Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

I’d like to share with you today an article from the Herald Sun newspaper in Melbourne that was published on 23 October. It was written by Michelle Green who is the Chief Executive of the Association of Independent Schools of Victoria.

It’s easy to look for somebody to blame when things go wrong.

If students misbehave in their end of year celebrations all the kids involved take the rap, the school’s reputation suffers, parents are embarrassed and the media is again accused of beating up the story.

Some principals and teachers say the media doesn’t help because it sets the wrong tone by calling the celebrations “muck-up day”, a phrase coined by students but which they say encourages bad behaviour.

Let’s pause and count the number of schools around the country, multiplied by the number of students in their final year and divide the number of end-of-year farewells that go wrong.

There are not that many.

Yes, one example of bad behaviour is too much noise from students who have happy and memorable rites of passage.

Rites of passage are not new.

Do we still need this form of ritual and does it provide positive benefit to individuals and communities?

Is the situation getting worse, with more bad incidents than in past years?

Are schools doing anything about it?

We have not researched the number of incidents reported compared with past years but they appear to be less than a few years ago.

Almost all independent schools prepare thoroughly to ensure that the last week of the year is tightly structured with parents and students being well informed about the program and the school’s expectations.

Many schools follow the same format each year to establish a tradition and to reduce the opportunity for out-of-hand creativity by students:

- Often the year 11 students take part as observers so they know exactly what to expect the next year.
- Underlying these events is the need to treat the departing students as young adults and individuals.
- There is also another need, to build within students a positive self-image that encourages responsible behaviour and individualism.
- This is what we expect our schools and teachers to do and they have frameworks in place to instil personal and community values.
- But parents must be the senior partner in the teacher-parent partnership.
- It is unrealistic to expect any school to teach young people the basics of good manners, respect and civilised behaviour.
- These qualities start at home and should be understood by every child by the age of attending secondary school.
- Their progress is then the responsibility of schools, teachers and their parents.
- As a community we need to be providing support for the adults of tomorrow.
- We also need to be setting examples.

Many of Australia’s ritual events, such as the Melbourne Cup, involve significant quantities of alcohol.

Some of our sporting heroes win their matches and then let us down when they are off the field.

And there’s a bigger picture. Are we confident that our country is heading in the right direction, are we setting standards that contribute to the formation of a civil society?

Or are we following a trend noted by US clinical psychologist Dr Madeline Levine in her recent book The Price of Privilege?

She notes that numerous studies in recent years show that bright, charming, seemingly confident and socially skilled teenagers from affluent, loving families are experiencing epidemic rates of depression, substance abuse, and anxiety disorders.

This happens more among this affluent group than in any other socio-economic group of American adolescents.

She blames this on materialism, pressure to achieve, perfectionism, and disconnection.

Geelong Grammar School recognises that young people today need strategies that will help them deal successfully with modern life.

It wants to shine light on issues such as drugs, depression, obesity, alcohol, eating disorders, suicide, bullying and peer group pressure.

It has taken a new approach to teaching and learning, using positive psychology in collaboration with Professor Martin Seligman, Fox Professor of Psychology from the University of Pennsylvania.

The aim is to ensure students feel confident about discussing issues openly and to seek out information so that they understand how their own responses to modern day stresses impact on their health and wellbeing.

It is aimed to help them learn to recognise the symptoms of those stresses and to do something to help themselves.

We can’t excuse bad behaviour. Young people must be protected from themselves and others.

We can try to do this with rules and regulations.

But we will be much more successful if we demonstrate our belief in the goodness of young Australians, nurturing their confidence and optimism so that they can fulfill their role in an Australia of high personal and community standards.

Michelle Green is chief executive of the Association of Independent Schools of Victoria

It is very pleasing to note how well our current Year 12 students finished their time at the College. They finished last Thursday evening with their Graduation Ball and their conduct throughout the Graduation Mass, Year 12 Staff Breakfast and Year 12 Farewell Assembly has been exemplary. It’s what we expect from all our students when they leave the College – to respect the College and leave with grace and dignity. Well done Year 12 2008!

