Dear Parents, Students, Staff and Friends of St Joseph’s College,

Welcome to week 6! As always in college life, a busy week - this one characterised by balance between academic learning, social - emotional learning and spiritual learning. Some snippets from last week and this week:

**Ash Wednesday Mass and Ashes Distribution:** The entire campus of St Joseph’s College and St James Primary School marked the start of Lent with Mass and the distribution of ashes in a Reflective Liturgy. With the Holy Family Chapel in the Doyle Centre as full as it can be, our two communities engaged with the meaning of the Lenten Season for us as a pilgrim people. Thanks to all the organisers and ministries who enrich our spiritual journey.

**Bush Fire Appeal - Progress:** To date the total collection for this appeal stands at over $5,000. Generous moments that stand out are the Year 12 student who gave her $120 contribution quietly during PC, only being noticed by another student which then prompted the Homeroom to empty their pockets and give whatever they had on them. Another is that of a parent, wishing to make his contribution effective, donated several hundred dollars towards providing sausages, which when sold through our lunchtime BBQ, multiplied his contribution several fold! Many thanks - continue giving, not just once, nor twice, but many times over again - this is deep spirituality in practice.

**Bush Fire Appeal - Mark Travers-Jones:** Mark was a student at both St Joseph’s Primary in town, then at the College, followed by a Horticultural Apprenticeship at the College then at St James Primary School. More recently, Mark moved down to Kinglake (Victoria), where he was working driving trucks and earth moving machinery. In Melbourne when he received the news of fire threat, he returned home and had just enough time to take his computer and some work clothes, just escaping the path of the fire. After the fire passed, Mark joined the fire fighting effort putting out a fire in a local shop, and helped save the all important local Kinglake pub! More tragically, a number of Mark’s friends and workmates died in the fire. He has moved three times from temporary accommodation in halls and sheds. He is now in a caravan park, having lost all his tools and other goods. We have started a concurrent appeal to support Mark personally, with any monies collected on Ash Wednesday going to Mark. Donations can be marked specifically to support Mark.

**Student Excellence - Lions Youth of the Year:** Jacob Bush and Rachael Amos took this opportunity offered to them and performed outstandingly, presenting prepared and spontaneous speeches to a Coolangatta audience. Rachael was commended by the judges, and was subsequently approached and offered some work experience which may lead to a job. Jacob won the round and will progress to the next level - we wish him well at Murwillumbah this weekend! A further example of students taking opportunities presented to them and making the most of them - Congratulations!

School Parent Assembly - Choicez Presentation: The Catholic Schools Parent Assembly, a peak parent body for the Lismore Diocese, have as one of their roles that of supporting parents through the task of raising young adolescents. Choicez Media will be conducting a parent session on Monday 9 March, from 1:00pm to 3:00pm, in the Doyle Centre. Support materials and information will be provided to assist parents in guiding their sons and daughters to make good relationship choices in the current societal backdrop of sexual freedom. This organisation, Choicez Media, has been specifically chosen by the Parent Assembly due to the high quality support they are able to provide. (Please refer to the advertisement on the back page of today’s Newsletter for more information.)

A Year 10 School Certificate Evening will be held over a coffee and chat tomorrow night, Tuesday 3 March in the Doyle Centre. Coffee/tea and biscuits will start at 6:30pm, for a 7:00pm start, finishing by 8:00pm. Do come and be a part of the Parent-College Partnership of Excellence, working together with our young people.

**Why Not The Best Schools?** The College’s Executive Leadership Team has begun reading together the results of the longitudinal research study presented in Professor Brian Caldwell’s work, Why Not The Best Schools? Watch this space as we begin to engage with it, and be prepared for a continuing journey towards excellence!

Let us live consciously in God’s active presence in our lives during this season of Lent.

Alain Sauvage
DEPUTY PRINCIPAL’S NOTES

Today we have the second in our series. Please do take the time to read this article and our Newsletter together as a family.

Attendance: It’s Not OK To Be Away!

A considerable number of students across Australia and at our school are having their opportunities to perform to their potential adversely affected by parent-condoned absences.

Once it was the case, that students only missed school when they were genuinely ill, but now that has changed. Students are being allowed to stay away from school for an ever increasing number of excuses including:

• A day off for their birthday
• A day off because relatives are visiting
• A day off to be with parents at home
• A day off to look after younger brothers and sisters
• A day off to go shopping

The thought of an argument with children to get them to school often is too great to bear for some parents. Every day a student is away, they are losing a learning experience. Over time, their knowledge base will be full of holes like Swiss cheese. Learning is sequential and attending three lessons leaves gaping holes.

