Principal’s Message

Dear Parents, Students, Staff and Friends of St Joseph’s College,

Welcome to Week 10 of Term 2. Most students have finished their assessment task(s) which provides snapshots of how successful they were in acquiring their learning to date. Reports will follow, arriving at towards the end of the last week of term, allowing for a three way parent-student-College discussion to support students in setting forward looking goals.

Student Media Stars: Keeley Serone (10B), Samantha Fien (10A) and Brendan Bartel (10C) were interviewed during part of a Tweed Shire sponsored information campaign, aimed at reducing the use of alcohol among teenagers. Appearing on Thursday’s NBN Nine news, Brendan is quoted, “people say you should drink, but I don’t feel I need to”. Well done the three of you and our public relations manager, Ms Suzi Bourke, who is ensuring all our good news stories are told.

Student Sporting Excellence: Congratulations to Tamika Edwards (8A) who has been selected to play hockey in the Tweed Border 1st team, representing the Tweed Region in the U13 QLD State Hockey Championships. Similarly to Angus MacPhail (7A) and Martin Campbell (8A) who have been selected in the Under 13 Junior Breakers, part of the Gold Coast and South East QLD Representative Squad for Rugby Union, to play in the QLD State Championships. All three are competing next week and we wish them well.

Student Eco Warriors: This group of dedicated young people are newly established and started action a couple of weeks ago with a view to raising the consciousness of our community in regard to environmental matters, particularly in regard to sustainability into the future. They are targeting the College’s carbon footprint and we are doing a site audit and installing more energy efficient lighting and solar electricity panels as part of a College action plan.

They shall be holding significant events, inviting guest speakers, writing regularly in our newsletter (like the feature last week and another one today), and in general doing all they can to inform, influence, challenge and transform our attitudes and behaviours.

Their aims include:
- replanting areas of the College with native species to encourage biodiversity.
- implementing paper and other recycling measures.
- inviting guest speakers from organisations such as Sea Shepherd and Landcare.
- giving students a voice on environmental issues and the opportunity to effect change for their future world!

My thanks to Ms Gail Berry and Ms Amie Nugent as teacher sponsors of this great group.

Enrolment News: Enrolment applications for 2010 in Year 7 are looking strong. Information is coming out this week to families about next steps in the process and details about attending enrolment interviews.

Year 11 Principal Conversations: Looking forward to meeting with parents of Year 11 students in our Principal’s Conversations tomorrow evening (Tuesday). These 30 minute sessions will happen at 4:30pm and again at 6:30pm. See you then!

Blessings for the week.

Alain Sauvage
**TERM 2 CONCLUDES FRIDAY 10 JULY**

**DEPUTY PRINCIPAL’S NOTES**

**ATTENDANCE: IT’S NOT OK TO BE AWAY!**

The way you train is the way you play; if you miss training or train poorly, then you’ll perform below your potential. Attending classes and applying yourself well follow the exact same principles.

Developing gaps in a students’ knowledge base severely restricts both his/her understanding and progress. It is difficult enough to make up lost ground when a student is genuinely ill, but verging on impossible when away for unjustifiable reasons. Such condoned absences also show a state of mind that places a low value on a student’s education.

The days of starting at the bottom of an organisation and working your way up are virtually gone. Entry for most jobs/careers relies on a certain level of education and both the willingness and capacity to pursue further training.

Parent-condoned absences are eroding students’ chances; let’s stop the rot. Should you require support in saying NO to your son/daughter in regard to any absences other than illness, please contact his/her Year Coordinator immediately.

Let’s all work together to make a difference to your child’s future. Say NO to absence.

*Be on time, Be at school, That’s the rule!*

**STUDENT ABSENCES**

As parents and carers are aware, the College has a policy regarding student absences where the parent/carer is to telephone the College between 7:45am and 9:30am on the day of the absence.

The second requirement of this policy is that a written note is also required on the first day of the student’s return. This explanation note is a legal requirement of the student’s attendance record at school.