Best wishes and

God Bless,

Mr Peter McLoughlin
Principal
Tonight is the Information Evening for parents and students of Year 7 2008. Year 6 students will attend their Orientation Day tomorrow. Details are again provided in today’s Newsletter.

We also include some important dates for our current students and their families. Please take note of what is happening in your particular year group.

As always we have lots to share with you, so please take the time to read the newsletter together as a family. And to enjoy this publication in full colour, don’t forget we are on the College website.

We hope you enjoy today’s issue.

IN THIS ISSUE:
- Principal’s Notes
- Year 7 2009 Information Evening & Orientation Day
- St Joseph’s Parish School Fees Notice
- Deputy’s Notices
- Weekend Mass Times
- Curriculum News
- This week’s Prayer
- A Graduation ‘Thank You’
- The WORD this week is . . .
- Science News
- Remembrance Day 2008
- Final Youth Mass for 2008
- English News
- Art News
- Year 10 finish next Monday
- Gifted & Talented News
- Sports News
- Beachathon 2008 Update
- Oven for Sale . . .
- RRISK News
- ‘Dealing with Drug Myths’ presentation
- Tweed PCYC
- “Student of the Week”
- Uniform Shop News
- Canteen News & Roster
- ‘Strategies for Success’ Programme

PRINCIPAL’S NOTES

END OF 2008

As previously advertised, the last day of the academic year for students will be Friday 12 December. However, the College will be open until Friday 19 December.

Staff in the week Monday 15 to Friday 19 December will be marking exams, completing reports, updating CPR qualifications and meeting in faculties to prepare for 2009.

Reports will be available for collection by parents of students in Years 7, 8 and 9 after 11:00am on Wednesday 17 December. Should parents have any concerns regarding their child’s progress, then an opportunity to speak with their child’s teacher(s) will be provided on Thursday 18 December from 9:30am until 3:30pm.

Any reports not collected in person by parents by 3:30pm on 18 December will be mailed immediately.

Mr Peter McLoughlin
Principal

ST JOSEPH’S CATHOLIC PARISH
Tweed Heads Catholic Presbytery
P.O. BOX 25. Tweed Heads
NSW 2485
PHONE: (07) 5536.7522
FAX: (07) 5536.4892

SCHOOL FEES

Attention all St Joseph’s College Families:

OUTSTANDING SCHOOL FEES

It is disappointing to note the higher than usual level of outstanding school fees at this time of year.

It is appreciated that 2008 has been a difficult year financially for many families, however, it is crucial that fees are paid to ensure that we can continue to provide the level of education you expect from the schools.

I thank those families who have:
- paid their accounts in full
- established and maintained a regular payment plan
- contacted me to discuss payment options

I remind you that it is your responsibility to contact me to discuss issues that are affecting you in meeting your obligations under the current school fees policy.

I am currently reviewing a list of those families who have not paid their fees or contact me (through embarrassment or their own choice) to discuss payment options. These families will be asked to provide just cause as to why their children should be re-enrolled into the schools in 2009.

Arrangements from previous years do not automatically carry over and families are required to contact me at the commencement of each year to discuss payment options. Catholic education is not free and all families are expected to pay full fees.

UNIDENTIFIED PAYMENT

A payment was received into our bank account this week with a notation of “P Rummery School Fees”. Please advise if this payment belongs to you as I am unable to determine which family the payment belongs.

John Klein, School Fees Manager
Phone: (07) 5536.8701 / Email: sfm@stjosephs.org.com.au

The School Newsletter and School Calendar are both available online @ www.bps.lism.catholic.edu.au.
The School Calendar contains year group events, assessment schedules and term dates.
Attention: Parents & Carers

UNIFORM MATTERS
SCHOOL SHOES 2009
When purchasing school shoes for 2009, please be aware of the College uniform code:

1. Shoes are to be traditional hard-leather lace-up style.
2. Sport shoes are to be traditional leather, lace-up style cross trainers (predominantly white). Canvas sports shoes are not suitable for all sports or PD/H/PE.

Attendance:
It’s Not OK To Be Away!
Open and transparent communication lines between parents, students and teachers are the backbone to laying a solid foundation for effective learning to be built on. We are fortunate at our school to have such a relationship within the school community.

