adolescents
- Seasons for Growth
- Taking Control
- Learning to Learn
- Strictly Stress
- Crucial Skills
- Friends
- Progressive Relaxation

Student Name: ........................................

........................................ H/R: ...........

Parent/Guardian Signature: ........................................
HOSPITALITY NEWS

The following article is presented by the Year 11 Hospitality (Commercial Cookery) class. Bon Appetite!

Mrs Vicki Sargent
Hospitality Teacher

A Brekky To Remember

Friday, 19 June the sun rose and so did eleven of the finest chefs in the southern hemisphere.

As we walked into the commercial kitchen, everyone was excited and ready to cook up a storm for our friends and family who were invited to join us. There were a few anxious moments while baking sausages, poaching and scrambling eggs and sizzling the bacon.

It got a bit like ‘Hell’s Kitchen’ in there as Gordon Ramsay (AKA Mrs Sargent) raised her voice. As the parents were rolling in and being allocated to their tables - which were set with white tablecloths and flowers - we were going through our final stages of preparation before serving.

The hot food was set up in the Bain Marie with a choice of bacon, scrambled & poached eggs, grilled tomato with melted cheese oozing over the top, crispy hash browns and pancakes and maple syrup. It was a great experience and gave us all a real look at what it’s like to be a chef and cater for so many people.

Our parents were delighted and impressed with our skills and the efforts we put in. The morning finally came to an end and our parents said their ‘goodbyes’ and ‘thank yous’ for a nice morning. Then reality struck: it was time for washing the dishes!

This article was brought to you by chefs Sophie Reynolds, Olivia Salmon, Teaghan Maclean, Amy Elkington, Matt Hurst, Zianna Hill, Chantelle Walker, and Juacinta Death. ABSENT: Emily Hipwell, Nicole Brown, and Georgie Oram.

St Joseph’s College Annual Public Speaking Competition

to be held on

Wednesday 16 September 2009

Topic: “Is Money the Answer?”

Junior Competition ~ Years 7 & 8 (2-3 mins)
Intermediate Competition ~ Years 9 & 10 (3-4 mins)
Senior Competition ~ Years 11 & 12 (4-5 mins)

CASH PRIZES IN EVERY DIVISION

The most outstanding speaker of the night will also be awarded the perpetual St Joseph’s College Public Speaking Trophy

Trials will take place at the College in the weeks before finals time

Nominate with Miss Cornale or Mr Connolly ASAP

Night of Notables

Wednesday 16 September 2009

College Procedures: Unsure of College Procedures or Policies? The student planner contains information.
If you don’t find the answer, contact the relevant Year Coordinator.
Today we have two student reports about our annual Year 9 Food Technology Kindy Party, as this year we held TWO kindy parties, one themed, “Kindy Disney Party”, held on Friday 3 July, and the other “Kindy Disco Party”, held on Monday 6 July.

Maid Karen Parker
TAS Coordinator

Ms Vicki Sargent
TAS Teacher

**Kindy Disney Party**

On the 3rd of July, Food Tech 1 invited St James kindergarten to our Disney-themed party. The party was held in the Food Tech room and outside area.

Period 1 and 2 we were busy preparing food; this included a cake, fairy bread, fruit kebabs, mini pizzas, sausage rolls, chips, popcorn, jelly, etc. We decorated the room in balloons and streamers.

At 11:10am the kindy kids arrived dressed in sparkly dresses for the girls or suits and wacky hair-dos for the boys, which related to our theme “Disco”. They all looked fantastic!

We greeted them and then kicked the party off by dancing to the music and having something yummy to eat. All the kindys danced their hearts out non-stop, rocking out to the music.

Soon after we went outside for a class ‘Pass the Parcel’. Everyone was excited when it came their turn to unwrap another layer of newspaper, hoping to reveal the prize. The end winner was Matt. When this game was finished we broke into our little groups with our buddies to continue with some more games and fun. We played ‘Musical Chairs’, ‘Musical Statues’, ‘Pass the Parcel’ and ‘Simon Says’.

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The kindys were very competitive and there was a prize for the winner of each game.

To end the day off we cut the cake and handed out the party bags to our buddies. The kindys then left to go back to class and we started on the massive job of cleaning up. The day was a huge success and loads of fun to participate in.

Laura Donnelly (9C)

Zoe Mathieu (9A)
French News

Aделeade comes to Banora point

Over the last month there has been extra cultural motivation to speak French with the presence of the exchange student Adelaide Dubois from Nantes, France.