Thank you to the parents/carers who have already responded to the recent letters regarding their student’s unexplained absences for the current school year.

Unfortunately the telephone call does not constitute a written record of the absence so we do still require a parental note following each absence.

**FORGETFULNESS**

I am sure many would agree that life today seems more hectic than ever before. Our students too lead very busy lives and learning to be organised and managing time is a constant challenge.

We ask students to do a practical thing each evening to help them get off to a good start each day: When they have finished their homework that they look at their timetable and pack their bag accordingly. This might include PE prac gear or other times.

Presently there are a lot of students forgetting items, be it uniform, prac gear, assignments, etc., and expecting parents to bring these to school.

**MESSAGES TO STUDENTS**

These should be limited to those that are of an emergency nature.

**COMING EVENTS**

This week’s events are on the front page of today’s newsletter. This Information is updated as new events arise, so please always refer to the latest Newsletter on the College website for the most up-to-date information.

**WEEK 11**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Monday 6 July</td>
<td>Year 9 Food Technology Incursion</td>
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<tr>
<td>Wednesday 8 July</td>
<td>Tweed Valley Finals</td>
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<tr>
<td>Thursday 9 July</td>
<td>Year 12 HSC Science Day (12BIO &amp; 12SSC students)</td>
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<tr>
<td>Friday 10 July</td>
<td>TERM 2 ENDS - THIS IS A NORMAL SCHOOL DAY</td>
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<td>College Athletics Carnival</td>
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<td></td>
<td>Years 7-10 Semester 1 Reports posted</td>
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<td></td>
<td>Year 10 Sport Science Incursion</td>
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<td></td>
<td>Year 11 “Meals on Wheels” (selected students)</td>
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</tbody>
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**Please note:** The final Newsletter for this term will be distributed to students on Monday 6 July, and will include the coming events of Term 3.

Mr Peter Lyon
Deputy Principal

**YEAR 12 NEWS**

**2009 GRADUATION FORMAL - CHANGE OF DATE**

Due to the late finish of the Higher School Certificate this year, the Year 12 Graduation Formal will now take place on Wednesday 18 November 2009.

**PATTERN OF STUDY**

A reminder to Year 12 students that their study timetable should be in place in preparation for the Trial HSC. If there are any students needing help with their study plans, please see either myself or the Curriculum Coordinator, Ms Bryett.

Mr Shane Rowland
Year 12 Coordinator

**LETTER BOX**

The following letters have been sent home with your child/ren recently:

- [19 June 2009]: Unexplained Absences (parents/carers to complete form and return).
- [19 June 2009]: Year 9 New Caledonia French Excursion (progress letter).
- [22 June 2009]: Year 10 Pathway InterViews (parents/carers need to make a booking).
- [24 June 2009]: Year 11 Leadership Camp (permission note and payment to be returned no later than 31 July 2009).

**RELIGIOUS EDUCATION NEWS**

Today we remember the witness of saints Peter and Paul. Let us pray for all who follow the way and life of Jesus.

Mr Scott McDermott
RE Coordinator-Ministry

**READING OF THE WEEK**

Today’s reading comes the Holy Gospel according to Matthew:

When Jesus and his disciples were near the town of Caesarea Philippi, he asked them, “What do people say about the Son of Man?” The disciples answered, “Some people say you are John the Baptist or maybe Elijah or Jeremiah or some other prophet.” Then Jesus asked them, “But who do you say I am?” Simon Peter spoke up, “You are the Messiah, the Son of the living God.” Jesus told him: “Simon, son of Jonah, you are blessed! You didn’t discover this on our own. It was shown to you by my Father in heaven. So I will call you Peter, which means `rock’. On this rock I will build my Church, and death itself will not have any power over it.”

Sustain us, O God, through the prayers of Peter and Paul. Strengthen us to be your witnesses, fearless proclaimers of the gospel. We ask this through Christ our Lord. Amen.