On a daily basis both parents and students are seeking suggestions on things such as:
- What can we do to improve my son/daughter’s understanding?
- Can we organise more help for them out of class time to build their understanding?
- Do we need to find a tutor for them?
- Can the school work with us to sort out their peer group hassles?

These frequent requests reflect the genuine and sincere ambitions that parents have for their children. It would be fair to say that all parents want a better life for their children than they have had. Yet while all these positives are happening, there is one glaring inconsistency. That is, many of the very same people who are striving to find ways to build their children’s understanding condone absences for pursuits such as shopping, helping at home, babysitting, etc.

Let’s get it right - we not only have to do the right thing, we have to do the thing right. So when it comes to our students let’s all adopt one of Stephen Covey’s famous adages: “The main thing is to make the main thing the main thing” – your son or daughter’s education and future.

Should you require assistance in saying no to your son/daughter with regard to any absences other than genuine illness, please contact his/her Year Coordinator.

Let’s all work together to make a difference to your child’s future. Say NO to absence!

Be on time,
Be at school,
That’s the rule!

COMING EVENTS

WEEK 6

Monday 17 November ……………………………….. (Day 1)
- Year 10 Work Skills Day
- Tweed Valley Schools Golf Championships
- Year 7 2009 Parent Information Evening

Tuesday 18 November ……………………………….. (Day 2)
- Year 7 2009 Orientation Day

Thursday 20 November ……………………………….. (Day 4)
- Year 8 State Debating (selected students)

Friday 21 November ……………………………….. (Day 5)
- Year 11 RRISK Seminar (Tweed Civic Centre)
- Year 10 Dreamworld Day
- CSDA Debating Finals (selected students)

WEEK 7

Monday 24 November ……………………………….. (Day 6)
- Year 10 Farewell Liturgy and Presentation of Awards
- Year 10 Semester 2 Reports distributed

Tuesday 25 November ……………………………….. (Day 7)
- Year 8 ESSA Test

Thursday 27 November ……………………………….. (Day 9)
- Diocesan SLS Carnival (selected students)
- Year 9 New Caledonia Trip (27 Nov-4 Dec) (selected students)

Friday 28 November ……………………………….. (Day 10)
- Beachathon/Wet ‘n’ Wild Day (selected students)
- Year 10 Awards Presentation

Saturday 29 & Sunday 30 November
- REACT Youth Gathering (selected students)

WEEK 9

Monday 8 December ……………………………….. (Day 6)
- Years 7-10 Yearly Exam Week (8-12 Dec)
- Year 11 Assessment Week (8-12 Dec)

Tuesday 9 December ……………………………….. (Day 7)
- Prize Night Years 7-9 & 11

Mr Peter Lyon
Deputy Principal

WEEKEND MASS TIMES

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm(Kingscliff)</td>
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<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
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<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
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<tr>
<td>Fr Michael Brady</td>
<td>Fr Jim Griffin</td>
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<tr>
<td>Parish Priest</td>
<td>Parish Priest</td>
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</tbody>
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Mobile Phone Policy: Mobile phones are not to be brought to school.
If there are exceptional circumstances, the phone is to be left at Student Reception upon arrival and collected on departure.
A reminder to students and parents/carers that I keep the

Assuming the packages arrive at St Joseph’s College on time,
end of Term 4

Uncollected packages will be posted to students at the

for Year 11 in Week 9.

posted in the assessment box. There will be no normal lessons
whenever an assessment is scheduled or a task due to be

2008 HSC. Year 11 will need to attend school during Week 9
results contribute to the final HSC Assessment Mark for the

December to Friday 12 December

a study program now to ensure they are well prepared and are

able to achieve to the best of their ability. Normal lessons occur
when an examination is not scheduled.

YEAR 11 HSC ASSESSMENT WEEK
HSC Assessments will occur in Week 9, Term 4. These
results contribute to the final HSC Assessment Mark for the
2008 HSC. Year 11 will need to attend school during Week 9
whenever an assessment is scheduled or a task due to be
posted in the assessment box. There will be no normal lessons
for Year 11 in Week 9.