Adelaide has been practicing her English skills while on the European summer vacation break. In classes that she has attended, Adelaide assisted in recounts about the different styles of life between France and Australia. A special vote of thanks goes to the Fisher family (Jackson, Year 12) for hosting her during her stay. She has indicated her enthusiasm to return and will be a welcome visitor once more at our College.

After one month with SJC host Jackson Fisher, Adelaide has learnt more about, and become really fond of our language. She has found the habit of dropping the last syllable of many words quite challenging but has always laughed her way through language difficulties. Knowledge of both French and Russian has helped her realize that every conversation is helpful.

Her experience of cultural exchange is at our very Australian Catholic College amazed her. She is stunned by the closeness of teachers and students. She admires the way this school encourages relationships and helps students reach their own personal goals rather than disciplines them robotically.

The most stunning cultural experience her host, and outstanding senior French scholar, Jackson, showed her was the Bangalow Market where she was delighted by the unique jewellery stalls and was spellbound by the hippy culture. She loved the beach at Lennox Heads but selected the Mexican restaurant, The Jungle, as her favourite. She also said she was “drowning in vegemite!”

Jackson comments that her independence, adaptability and fearlessness have helped her cope. She feels her experience was successful and highly valuable because of the warmth and easy-going nature of Australians; and her host family - the Fishers.

Mrs Wendy Peterson
French Teacher

Adelaide hopes to work as a translator, a control tower operator or pilot after she finishes her studies. Her advice to other exchange students is to get a good grasp on the basics of the language into which they will be immersed and to have confidence that it will all be alright.

Wear a pair of jeans OR a denim shirt OR a denim jacket, BUT NO SANDALS, NO THONGS, NOR ANY VARIATION ON THIS THEME!

On Friday 28 August, students are invited to WEAR SOMETHING DENIM in support of our sponsored child, Dominic, who lives in Uganda. (Our students through the Representative Council have sponsored Dominic since 2000)

A gold coin donation will be collected during Homeroom to raise the funds for Dominic’s sponsorship.

World Education Program (WEP) Australia is in its last round of accepting applications for students to go to Germany, Italy, Spain, France and French-speaking Belgium this summer.

Lifelong memories – lifelong friends! Live with a host family, attend an overseas school and make new friends from around the world. “Begin your exchange journey with an open mind and heart. Don’t be afraid to leap into a world of unknown; you will be rewarded with more than you thought possible.” - Chloe Sinclair went on a short-term program to France in November 2008

Don’t miss out! Find out more:
Request your information pack: Go online www.wep.org.au or call us for the cost of a local call 1300 884 733.

Attend WEP’s Open Door Day: 15 August, 12:00noon – 4:00pm. Meet WEP staff and returned students to talk about your opportunity to discover the world on a student exchange.

Volunteer Host Families for International Students arriving in February 2010.

Students from Belgium, Italy, Brazil, France, Japan, and Switzerland are looking for families that are prepared to welcome them into their homes.

These young ambassadors are looking for life long friends and a place to call home during their stay. Apply now and start corresponding with your student upon approval. Getting to know them & their families before they arrive brings fun and joy to everyone involved!

If you would like more information on becoming a Host Family, then please contact our National Office. Full support is provided to all host families and their students! An information pack can be sent on request which includes student photos and profiles. It’s easier than you think & a fantastic experience for all!

Outbound programs also available
Contact: Nikki Medwell, Inbound Exchange Administrator, World Education Program, Toll Free: 1300 884 735, Email: wep@wep.org.au.
**Weekend Mass Times**

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<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tr>
<td><strong>Saturday Vigil:</strong></td>
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<td>6:00pm (Kingscliff)</td>
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<td><strong>Sunday:</strong></td>
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<td>7:00am &amp; 9:00am (Pottsville)</td>
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<td><strong>Sunday:</strong></td>
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<td>9:00am (Bilambil)</td>
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Fr Michael Brady
Parish Priest

Fr Jim Griffin
Parish Priest

If you have any news of a student’s achievement, sporting, academic, or otherwise, please let us know, as we’d love to share it with the SJC community, via the weekly College Newsletter.

**Personal Development, Health and Physical Education (PD/H/PE) News**

**TOUCH FOOTBALL**

Over the first two terms the College has had 4 teams (SJC 1, 2, 3, 4) playing in the Tweed Touch Association competition on Monday nights at Piggabeen Sports Complex.