**WEEKEND MASS TIMES**

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<tr>
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<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tr>
<td>Saturday Vigil</td>
<td>6:00pm</td>
<td>6:00pm (Kingscliff)</td>
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<tr>
<td>Sunday</td>
<td>7:00am &amp; 9:00am</td>
<td>7:00am (Pottsville)</td>
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<td></td>
<td>9:00am (Bilambil)</td>
<td>9:00am (Kingscliff)</td>
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</tbody>
</table>

Fr Michael Brady
Parish Priest

Fr Jim Griffin
Parish Priest

The School Newsletter and School Calendar are both available online at [www.bps.lism.catholic.edu.au](http://www.bps.lism.catholic.edu.au). The School Calendar contains year group events, assessment schedules and term dates.
ST JOSEPH’S CATHOLIC PARISH
TWEED PARISH
Catholic Presbytery
Ph: (07) 5536.7522

CATHOLICS RETURNING HOME

• Were you raised a Catholic but do not come or seldom come to Church anymore?
• Are you a Catholic who now feels separated from your Church?
• Would you like to know more about the Catholic Church as it is today?
• Would you like to feel at home in the Catholic Church again?
• Would you like to help your children, grandchildren, nephews or nieces in their preparation for receiving the Sacraments?

No matter how long you have been away and no matter what reason, we invite you to consider renewing your relationship with the Catholic Church, through a welcoming and informative six week series that begins soon.

For more information, call the Parish Office on (07) 5536.7522.

PARISH YOUTH MASS

Our Next Youth Mass will be held on Sunday 26 July (last week of school holidays) in the Holy Family Chapel, St Joseph’s College, Doyle Drive, Banora Point commencing at 5:30pm

Youth Mass Dates for the remainder of 2009 are as follows:

TERM 3:
Wk 5 - 30 August and Wk 9 - 27 September

TERM 4:
Wk 1 - 25 October and Wk 6 - 29 November

Do you know the meaning of this word?

Responsibility: (n.) the state or position of being responsible.

Responsible: (adj.) being accountable for one’s actions and decisions; involving decision and accountability.

Are you a responsible young person?

Do you take responsibility for your own actions, thoughts, words, work habits?

The following quote relates to ‘responsibility’:

“The willingness to accept responsibility for one’s own life is the source from which self-respect springs.”

UNIFORM SHOP HOURS

Tuesdays and Thursdays
7:45am - 9:00am
12:50pm - 1:30pm
3:00pm - 3:30pm

RELIGIOUS EDUCATION NEWS

The following student report comes after a group of our students attended the recent World Vision Conference on the Gold Coast.

Ms Allira Eppich
Mission and Values Facilitator

Visit the College website for more information about SJC or for back copies of the Newsletter

If you have any news of a student’s achievement, sporting, academic, or otherwise, please let us know, as we’d love to share it with the SJC community, via the weekly College Newsletter.

40 Hour Famine

The Global Food Crisis is in its second year and you probably didn’t even know we are in a food crisis.

If you currently have a MySpace, Facebook or MSN account you are ranked in the top 3% of the richest people in the world.

On the 21st to the 23rd of August it is your chance to DO SOMETHING REAL. The 40 hour famine, hosted by World Vision, is focusing on the Global Food Crisis. If you want to help do something to try in an effort to ‘bite back’ at eliminating hunger, get involved with the 40 Hour Famine.

Listen out for more information from your homeroom representatives, Kristie Morgan or myself in Year 11 and Joel Cauchi or Samantha Fien in Year 10, and help us to help the people who need it most!!

Jessica McWilliam (11B)

CURIROM NEWS

VOLUNTEERS FOR TRIAL HSC EXAMINATION SUPERVISION

The Trial HSC Examinations are being held from Monday 10 August until Monday 24 August 2009, at the Salvation Army Centre.

To minimise disruption of classes back at St Joseph’s College, I would like some parent/community volunteers to assist teachers with supervision of the Trial HSC Examinations. A teacher will be rostered for each examination and volunteers will assist staff, particularly where subjects have large number of candidates.