A sobering fact is that in Australia today, the average student will lose one year of education (200 days) through parent-condoned absences over their school career from Prep to Year 12.

After love and care, the most important thing that we as parents can give our kids is an education. Let’s do it.

Should you require support in saying NO to your son/daughter on their attendance or any other issue please contact us immediately.

We all can work together to make a difference to your student’s future.

Be on time, Be at school, That’s the rule!

COMING EVENTS

Don’t forget to check this week’s coming events on the front page of today’s Newsletter.

WEEK 7

Wednesday 11 March…………………..(Day 3)
  Diocean Swimming Carnival
Friday 13 March………………………….(Day 5)
  Year 11 Biology & Senior Science Study (Year 11 Biology & Senior Science students)
  Year 7 Reflection Day

WEEK 8

Wednesday 18 March…………………..(Day 8)
  The Australian Brain Bee Challenge (selected students)
Thursday 19 March…………………..(Day 9)
  St Joseph’s Day

WEEK 9

Monday 23 March……………………..(Day 1)
  HPV/Hep B Vaccinations
Wednesday 25 March…………………..(Day 3)
  Soccer & League Trials
Friday 27 March………………………..(Day 5)
  Year 9 Reflection Day

WEEK 10

Monday 30 March…………………….(Day 6)
  Boosterix Vaccinations

WEEK 11

Thursday 9 April……………………..(Day 4)
  Holy Thursday
  FNC Regional Surfing (selected students)
  TERM 1 ENDS - THIS IS A NORMAL SCHOOL DAY
Friday 10 April
  Good Friday

This information is updated as new events arise, so please always refer to the latest Newsletter on the College website for the most up-to-date information.

Mr Peter Lyon
Deputy Principal

PROJECT COMPASSION 2009

Project Compassion, Week 1 brings you the story of Teopista.

Teopista and her family live in rural Uganda where life is a daily struggle. However with your support, Caritas Australia is supporting 900 subsistence farmer families, including Teopista’s, to gain skills to grow enough food to eat, earn an income, collect rainwater, build energy saving stoves and learn about nutrition and hygiene.

Your Project Compassion donation will continue to assist communities around the world to increase their food security and offer hope for a healthier future.

In next week’s Newsletter, we’ll include our collection total to date. We thank you kindly for your generosity in supporting this collection.

Ms Allira Eppich
Mission and Values Facilitator

ST JOSEPH’S DAY LITURGY
THURSDAY 19 MARCH 2009
in the Holy Family Chapel, Doyle Centre, commencing at 11:56am

WEEKEND MASS TIMES

St Joseph’s Parish
Saturday Vigil: 6:00pm
Sunday: 7:00am & 9:00am

St Anthony’s Parish
Saturday Vigil: 6:00pm (Kingscliff)
Sunday: 7:00am (Pottsville)
Sunday: 9:00am (Bilambil)

Fr Michael Brady
Parish Priest
Fr Jim Griffin
Parish Priest

CURRICULUM NEWS

Please be aware that student’s assessment schedules and handbooks are now available online. Simply go to the website and follow the prompts.

Ms Natalie Bryett
Curriculum Coordinator
Mobile Phone Policy: Mobile phones are not to be brought to school. If there are exceptional circumstances, the phone is to be left at Student Reception upon arrival and collected on departure.

The following photographs were taken at the Ash Wednesday Liturgy held in the Holy Family Chapel in the Doyle Centre.

It was a combined liturgy with both St James Primary School and St Joseph’s College and a number of parishioners in attendance.

I would like to thank all who participated in this very important event in the Liturgical calendar as it signifies the start of Lent. Our students are to be commended for showing appropriate reverence during the celebration.

Mr Scott McDermott
RE Coordinator-Ministry

Do you know the meaning of this word?
Generosity: (n.) willingness and liberality in giving away one’s money, time, etc.; magnanimity; freedom from pettiness in character and mind; a generous act; abundance, plenty.

Generous: (adj.) munificent; full or plentiful.

Do you show your ‘generosity’ towards others? Are you ‘generous’ with your time, your kindness? Being nice to someone is a form of generosity.

Some quotes to make you think . . .
Generosity is giving more than you can, and pride is taking less than you need.