YEAR 10 SCHOOL CERTIFICATE RESULTS
Assuming the packages arrive at St Joseph’s College on time,
Year 10 can collect their School Certificate results from the
College Office from Monday 17 December 2007. Uncollected packages will be posted to students at the
end of Term 4.

LIBRARY AFTER HOURS
A reminder to students and parents/carers that I keep the
Library open every Wednesday until 4:30pm so that
students may study, do research or access myself for
Mathematics help. The Library is also open Monday,
Tuesday and Thursday until 4:30pm.

Mrs Helen Borrowdale
Curriculum Coordinator

RELIGIOUS EDUCATION NEWS

Reading of the Week
Today’s Reading comes the
God’s Word written in the
Gospel of Luke:

The scripture teaches us not
only of Jesus’ power to heal the
blind, it also tells us that Jesus can open the eyes of the
blind if we put our trust in him and his message.

As Jesus drew near to Jericho there was a blind man
sitting at the side of the road begging. When he heard
the crowd going past he asked what it was all about,
and they told him that Jesus the Nazarene was passing
by.

So he called out, ‘Jesus, Son of David, have pity on
me.’ The people in front scolded him and told him to
keep quiet, but he shouted all the louder, ‘Son of
David, have pity on me.’

Jesus stopped and ordered them to bring the man to
him, and when he came up, asked him, ‘What do you
want me to do for you?’

‘Sir,’ he replied ‘let me see again.’

Jesus said to him, ‘Receive your sight. Your faith has
saved you.’ And instantly his sight returned and he
followed him praising God, and all the people who saw
it gave praise to God for what had happened.

Mr Scott McDermott
RE Coordinator - Ministry

YEARLY EXAMS YEARS 7-9
These exams are held Week 9 of Term 4 (Monday 8
December to Friday 12 December). Students should begin
a study program now to ensure they are well prepared and are
able to achieve to the best of their ability. Normal lessons occur
when an examination is not scheduled.

Mrs Gail Berry
RE Coordinator - Ministry

YEARLY EXAMS YEARS 7-9

THANK YOU
I would like to sincerely thank all those involved
in the organisation of the Year 12 Graduation
Formal held at Twin Towns on Thursday 13
November.

Thanks in particular to the committee of
dedicated parents. Without your help, such an
event could not have taken place.

Mr Shane Burns
Year 12 Coordinator

Do you know the meaning of this word?
Patient: (adj.) enduring trying circumstances
with even temper; tolerant; understanding;
capable of accepting delay with equanimity;
persevering or diligent.

Patience: (n.) tolerant and even-tempered
perseverance; the capacity for calmly enduring
trying situations.

Are you a “patient” person?

Do you show your “patience” towards others
under trying circumstances? Are you “patient”
with your siblings, parents, and friends?

Why don’t you take that breath before
you say or do something that might
try someone else’s “patience”...

SCIENCE NEWS

ESSA TEST
The Essential Secondary Science Assessment (ESSA) test for
Year 8 students will take place on Wednesday 25 November.

The test’s purpose is to inform parents
and schools about what students know
and can do in aspects of science.

The test is framed on Stage 4 outcomes
and essential content in the NSW
Science syllabus. Students can expect
questions on focus, energy, matter,
cells, human body, ecosystems and
space.

The test is in three parts:
- Part 1 contains three open-ended tasks
- Part 2 contains 75 questions, mainly multiple choice items
- Part 3 contains a student survey about values and attitudes

Mr Scott McDermott
RE Coordinator - Ministry

Ms Gail Berry
Acting Science Coordinator

Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence.
A note is also required on the first day of the student’s return.
REMEMBRANCE DAY CEREMONY

Remembrance Day
11 November 2008

Commemorating the 90th Anniversary of the Armistice

“They shall not grow as we that are left grow old. Age shall not wear them nor the years condemn. At the going down of the sun and in the morning We will remember them. Lest we forget.”

This year’s Remembrance Day posters commemorate the 90th Anniversary of the Armistice.

The images for the two Remembrance Day posters are from the Australian War Memorial’s collection, and the State Library of New South Wales.

The image on the poster depicts an A.I.F soldier laying flowers at the grave of Private Roland Allan Shawyer, 27th Battalion, of Riverton, SA, in Fravilliers Communal Cemetery Extension, Corbie, France c. February 1919.