If you are able to help, please ring the College Office (before the end of Term 2) and leave your name, contact number and availability. I will contact volunteers early in Term 3 to confirm time(s) and date(s).

LEARNING RESOURCE CENTRE (LIBRARY)

A reminder that the College Library is open on Tuesday and Thursday afternoons from 3:30 - 4:30pm.

Many students who use the library in the afternoons do so as a means to focus on assessment tasks and study without the distractions of home. Assistance with organisation of a study timetable and the development of study skills is also available to all students.

Ms Natalie Bryett
Curriculum Coordinator

YEAR 11 NEWS

The 2009 Year 11 Leadership Camp is set down for Week 3 of next term. Leadership is a skill which is important to foster in young students and thus the College takes this opportunity to develop it within a challenging environment, engaging in physical and mental activities. The camp is timed to coincide with the process of choosing School Leaders and House Captains.

Venue: Interaction Experiential Learning - Mebbin
Travel: By bus
Depart: 9:00am, Wednesday 12 August
Return: 3:00pm, Friday 8 August

The final cost of the camp will be $220.00. This amount should be paid in total by Friday 31 July 2009 (end of Week 1, Term 3).

Students in Year 11 have each been given a letter including a check list of equipment that is required from each student at the camp. Participation in the camp is compulsory.

Mr Chris Morrison
Year 11 Coordinator

Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence.
A note is also required on the first day of the student’s return.
CAREERS NEWS

Please see me about the following matters, or any careers concerns you may have.

Mr Matt Hall
Careers Advisor

UAI TO ATAR

The Universities Admissions Centre has advised the following:

- The Universities Admission Index (UAI) will this year change to the Australian Tertiary Admission Rank (ATAR).
- Students should not be worried about the changes to the UAI.
- The changes will have no impact on students’ choice of courses for university.
- The rank order of students will be the same.
- The university selection and admission process has not changed - the same applicants will be selected for the same courses.
- The process of scaling students remains unchanged.
- We understand some students may feel concerned about these changes . . . but there is NOTHING to worry about.
- The changes will have no bearing on a student’s current studies or potential acceptance to university.
- The highest rank will now be an ATAR of 99.95, not a UAI of 100.
- This brings NSW students into line with their interstate peers, where the top rank is 99.95.
- An ATAR of 99.95 is the same as a UAI of 100.
- You are in the top ranked group.
- Every Year 12 student has received a letter about the changes and anyone who has questions should visit UAC’s website www.uac.edu.au or call (02) 9752.0200.
- The changes are part of a wider movement towards national consistency.

AUSTRALIAN DEFENCE FORCE ACADEMY

INFORMATION SESSION

TUESDAY 13 JULY 2009

The Australian Defence Force Academy (ADF) is more than your average university. As well as a degree from the University of New South Wales (UNSW) in Engineering, Technology, Science, Business or the Arts, you’ll also earn between $33,000 and $47,000 a year to study. We’ll take care of all your tuition fees, medical and dental care, most of your textbooks and subsidise your accommodation.

To find out more about ADFA come along to our information session at The Anzac Room, Twin Towns Services Club on 13 July commencing at 6:00pm. (Call 13 19 01 or visit www.defencejobs.gov.au.)

ATTENTION: YEAR 10 STUDENTS
PLEASE MARK THIS DATE IN YOUR CALENDAR

YEAR 10 CAREERS INFORMATION DAY

Wednesday 29 July 2009

On the morning of Wednesday 29 July (Week 1, Term 3) all of Year 10 will be attending a ‘Careers Information Day’ in the Doyle Centre.

The objectives of the morning are to offer students information about different careers, pathways and an insight into what subjects they might study at HSC level prior to the ‘Year 10 into 11 2009 Information Evening’. Presenters involved will include local universities, TAFE, Centrelink, CONNECT and professionals from our local area.

The programme for the day will be in the next Newsletter.