Generosity is the habit of giving. Often equated with charity as a virtue, generosity is widely accepted in society as a desirable habit.

We make a living by what we get, but we make a life by what we give.

And when all else fails . . .
Learn to be generous about others’ faults.

Visit the College website for more information about SJC or for back copies of the Newsletter
CREATIVE & PERFORMING ARTS (CAPA) NEWS

The year has commenced with gusto as students studying both Drama and Visual Arts have had the opportunity to visit Sydney to view the best of the 2008 works and performances in Art Express and OnStage. Thank you to Mr Andrew Chambers and Ms Jenna Mepstead for accompanying students on such a valuable trip (see Mr Chambers’ article overleaf).

Year 12 students studying Drama, Visual Arts and Music have been given the dates for the submission of practical projects in 2009. Each subject area has provided details regarding assistance for your child’s practical projects and examination support offered by staff in the Creative Arts.

Primary students and College students who are part of the band program offered have commenced practice at the College on a Thursday morning before school with Mr Rowland, Mr Carroll and Mr Owens from Music Corp. Band practice commences at 8:00am and concludes at 8:30am.

The Choir has been busy performing in College liturgies and practices on a Tuesday morning at 8:00am under the direction of Mrs Louise McLaughlin. Youth Mass choir practice occurs on a Wednesday morning commencing at 8:00am.

The Music department has an active instrumental program and is currently recruiting interested students to join the beginners’ band. We would like any student, especially those in Year 7, who may like information about learning the following instruments to complete the attached sheet and forward it to student reception or their music teacher.

Instruments offered: Flute Clarinet Saxophone Trumpet Trombone

Students wanting to learn an instrument, other than those listed above, are advised that the College offers the following instrumental programs in piano, guitar and drums. The program for the tuition and the staff are:

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Instrument</th>
<th>Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs Cathy Payne</td>
<td>Piano</td>
<td>Friday</td>
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<tr>
<td>Mr Michael Payne</td>
<td>Guitar</td>
<td>Tuesday</td>
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<tr>
<td>Mr Jesse Carroll</td>
<td>Drums (currently full)</td>
<td>Wednesday</td>
</tr>
<tr>
<td>Mr Adam Owens</td>
<td>Woodwind and Brass</td>
<td>Thursday</td>
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</tbody>
</table>

Please contact the Music staff or Mrs Sharon Singleton-Newell who will put you in contact with the instrumental tutors.

Mrs Sharon Singleton-Newell
Creative Arts Coordinator

NOW YOUR CHILD CAN LEARN A MUSICAL INSTRUMENT!

Did you know that St Joseph’s College currently runs a successful instrumental music program which is available for your child to attend?

Musicorp Australia is the national leader in instrumental music and our mission is to run flourishing music programs of the best possible quality, but at the lowest price for parents.

Did you know?
Learning a musical instrument has been proven to improve your child’s:
✓ Memory skills
✓ Mathematics and complex problem skills
✓ English skills and ability to learn other languages
✓ Speaking and reading ability
✓ Social skills
✓ Confidence

Vacancies exist now and Musicorp programs are on a per term basis so there’s nothing to lose! If you would like to experience the Musicorp difference please fill in the expression of interest below and we will contact you with details.

Give your child the gift of music today!

Yes! Please contact me with more information about the St Joseph’s College music program.

Student Name: Year: Class:

Interested in a particular instrument/s?

Parent Name:

Daytime Phone: Mobile:

Email:

Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence. A note is also required on the first day of the student’s return.
**Visual Arts News**

Last week, after an early flight from Coolangatta, the Year 12 Visual Arts class made a cultural incursion into the art world of Sydney.

Places visited included the Brett Whiteley Studio Surry Hills, Ray Hughes Gallery, and the Art Gallery of New South Wales where students were privileged to see Art Express from 2008 and on Friday we visited the Museum of Contemporary Art.

We also managed to see the massive cruise ship Queen Victoria which dwarfed Circular Quay, and in Pitt Street Mall the girls were on camera with Mathew Johns of the Channel Nine Footy Show. The students’ behaviour was exemplary. This trip was valuable in the formation and development of ideas for the students Year 12 practical and critical and historical studies.

Mr Andrew Chambers
Visual Arts Teacher

**Careers News**

**University of NSW (UNSW) Law Essay Competition**

Year 11 and 12 students in NSW and the ACT are invited to take part in the annual UNSW Law Essay Competition: “Human rights are adequately recognised and protected in Australia. Discuss.”