The text on the poster reads: After the First World War ended on 11 November 1918, many Australians, realising that they would soon be going home, took the time to pay their respects to fallen comrades in cemeteries across Europe and the Middle East. Some 60,000 Australians lost their lives during the war and many survivors recalled the pangs of grief as time and distance separated them from those who would never return. (Australian War Memorial J00030)

The image on the poster is a photograph from the 20 November 1918 edition of the Sydney Mail, with the headline ‘Hurrah! The day at last has come – showing some of the men who helped bring about the victory’.

The text on the poster reads: Returned soldiers in Sydney celebrate the end of the First World War on 13 November 1918, two days after the signing of the Armistice. These men, some maimed in battle, delight in the news that the war has ended, but the euphoria felt across the country was tempered by grief at the enormity of Australia’s loss. Over the decades to come, the sight of men disabled by war wounds was commonplace in communities across the country, a constant reminder of the cost of war. (State Library of New South Wales, Sydney Mail, 20 November 1918)

These posters are distributed widely across Australia and overseas.

Remembrance Day at St Joseph’s College
13 November 2008
College Assembly

Remembrance Day is the day Australians remember those who have died in war. Every year, the College gathers to remember the servicemen and women who served, suffered and gave their lives for Australia in wars, conflicts and peace operations.

This year’s Remembrance Day holds special significance, marking the 90th Anniversary of the Armistice. The Doyle Centre provides a great venue in which to hold the Remembrance Day ceremony and all students are to be congratulated on the respect they observed throughout the assembly.

Special thanks to the following students who assisted with the ceremony: Xanthe Slight and Glen West who, as naval cadets, tended to the Australian flag. Jarrah Burns and Daniella de Azevedo brought up the wreath and, together with Bernard Tsang and Daina Waugh, read part of the ceremony as well. Thank you also to Isaac Cork and Dean Stegeman for coordinating the sound. All these students did a great job.

Thank you also to Mr McLoughlin, Mr Lyon, Mr McDermott, Mr DeVenny, Mr Davie and to everyone who assisted and supported this occasion. Thank you one and all.

Miss Helen Gooley
Remembrance Day Ceremony Organiser

PARISH YOUTH MASS

ST JOSEPH’S CATHOLIC PARISH
Tweed Heads Catholic Presbytery
Phone: (07) 5536.7522

Our FINAL 2008 Youth Mass will be held on Sunday 7 December in the Holy Family Chapel, St Joseph’s College, Doyle Drive, Banora Point, commencing at 5.30pm.
YEAR 10 FINISHING SCHOOL FOR 2008
A portion of the Year 10 End of Year Programme is reprinted for the information of Year 10 students and their families. Please refer to the letter provided to all students for further information, or to the College Newsletter of 3 November 2008 which can be found on the College website.

Mr Chris Morrison
Year 10 Coordinator

WEEK 6 (MONDAY 17 - FRIDAY 21 NOVEMBER):
At all times during this week students will need to ensure that they are prepared for normal lessons with appropriate materials. Full school uniform is to be worn unless otherwise specified.

Students will have the opportunity to elect to take part in a First Aid session to be conducted by school staff. It will involve both a theoretical and practical component covering EAR, CPR and Sports Injury. The cost will be $5.00 which will cover the awarding of a Certificate through RLSSA.

Note: Students will be issued with a Clearance Form which will need to be completed and returned to the College prior to the Wednesday 19 November 2008.

Monday 17 November:
› Periods 1-4 – Students will rotate between guest speakers from the Office of Fair Trading, WorkCover and Connect.
› Periods 5 and 6 – Students to attend for a talk from a representative from Centrelink.

Tuesday 18 November:
› Periods 1 and 2:
  Group A – HSC group - ‘All My Own Work’. Board of Studies requirement for all students attempting the HSC.
  Group B – School leavers - Job networking morning.
› Periods 3-5 – First Aid/Resuscitation Course ($5.00) OR Youth health presentations on mental health, drugs and alcohol and sexual assault.
› Period 6 – All books will be returned by students. It is an expectation of the College that all school fees are settled and text books returned prior to the end of the year. If text books are lost, misplaced or damaged, arrangements to cover this cost will need to be made with the College.