ENERGY AUSTRALIA – APPRENTICESHIPS, CADETSHIPS AND TRAINEESHIPS FOR YEAR 10 & 12 STUDENTS

Energy Australia are seeking almost 200 school leavers to join them in 2010 on their Apprenticeship, Cadetship and Traineeship programs. They are ideally looking for:

On the whole, we look for students with a good head for maths, science and communications. They’ll have full support and mentoring along the way, with huge scope for career progression.

Apprenticeships (Year 10 & 12 Students) | Trade
- This on-the-job training and paid TAFE study program leads to a nationally recognised Certificate III trade qualification. Students can choose from five popular Apprenticeships.

Cads in Electrical Engineering (Year 12 Students) | Professional - Our Cadetship combines full-time University study, leading to a degree in Electrical Engineering, and work experience with us. This five-year package comes with a weekly salary, payment of the student contribution (formerly HECS), and compulsory textbooks.

Open Days - Students interested in any of the programs can experience first-hand what’s involved at one of our Open Days in Muswellbrook (Saturday, 4 July 2009) or Silverwater (Saturday, 26 July and 4 July 2009).

This will give you the chance to chat to other students and essentially get a feel for the program that suits you.

SCHOLARSHIPS ON OFFER

Raffles College of Design and Commerce, North Sydney, is offering six (6) scholarships for 2010.

One full fee and one half fee scholarship is available for each of Bachelor of Commerce, Bachelor of Design, Bachelor of Arts (Visual Communication) degrees.

Please see Mr Hall for an application form.

KINGSCLIFF TAFE
 SCHOLARSHIP AWARD PROGRAM 2010

North Coast Institute of TAFE, Kingscliff Campus is offering a number of scholarships to eligible students to assist in their studies. A scholarship ensures and early position in one of the TAFE’s nationally accredited programs in 2010. Scholarships are available in Diploma in Hospitality, Diploma in Tourism and Diploma in Events.

Successful applicants will receive a scholarship that covers all course fees and will also receive $500 towards their course textbooks and resource materials.

Application is available exclusively to Gold Coast and Northern NSW current Year 12 students. Applications close Friday 26 September 2009.

PICTURE YOURSELF AT NIDA?

The National Institute of Dramatic Art is Australia’s premier performing arts institute. This is your opportunity to access NIDA’s expertise in theatre, film and television.

- The Anzac Room, Twin Towns Services Club on 13 July commencing at 6:00pm.
- The programme for the day will be in the next Newsletter.

BOOK ONLINE NOW

www.nida.edu.au
If you are planning a holiday during the term dates, a letter requesting leave should be forwarded to the Principal in advance.

Eco warriors: This is one way we can help our environment!

Did you know that Borneo is the third largest island in the world and it was once covered in dense rainforest?

Borneo Malaysia is the only island in the world belonging to three separate countries, which is one of the things that make it unique. Containing the states of Sarawak and Sabah, the highest point in Borneo is Mount Kinabalu. The name ‘Borneo’ is used solely as a Western reference. In Malaysia, it is known as East Malaysia and in Indonesia, Borneo is referred to as Kalimantan.

Facts about Borneo:
Land Areas: 743,330 square kilometres (287,000 square miles, 74.33 million hectares, or 183.68 million acres)
Human Population: 17.7 million, of which 17% or 2.2 million is indigenous Dayak
Countries: Malaysia (states of Sabah and Sarawak) (26.7%); Brunei (Sultanate) (0.6%); and Indonesia (Kalimantan - West, Central, South, and East) (72.6%)
Biodiversity: 15,000 plant species, more than 1400 amphibians, birds, fish, mammals, and reptiles, unknown insects
Percent Forest Cover: Around 50%
Deforestation Rate: 3.9 percent (2000-2005)
Causes of Deforestation: Logging, oil palm cultivation, other agriculture, fires
Major Conservation Initiatives: Heart of Borneo

DID YOU KNOW?
It was filled with thousands of animal species; top predators ruled the remote parts of the island. This was the story until recent development in the area . . .

This Oil Palm is a that is mostly grown in humid rainy places. The seeds of the tree are made into a type of oil that is used in soap, cosmetic products and food.