Tonight (3 August) 3 teams (SJC 1, 3, 4) will each be playing in a grand final, in their respective grades. SJC 2 were unlucky to be knocked out in the first round of semis having finished highest of all our teams on the competition ladder. Best of luck to our grand finalists!

In a couple of weeks time Tweed Touch will be starting a new competition. Games are played Monday nights, in mixed competition. The majority of teams are a mixture of adults and children playing in a competitive but friendly environment. It is a great learning environment for touch with students playing alongside adults.

Any students who would like to play in a team for the next competition starting in a few weeks can either form a team themselves or give your name to me, or to Mr Davoren, and we will do our best to accommodate you.

All teams must be a mixture of male/female and contain adult players (dads, mums, staff and seniors).

Mr Peter Serone
PD/H/PE Coordinator

**Sports News**

**ROUND 5 IN THE BILL TURNER TROPHY**

**GIRLS 15 YEARS AND UNDER SOCCER**

**SJC -VS- MULLUMBIMBY HS**

After being in the Bill Turner Trophy 15 years and under Girls Soccer team for two years, I now know that it is a challenging competition which calls for commitment and teamwork.

This year the girls have been committed and worked as a team both on and off the field. The girls put in 100 percent of their effort to make it to the top 64 teams of the 550 that entered the Bill Turner Trophy.

So Congratulations to everyone who took part in the Bill Turner team and Thank you to Mr Trimbo for being an awesome coach and teaching us so much about soccer.

Rose-Marie Samuels (9B)

Unfortunately we came up against some very skilful competition in Round 4 when we played Mullumbimby. Congratulations girls on your efforts this year.

Thank you in particular to Rose Samuels, Hannah Simpson, Hayley Raso and Olivia McLean who, between them, have played 42 games for the side and exit the team next year.

Thanks also to Katie McClearly for offering her playing experience in a managing role this year. I know the girls have appreciated her support.

Mr Carlo Trimbo
Coach

**CONGRATULATIONS**

Congratulations to Matthew Hurst who competed in the Disability Regional Bowling Championships on 25 and 26 July. Matthew was awarded 2nd Place in the A Grade All Events and 3rd Place in the B Grade Doubles.

Congratulations Mattie!

**Sports News**

Don’t forget, if you have any sports news or sporting achievements you’d like to share with the St Joseph’s College community, please send the information in and we’d be happy to put it in the College Newsletter.

Mr Peter McLaughlin
Sports Coordinator

**Canteen News & Roster**

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<thead>
<tr>
<th><strong>Monday 3 August</strong></th>
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<tr>
<td><strong>Tuesday 4 August</strong></td>
<td>HELP!</td>
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<td><strong>Wednesday 5 August</strong></td>
<td>Joanne Meredith</td>
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<td><strong>Thursday 6 August</strong></td>
<td>Lyn Klein &amp; Julie Crouch</td>
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<td><strong>Friday 7 August</strong></td>
<td>Michelle McLenan and Julieanne Donnelly</td>
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<td><strong>Monday 10 August</strong></td>
<td>Pauline McLean</td>
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<td><strong>Tuesday 11 August</strong></td>
<td>HELP!</td>
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<td><strong>Wednesday 12 August</strong></td>
<td>Helen Steele</td>
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<tr>
<td><strong>Thursday 13 August</strong></td>
<td>HELP!</td>
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<tr>
<td><strong>Friday 14 August</strong></td>
<td>Shirley Clarke</td>
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Mrs Dianne Pinkstone
Canteen Manager

**Visit the College website for more information about SJC or for back copies of the Newsletter**

**Student of the Week**

**Could this be a picture of you?**

The nominated student is required to present him/herself to the College Principal before Friday of this week. If this student does, s/he will receive a voucher to the value of $5.00 for purchases at the Canteen.

Our last two students of the week were Sophie Johns (8A) and Louis Monaghan (9A).

**Keep watching this space - the next time it could be you!**

Student Council

Valuables: Students are asked not to bring large sums of cash or valuable items to school.
The South China Tiger or South Chinese tiger (Panthera tigris amoyensis), also known as the Chinese, Amoy, or Xiamen tiger.

The Eco Warriors have chosen to tell you all about the South China Tiger. It is a subspecies of tiger, native to the forests of Southern China. It is the most critically endangered of the living tiger subspecies.