Wednesday 19 November:
Group A – HSC Group:
› Periods 1-2: Presentation by John Lee of Rosies and guest speakers on volunteering.
› Periods 3 and 4: Federal and State Police presentations.
› Periods 5 and 6: NSW Fire Brigade – rescue education programme.

Group B – School Leavers:
› Barista Course at Seagulls (all day) – school uniform.

Thursday 20 November:
A Year 10 Reflection Day will be held as part of the Religious Education Programme. This will be held at Kingscliff Beach (weather permitting). Appropriate beach attire (swimmers, hat, towel, sunscreen, shirt, shorts) must be worn. Students will leave after Homeroom rolls are taken, and will travel to Kingscliff via buses from the College, and returning by 3:20pm.

Friday 21 November:
Students have the option to attend Dreamworld and White Water World – this day is not compulsory. Should you NOT wish for your child to attend, no other school-based arrangements will be made. Cost for the Dreamworld excursion is $45.00. Students will leave at approximately 9:00am and all students will return to the College by 6:00pm. Again appropriate dress rules apply.

WEEK 7 (MONDAY 24 NOVEMBER):
The schedule for the final day is as follows:
› 8:40am-9:30am – Final cleanup and other school-based matters.
› Paraliturgy and Presentations in the Doyle Centre.
› Students will receive their School Reports during the presentations; afterwards a small morning tea will occur. Parents/Guardians are invited to join us at 9:30am for this event.
› Students are then welcome to leave.

The ‘Night of Notables’ on 29 October was a wonderful occasion. All students must be congratulated on their efforts and their cooperation. Thank you too to the families of the Year 9 students for their support.

On Friday 21 November, our Year 8 Debating team of Louis Monaghan, Maccalla Fenn, James Swift and Morwenna Merley will be in Sydney to contest the CSDA State Finals. We wish them well.

Mrs Janet Crouch
English Coordinator

Editors Note: Included in today’s Newsletter we have a photo page from the 2008 Night of Notables . . .

ART NEWS
An exhibition at the Tweed River Art Gallery, from 20 November to 7 December, will include work from two of our Year 12 Visual Arts students, Bronson Atkin (12WP1) and Katerina McLean (12WP1).

TWEED RIVER ART GALLERY
A TWEED SHIRE COUNCIL COMMUNITY FACILITY
2 MISTRAL ROAD MURWILLUMBAH NSW 2484
PH: (02) 6670.2790
OPEN: 10:00AM TO 5:00PM (DST) WEDNESDAY TO SUNDAY
FREE ADMISSION

Please take the time to visit the gallery and enjoy the artwork on display.

Mrs Nicole Taylor
Art Teacher
Last weekend four Year 8 students travelled to St John’s College, Woodlawn, to attend a GTAL Camp run by the Catholic Education Office: The students participated in the following areas:

**Hannah Clark** ~ Art  
**Louis Monaghan** ~ Science  
**Maccalla Fenn** ~ Science  
**Thomas McGill** ~ Mathematics

Following are their thoughts on the experiences the weekend offered them.

**Hannah Clarke (8SS2)**

I went to Woodlawn for Art, it was great! The teacher taught us lots of new and different techniques and we all created our own collage on a big canvas.

I met lots of new people and it was all fun and enjoyable. The food was delicious. I had an awesome time and came out feeling like it was all worthwhile.

---

**Mr Paul Bush**  
*Gifted and Talented Organiser*

On 7,8 and 9 November, I attended the G-TAL camp in Woodlawn for science. We got to do heaps of fun stuff that we don’t normally do in a normal classroom. We focussed mainly on our senses, the brain and the nervous system. We dissected a cow’s eye and a sheep’s brain. Overall the camp was a great learning experience.

On 7-9 November, I went to G-TAL camp at Woodlawn High School for the subject of Mathematics. The two topics were projectiles and rockets. In the projectiles part of the course, we solved ‘murders’ and launched ball bearings at different angles to find what angle would fire the furthest.