The essay competition is designed to encourage students to consider how the law impacts on our daily lives, and how students can readily be involved in determining future laws.

The winner will receive $500 cash. Second place will receive $300 and third place will receive $200. All entrants will receive a certificate acknowledging their participation. APPLICATIONS CLOSE 9 APRIL 2009.

For more information, contact Rowena Tuziak at UNSW by telephone: (02) 9385 1519 or email: r.tuziak@unsw.edu.au or visit the UNSW website: http://www.unsw.edu.au.

Please see me either of these matters or any careers concerns you may have.

Mr Matt Hall
Careers Advisor

**Mathematics News**

Join the rest of the world on WMD, World Maths Day, to be held this coming Wednesday, 4 March. Students can practise before Wednesday’s big event by logging on to the website www.worldmathsday.com and using their Mathletics password.

On the day, students can take part in real-life maths challenges and play live with other students around the globe. In 2008, more than one million students from 160 countries combined to correctly answer 182,455,169 questions. Can we break the record this year? I’ll keep you posted.

Mr Frank Malone
Mathematics Coordinator

**Science News**

Astronomical highlights for March in the International Year of Astronomy . . .

- 2-7 March: Mercury, Mars and Jupiter can be seen close together in the East in the pre-dawn sky
- 5 March: Comet Lulin may be seen near the star Regulus in the constellation Leo in the North-eastern sky in the evening.
- 9 March: Mars and Neptune are close together in the pre-dawn sky
- 9-13 March: Saturn is spectacular rising in the Eastern night sky, showing its rings on edge and featuring its moons
- 20 March: The Autumnal equinox occurs on this day when an observer on the equator would see the Sun rise and set due East and West respectively and the day and night length will be equal.

Happy viewing!
Fiona Murray
Science Teacher

**ANZAC Ceremony Invitation 2009**

We repeat this article from last week in the hope that someone from the St Joseph’s College community can assist:

It is still quite some time away but the planning stages for this year’s Anzac Ceremony have begun. It is thought the focus this year will be the Australian peacekeepers role in East Timor as it is the tenth anniversary of troops being sent there.

I would be very interested to hear from anyone linked to the St Joseph’s College community who has served in East Timor and who would be prepared to speak to the school for a short time during our ceremony.

The ceremony will be held on Wednesday 29 or Thursday 30 April. It would be great if you would contact me at the College before Friday 3 April 2009 (end of week 10 this Term).

Many thanks,
Miss Helen Gooley
Anzac Ceremony Organiser

Messages to Students: Office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature.

Year Coordinators will endeavour to deliver non-urgent messages at lunchtime, or prior to the end of the school day.
PARISH NEWS

ST JOSEPH’S
CATHOLIC PARISH
TWEED HEADS CATHOLIC PRESBYTERY
Ph: (07) 5536.7522

ST JOSEPH’S CATHOLIC PARISH
Tweed Heads

SCHOOL FEES

This notice is for the attention of all parents and carers of St Joseph’s College students.

1. SCHOOL FEE INVOICES

Invoices were sent out to all families on 9 February. Any family not receiving an invoice or have any questions relating to the invoice, please contact John Klein, Schools Fees Manager, on (07) 5536.8701.

2. UNIDENTIFIED SCHOOL FEES PAYMENT

Parish Schools Board has advised that an amount of $4,392.16 was deposited on 23 February 2009 through the Commonwealth Bank Netbank system, however insufficient information was given to identify the family.

Please contact either John Klein or Sue Heffernan (07) 5536.7522 should this payment belong to you.

3. SCHOOL FEES REVIEWS

Families are reminded that they need to contact John Klein should they be experiencing any financial difficulties that may prevent them from fulfilling their obligations in meeting the full school fee payment.

John Klein
School Fees Manager

STUDENT OF THE WEEK

After its summer hiatus we welcome back the ‘Student of the Week’ for the 2009 school year.

For anyone new to the College, the ‘Student of the Week’ photo is a random and candid shot of one of our students. It will have been taken at a recent school event, perhaps in class, maybe in the playground... somewhere... but certainly something officially attached to the College.

This week’s Student of the Week...

The nominated student is required to present him/herself to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

Student Council

UNIFORM SHOP NEWS

STOCK

The Uniform Shop is well stocked with uniforms, including jumpers and track pants. All orders which were placed last year are now available. If you no longer need your order, please contact me and the item/s will be returned to stock. If I don’t hear from you, all outstanding orders will be returned to stock by next Friday, 13 March 2009.