The only problem is that it is mostly grown on the island of Borneo!

[Oil palm (Elaeis guineensis) is an attractive plantation crop because it is the cheapest vegetable oil and produces more oil per hectare than any other oilseed. In the current environment of high energy prices, palm oil is seen as a good way to meet increasing demand for biofuel as an alternative energy source.] (Text courtesy of Mongabay website)

As Borneo is covered in rainforest the companies need to make room to grow the oil palm plants, so they log the forest that is in their way. 1.8 million hectares of rainforest is cleared every year!

In 2007 the Borneo Orang-utan was placed on the red list of endangered species. If we don’t stop destroying their homes now they will be lost forever.

It’s easy to help stop the palm oil problem - all you have to do is simply check that any food or cosmetic product does not contain palm oil.

By doing this you could help stop the deforestation of the Borneo rainforests!

Did you know that Borneo is the third largest island in the world and it was once covered in dense rainforest?
**SCIENCE NEWS**

Looking up to the skies in July!

This month Jupiter features in the Eastern mid-evening sky. It meets up with a gibbous Moon on the 10th of July. If you have a strong enough telescope, have a look at Jupiter’s four largest moons. For the first part of the month Neptune will be close to Jupiter too.

If you are up early Mars Venus and a crescent Moon can be seen making a triangle in the North-eastern sky just before dawn.

A series of meteor showers can be seen late evening until dawn with the best showers occurring at the end of July in a dark night sky.

Happy viewing!

Ms Fiona Murray
Science Teacher

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**ARTIST OF THE WEEK**

**Artist of the Week:**

Alyssa Powell, Year 7 Art

There are many students who have created outstanding artworks. Year 7 have been studying ‘John Brack’ and have recently completed an assignment on one of his artworks.

As part of the assignment, students created their own drawing of people “somewhere”. Alyssa’s drawing was of people at the beach. Alyssa is to be congratulated on an outstanding job well done.

Mr Andrew Chambers
Visual Arts Teacher

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**STUDENT OF THE WEEK**

**Could this be a picture of you?**

The nominated student is required to present herself to the College Principal before Friday of this week.

If this student does, she will receive a voucher to the value of $5.00 for purchases at the Canteen.

Congratulations to last week’s ‘Student of the Week’, Christopher Hanzic (8C).

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**CANTENNE NEWS & ROSTER**

ATHLETICS CARNIVAL CANTEEN HELPERS
If you can help out, please call me.

**CANTENNE ROSTER**

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<tr>
<td>Adrienne Wheatley &amp; HELP!</td>
<td>Sheree Lynch &amp; HELP!</td>
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<tr>
<td>Tuesday 30 June</td>
<td>Tuesday 7 July</td>
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<td>Cathy Jamieson</td>
<td>Naomi Douglas</td>
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<td>Wednesday 1 July</td>
<td>Wednesday 8 July</td>
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<tr>
<td>Donna West</td>
<td>HELP! &amp; HELP!</td>
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<td>Thursday 2 July</td>
<td>Thursday 9 July</td>
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<tr>
<td>Julie Crouch &amp; Lyn Klein</td>
<td>HELP!</td>
</tr>
<tr>
<td>Friday 3 July</td>
<td>Friday 10 July</td>
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<tr>
<td>Michelle McLennan &amp; HELP!</td>
<td>College Athletics Carnival - HELP!</td>
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Next week’s Newsletter will include the first two weeks of the Canteen Roster for Term 3.

Mrs Dianne Pinkstone
Canteen Manager

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**ST JOSEPH’S COLLEGE PRAYER**

Dear Lord,

You chose St Joseph to protect your son.

We ask you through him, to:

Guide us in our daily work,

shield us from all harm

comfort us in our time of need.

Through his example may we find:

sincerity in our endeavours

humility in our achievements

courage in our convictions

wisdom in our decisions

and the peace that is achieved through just action.

We make this prayer through Christ our Lord.