In the lessons on rockets, we watched a movie entitled, “October Sky”, showing that it takes multiple attempts to get a final result in creating powerful rockets. Steve (my teacher) taught us trigonometry so we could find out how high our bottle rockets went. We used a clinometer to get the angle at the highest point that the rocket went and then measured how far away that the reading was from the site to find the adjacent side.

The second rocket experiment we did was a CO\(_2\) rocket. We got some fishing line and tied it from the post on one end of the football field to the other. Steve set the rocket to the line and fired it away. It went 90 metres in only 5 seconds, converting to a speed of 64.8 km/h.

Next we shot a pressure rocket that went about 200 metres in the air. The psi level needed to launch this rocket was 160!

As you can probably tell, I thoroughly enjoyed my time at Woodlawn, finding it both fun and educational.
RRISK NEWS

POINTS TO CONSIDER WHEN BUYING A USED CAR
Know what type of vehicle is allowed. On 11 July 2005, the NSW Government introduced changes that prohibit all new provisional (P1 and P2) drivers from driving certain vehicles while on their provisional licence. Prohibited vehicles are those with:

- Eight or more cylinders.
- A turbocharged engine (diesel exempt).
- A supercharged engine (diesel exempt).
- Engine performance modifications.
- High performance six cylinder engines.

Know what you want. Do some research and work out what type of car will suit, whether manual or automatic, what the car will be used for, running costs and level of safety. Cost is obviously a big concern, but be aware that operational costs, repairs and maintenance should be considered.

Know where to look. There are many options - licensed dealers, auctions, or private sales.

Know what to check. Check the vehicle’s identity; its VIN (vehicle identification number), engine number, compliance number plate, and check to see whether the vehicle has money owing on it. REVS (www.revs.nsw.gov.au) can also tell if the car’s been stolen, re-registered or classified as a write-off.

Know how it drives. Take the vehicle for a test drive, but before you do, make sure the seller has an insurance policy that will cover if there is a crash. Listen for odd noises and rattles. Does the engine run smoothly when you change gears, slow down, accelerate? Do the brakes work effectively? Does the car stop straight and smooth? How does it steer? Does it steer straight or drift left or right.

Know that the vehicle meets all safety checks. A comprehensive pre-purchase safety inspection and an authorised inspection (pink slip) will ensure your wheels are in good enough shape to be driven on the road. Ensure that all faults are repaired before you take possession of the vehicle.

Websites You Need. When thinking of buying a second-hand car, there are many websites you should visit:

- Roads & Traffic Authority: www.rta.nsw.gov.au
- NRMA: www.mynrma.com.au
- NSW Office of Fair Trading: www.fairtrading.nsw.gov.au
- REVS: www.revs.nsw.gov.au
- Motor Traders Authority: www.mtansw.com.au
- The Red Book: www.redbook.com.au

RRISK SEMINAR 2008

Year 11 students are encouraged to attend this year’s RRISK seminar. St Joseph’s College students are booked to attend RRISK at the Tweed Heads Civic Centre on Friday 21 November 2008.

RRISK (Reduce Risk Increase Student Knowledge) aims to encourage secondary school students to:

- Know the facts
- Be aware of the risks
- Make informed decisions
- Look after your friends

This is the tenth year that the RRISK Program has been running on the Far North Coast and the second year the program has been offered to schools in Coffs Harbour and Port Macquarie.

Comprehensive evaluation of the RRISK program has shown an increase in protective behaviours and a decrease in risk taking for those students who attended the seminars.

Mr Peter Serone
PD/H/PE Coordinator

DEALING WITH DRUG MYTHS

Paul Dillon from Drug and Alcohol Research and Training Australia, keynote speaker at the 2008 RRISK Seminar, will present:

1. Latest information on current drug use trends in Australia, with an emphasis on alcohol, cannabis and ecstasy, and related drugs.

2. Web-based drug and alcohol resources recently developed for those working with young people.

DATE:  This Thursday, 20 November 2008
TIME:  4:30 to 6:30pm
WHERE:  Southern Cross University, Tweed Heads
         (next to Tweed Heads Civic Centre)

Light refreshments will be served
Bookings are essential
Please RSVP by Friday 14 November 2008 to Tweed Shire Council (Reception) Ph: (02) 6670.2501

Tweed Heads PCYC

JamFest – Band & Dance Night final one of the year Saturday 22 November 7-10 pm (NSW time) Tweed Heads PCYC featuring a bunch of local bands including Illumination, Last Ride In & The Generics plus music videos & more (13-17 years) $5.