PRICE INCREASE

We regret to inform you that the suppliers of the College jumpers have increased their cost by 14%. Please be aware that this price increase takes effect from Monday, 23 March 2009.

Ms Debra Dawson
Uniform Shop Manager

CANTEEN NEWS & ROSTER

LUNCH ORDERS

Students are reminded that you MUST place your lunch order at the Canteen BEFORE school. This is to ensure: (1) your choice is available; and (2) that we will have enough time to prepare your lunch (along with all the other orders). So please, PLEASE... place your order before school!

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>WEEK 6</th>
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<tbody>
<tr>
<td>Monday 2 March</td>
<td>Lyness Fox &amp; HELP!</td>
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<tr>
<td>Tuesday 3 March</td>
<td>Mandy Barone &amp; Chantel Thrupp</td>
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<tr>
<td>Wednesday 4 March</td>
<td>Shirley Clarke &amp; HELP!</td>
<td></td>
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<tr>
<td>Thursday 5 March</td>
<td>Donna West &amp; HELP!</td>
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<tr>
<td>Friday 6 March</td>
<td>Melissa Wright &amp; Debbie Davey</td>
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<td>Monday 9 March</td>
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<td>Tuesday 10 March</td>
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<tr>
<td>Wednesday 11 March</td>
<td>Helen Steele &amp; HELP!</td>
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<td>Thursday 12 March</td>
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<tr>
<td>Friday 13 March</td>
<td>Jenny Cork &amp; HELP!</td>
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</table>

STILL SEEKING HELPERS!

As I mentioned in last week’s Newsletter, I have a number of openings for parent volunteers to help out in the canteen. Please call me if you can help out on any of the following dates. I’d love to hear from you. Many thanks in anticipation...

<table>
<thead>
<tr>
<th>DATE</th>
<th>Helper/s</th>
<th>How Many Needed</th>
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<tbody>
<tr>
<td>Wednesday 4 March</td>
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<td>Thursday 5 March</td>
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<td>Wednesday 11 March</td>
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<td>Tuesday 17 March</td>
<td>1 person</td>
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<td>Wednesday 18 March</td>
<td>1 person</td>
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<td>Thursday 19 March</td>
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<td>Monday 23 March</td>
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<td>Wednesday 25 March</td>
<td>1 person</td>
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<tr>
<td>Friday 27 March</td>
<td>2 people</td>
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<tr>
<td>Monday 30 March</td>
<td>1 person</td>
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<tr>
<td>Tuesday 31 March</td>
<td>1 person</td>
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<tr>
<td>Wednesday 1 April</td>
<td>1 person</td>
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<td>Friday 3 April</td>
<td>1 person</td>
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<td>Monday 6 April</td>
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<td>Wednesday 8 April</td>
<td>2 people</td>
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<tr>
<td>Thursday 9 April</td>
<td>2 people</td>
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Mrs Dianne Pinkstone
Canteen Manager

Keep watching this space - the next time it could be you!
Making a smooth start to secondary school

Starting secondary school presents new experiences, which place many demands on children. It is potentially an unsettling time.

Being at the bottom of the pecking order where you are unsure of the rules of the playground is just one adjustment to make. Changing classrooms, reading a timetable, altering eating habits and carrying a load of books around is difficult enough without the added task of making friends. Some young people take these new experiences in their stride but many have difficulty making the transition from primary to secondary school. It is no coincidence children’s learning levels out in Year 7, presumably as social tasks take precedence over academic performance.

This transition signals a period of supportive parenting. Talk to your child about change and reassure them that it is normal to feel unsure and anxious in new circumstances. Let him or her know that any difficulties faced will only be temporary. Some kids may brush you off with a ‘she’ll be right’ attitude but don’t be fooled by the bravado. Most will be feeling fairly unsure of themselves.

Share some of your own memories of starting secondary school - but steer away from any horror first day stories. It can be reassuring for a child to know that you went through similar experiences and survived. Talking in this way shows that you understand how they feel.

Listen to young people in the first few weeks of school. Ask about new subjects or interesting activities they are doing, and shift their focus to the positive aspects of school. Children often take their cues from their parents so show confidence in their ability to cope.

Make contact with your child’s year level coordinator if you have problems or concerns about how they are settling in. Don’t wait for a parent-teacher night to state any genuine concerns.