**Why save endangered animals?**

The Eco Warriors are here to provide you with all the answers. Generations in the future will be missing out on a lot if we don’t act immediately and do something to save the animals. What would they think of us?

Experts maintain that there are less than 20 of these tigers left in the wild, but none have been seen for over twenty years, and warn that it might become extinct within the next decade.

There is, however, between forty to sixty South China Tigers left in Chinese zoos. It has been recently listed as one of the world’s ten most endangered animals.

In 1984, the practice of tiger hunting in China was made illegal; the problems facing South China now are illegal poaching, to fuel the demand of tiger parts for use in traditional Chinese medicines, and the relentless tide of the human population.

Hunting for South China Tiger skins was also a very big problem but it is not so much a problem anymore since none has been seen in the wild for over 20 years! Hunters are still hunting other subspecies of tigers for their skin.

Most of the remaining captive South China Tigers are either old or diseased due to inbreeding and malnutrition, and have descended from only eight founders. This is probably why many experts have given up on them. Nevertheless, it is never too late to save a group of animals.

Take for example, the wild Siberian Tiger population has risen from 250 to 300 in five years, and in the last century the white South African Rhino was revived from only 50 to a staggering 10, 400!

This happened only with the dedication and persistence of the wildlife programs that had to save the species before it was too late.

**So, what can YOU do to help save the South China Tiger?**

Visit the websites of tiger charities working to help the wild tigers such as Save Chinas Tigers. You can also read books dedicated to the conservation of this wild tiger to learn as much as you can about its sad plight. See what’s been done and what can be done.

You also can make a donation. **Remember:** EVERY CENT COUNTS AND ABSOLUTELY 100% OF THE DONATIONS GOES TO HELP SAVE THE ENDANGERED TIGER!

If you want, you can also subscribe to their newsletters or magazines, or even enter a wild tiger adoption program.

**DID YOU KNOW...?**

There has been an estimate of 7,200 million animal species considered as endangered. Each year thousands and thousands are expected to be included in this list of extinction.

**Save the animals. Keep them safe.**

- **National Tree Day**
  The Eco Warriors group planted a number of Australian native trees last Friday (at the time of going to print). As well as providing shade and beautification, these trees will also attract birds and insects!!
3 August 2009

Dear Parents and Caregivers

I am writing to remind you of the current information regarding the control of H1N1 Influenza (Human Swine Influenza).

In regard to procedures for responding to the illness, the Australian Government entered into the phase of response known as the PROTECT Phase back in June. This phase was introduced because the virus is currently not as virulent as was anticipated, and is generally only producing a mild disease in most people, severe in some and moderate overall.

The advice from NSW Chief Health Officer, Dr Kerry Chant about responding to Human Swine Flu in this PROTECT phase is as follows:

“…people who have no underlying medical conditions and are experiencing only mild flu-like symptoms should stay at home and minimise contact with others, until they are well. People who develop moderate symptoms should see their GP. Those with severe symptoms should go to their nearest Emergency Department.”


Based on this information, advice to schools is as follows:

(a) Any student or staff member who develops flu-like symptoms should stay home until well again, and see their doctor as necessary.

(b) All students and staff should maintain a very high level of personal hygiene.

This advice essentially means that the usual processes for responding to student illness are the same as they would normally be. However, what is also very important is that you remain vigilant in checking on the ongoing health of your child. Please watch carefully for signs or symptoms of flu-like illness such as fever, cough, headache, unusual tiredness, muscle-ache, sore throat, chills or shortness of breath. Keep your child away from school at first sign of illness. At this stage, the College has several families with a confirmed diagnosis of the H1N1 influenza strain. These families are fully observing the monitoring and isolation procedures.

The advice from NSW Health is that pregnant women, as well as people with underlying chronic diseases, are potentially more vulnerable to the more serious effects of all forms of influenza, including the HIN1 strain. With this in mind, to prevent contact with pregnant staff and parents and members of the school community with pre-existing health problems, I especially seek your assistance in ensuring that your child does not attend school with flu symptoms. I ask that you particularly mention this to the medical practitioner who assesses your child so that appropriate caution is exercised.

Further information from NSW Health can be obtained from NSW Department of Health website http://www.emergency.health.nsw.gov.au/swineflu/index.asp.

We will continue to communicate with you if there are any changes to this advice. In the meantime, if you have any questions regarding this issue, please contact the school.

Yours sincerely

Alain Sauvage
PRINCIPAL

Peace Through Justice