Amen.

---

**SPORTS NEWS**

With last week’s heavy rain, the grounds were closed on Tuesday which led to us cancelling the week’s Tweed Valley Competition, as well as postponing the Annual Athletics Carnival last Friday.

The new date for the Carnival has been set down for Friday 10 July 2009.

Mr Peter McLaughlin
Sports Coordinator

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HELP WANTED with the BBQ on Reflection Days – Week 1, Term 3

Years 7 to 10 will be attending Reflection Days in the first week of next Term (Tuesday 28 to 31 July).

We are seeking assistance from parents and carers to help with the BBQ which to be held each day at the Salvation Army Centre.

If anyone can offer any assistance, would they please contact their child’s Year Coordinator.

Many thanks.
CREATING RESILIENT FAMILIES

04

CHORES AND HOUSEHOLD JOBS

Teen Union Comes to the Table

The nation breathed a collective sigh of relief today as the Combined Union of Teenagers (CUT) sought reconciliation over what can only be described as a breathtaking log of claims. Describing management as distrustful of claims made last week that 'Everybody else is allowed to go', and 'No, you don't need to telephone her parents', the CUT went on strike.

'So what?' was the bemused reply from the Head of the Order of Parents Everywhere (HOPE). 'We haven't seen much action on the shop floor in recent weeks, so the strike won't touch the sides let alone the surface.'

Claims and counter-claims relating to one side not understanding the other, and charges of hypocrisy and betrayal, have been made.

Mediation by a member of the Collective of Older Children, who said, 'Well, they never let me do it', failed to move the matter towards resolution. The dispute is expected to last until the middle of the century. We can only hope they grow up fast.

You Just Can't Buy Good Help These Days

Mr Spinelli of Campbelltown noticed that it was costing him four hours of nagging and $20 to get the car washed. It would have been cheaper to use professional cleaners. 'After this discovery, I decided I could either have week-long debates with my son or I could decide our relationship was more important,' he said.

COOK-A-THON

Mrs Violet Perchanski of Surrey Hills has given up. Her kids are bored with her cooking. 'At first I was offended', she said, 'and then I figured out that I cook 1095 meals a year. I wouldn't eat 1095 meals in a row from even the best restaurant in town.

So now they all take turns choosing what we eat, and cooking it.'

TEENAGERS SPEAK OUT ON CHORES

In breakthrough research, it has been revealed that most teenagers think young people should be involved in helping out around the house. Taking care of yourself and your possessions is seen as promoting responsibility.

Girls are more likely than boys to see household jobs and chores as a way of contributing to the welfare of the family. Even more shocking are findings that most adolescents don't favour payment for individual jobs, preferring a more generalised payment or pocket money. However, they do think that 'big jobs' should receive a special payment. Before you think you've got it too easy, it is important to note that while 82% expect to have to do some chores around the house, 57% expect you to nag them about it.

As a rough guide, self-care tasks such as making their bed, putting away toys, and basic cleaning of their rooms can begin around six or seven years of age. Family-care tasks such as doing the dishes and sweeping should begin later, after age eight. Of course, if children express interest in helping out, it's always best to include them as long as the task(s) can be done safely.
Celebrating 125 years of Catholic Education in Casino & Mallanganee Parishes

Former Students, Parents, Priests, Religious & Lay teachers are invited to celebrate our 125 Year Anniversary on the weekend of 22nd & 23rd August 2009.

**Saturday August 22**
Dinner Dance RSM Club at 6.30pm Cost $50 pp  
RSVP by 30th July 2009  
Payment to accompany the booking please

**Sunday August 23**
10.00am Parish Mass  
followed by Pot Luck Picnic Lunch in the grounds of the Old Convent (St Mary’s Primary School Grounds)

**For more information:**  
contact St Mary’s Parish Office  
Phone 6662 1025 or Fax 6662 3177  
Email casino@lismore.catholic.org.au  
PO Box 141, Casino NSW 2470

*Please make cheques payable to St Mary’s Parish*