If it is your eldest child who is starting then secondary school will be relatively new for you too. It will take some time for you to adjust to the school’s culture and communication methods. You can learn a great deal about the school by talking with your young person and encouraging him or her to share their experiences.

Talking Point

Ask your young person:

How is secondary school different to primary school? What’s better and what’s not so good?

Bright idea

Talk while doing something

If your teenager is a conversational clam and just won’t talk about school, or any other matter, then become involved in an activity with him or her. Boys, in particular, tend to talk more when their hands are busy and the focus is taken off them.

Did You Know?

Young people’s first friendship group in secondary school is not necessarily permanent. They have a number of attempts in the first years to establish their friendship groups.

Teasing and bullying can increase around this transition period.

Early maturing girls and late developing boys can be at risk during transition to secondary school.

Girls reach puberty approximately eighteen months earlier than boys.

True or False.

True

"Setting a good example for children does nothing but increase their embarrassment." Doug Larson
THE CATHOLIC SCHOOLS PARENT ASSEMBLY PRESENTS:

Value Based Sex Education
Parent Seminars

This question will be addressed for parents and carers at a series of seminars in March focussing on values-based sex education, organised by the Diocese of Lismore, Catholic Schools Parent Assembly.

Conducted by the respected Jonathan Doyle, Director of Choicez Media, the seminars will help parents guide their children to make good choices through an understanding of self-worth, relationships and responsible intimacy. Choicez Media programs feature in more than 70% of Australian Catholic schools.

In eight locations throughout the Diocese . . .

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue 1</th>
<th>Time</th>
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<tbody>
<tr>
<td>9th March</td>
<td>St Joseph’s College, Banora Point</td>
<td>1:00pm</td>
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<td>Mt St Patrick College, Mullumbimbah</td>
<td>7:30pm</td>
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<tr>
<td>10th March</td>
<td>St John’s Primary, Mullumbimby</td>
<td>10:00am</td>
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<td>St John’s College, Woodlawn</td>
<td>7:00pm</td>
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<tr>
<td>11th March</td>
<td>McAuley College, Grafton</td>
<td>1:00pm</td>
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<td>John Paul College, Coffs Harbour</td>
<td>7:00pm</td>
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<tr>
<td>12th March</td>
<td>St Paul’s College, Kempsey</td>
<td>1:00pm</td>
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<td>MacKillop Senior College, Port Macquarie</td>
<td>7:00pm</td>
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Open to all parents and caregivers of children in Catholic Schools throughout the Diocese of Lismore.

TWEED REGION CATHOLIC SCHOOLS PARENT ASSEMBLY
ARE PLEASED TO HOST
ALLANAH BAHNSEN

“How to be Heart Centred in the Chaos”

Learn how to use your mind and heart specifically, learn to disconnect from stress, learn mind tools that instantly switch on fun, love and good feelings - even if you’re drowning in ‘have-to’s’. Allanah’s area of expertise is teaching people how to dissolve limitations and self-sabotage in their thinking using the body-mind connection. This presentation will aim to give you clear practical how-to’s, tips and tools that will automatically change your life.

What you will learn:

✓ How to self love in modem life
✓ How to surrender suffering - reverse panic, overwork and over commitment
✓ Transforming fear and anxiety into love
✓ Transformational tools in self love

Allanah is an experienced intuitive facilitator and Educator. She has mastered the art of wellbeing and balance and integrates these into her passion for self empowerment mentoring. For more information visit Allanah’s Website: www.balancedbeing.com.au

This Invitation is extended to all Parents and Carers to attend Allanah’s FREE presentation.

DATE: Monday 16th March 2009
VENUE: St Anthony’s Primary School Library, Pearl Street, Kingscliff
TIME: 6:30pm gathering, presentation 7:00pm-9:00pm (Tea/Coffee will be provided)
RSVP: REPLY TO YOUR SCHOOL OFFICE BY NEXT FRIDAY, 13 MARCH 2009

Any further enquiries please contact: Parent Assembly Representatives: Angela Border-Baker (0417) 143.939, Mary Lynch (0419) 746.209 or Robyn Mullineux, Education Officer (Parent Assembly) Mob: (0400) 565.553, Fax: (02) 6622.5794

I would like to attend Allanah Bahnsen’s presentation on Monday 16 March 2009 at St Anthony’s Primary School.

Name: ........................................................................................................................................
Address: ......................................................................................................................................
Phone: ..........................................................................................................................................