Tweed Heads PCYC Florence Street (PO Box 380), Tweed Heads NSW 2485
All enquiries to Ph: (07) 5599.1714
The following student report comes from two students who attended the recent Diocesan Softball Carnival. Congratulations to all players for their good behaviour and fair play.

Mr Scott McDermott

On Wednesday 29 October, 35 students and 4 teachers departed for Kempsey to play softball.

After about 7 hours on the road (with numerous students slipping from their seats whilst sleeping), we arrived at our much beloved surf club of South West Rocks.

It didn’t take us long to find our way on to the beach where we played footy and explored the neighbouring islands and their inhabitants. We started the ‘barbie’ after being temporarily ‘kicked out’ of our accommodation due to local yoga classes, which by the way continued for a couple of hours, leaving us in the mosquito-infested outdoors.

We finally got back inside the venue and settled down to go to sleep for the night. We all woke at 5:00am the next morning to set off for Kempsey. The conditions at Kempsey changed throughout the day, ranging from wet, dewy and cold to hot and dry.

The girls team, coached by Ms Waters, ended up finishing 4th in the Trophy Finals and had three players selected for the Lismore Diocesan side.

The boys didn’t do too badly either! Boys A, coached by Mr Lynch, received 5th place in the Plate Finals and Boys B finished 3rd, showing that the competition was very difficult.

Congratulations to Shane Turner, Ashleigh Dunemann and Jade Andrews who were selected for the Diocesan teams and also to Ruby Bruce who received shadow for the girls’ side.

Thank you to Mrs Evans, Mr McDermott, Mr Lynch and Ms Waters who all put in their time to train and coach the students, helping them to reach such a high level of skill. Your efforts were much appreciated.

And our final “Best and Fairest” awards go to:

Girls ~ Emily Payne
Boys A ~ Nic Golden
Boys B ~ Shane Turner

Mr Gary Wheatley
Acting Sports Coordinator

SPORTS NEWS

Congratulations to Ben Walsh (8GB1), Joel Collins (8LC1), Kel West (8KD1) and Ryan West (7AN1) who competed successfully in sculls events at the Maclean Regatta last weekend. all boys placed well in singles and double sculls with Joel winning the single sculls. The four teamed up to take First place in the U/15 quad sculls.

The following student report comes from two students who attended the recent Diocesan Softball Carnival. Congratulations to all players for their good behaviour and fair play.

Mr Gary Wheatley
Acting Sports Coordinator

BEACHATHON 2008

Beachathon 2008 has been a huge success – considering the financial crises our economy is facing – thanks to the local community in supporting this event.

While it was a slow start to get going, after a week students got right behind our major College fundraiser; in the space of five weeks our students have impressively collected $19,500!

We were blessed with a beautiful day last Friday for our 10 kilometre walk from Kingscliff to Fingal and back. Students had a fun day being involved in the walk, touch football and volleyball on the beach and a swim in Cudgen creek to cool off.

Thank you to the Beachathon Committee for organising a successful day: in particular Mr Joseph and the ‘Iron Chefs’, Mrs Pinkstone for the canteen, Mr DeVenny, Mr Davie, Mr Connolly and Mr Hall for setting up, and our Office staff who did a great job with all the behind-the-scenes work. Mr Morrison’s and Mr Wheatley’s Sport Science classes are also to be commended on the smooth running of the afternoon activities.

Last but not least the following Year 11 students have given up their recess for the past five weeks to help collect money: Talya Smith (11HG1), Ashleigh Dunneman (11NT1), Stevie-Lee Peace (11GT1), Jessica Carroll (11AC1), Richelle Billiau (11HG1) and Jessica Godfrey (11MJ1) . . . thank you!

Whilst the collection of money is being finalised this week, here are some facts up until the time of printing:

- The Homeroom with the most money collected was 8SS2 $2,599, followed closely by 7CF1 with $1,900.
- The student with the highest individual tally was Brayden Pringle (8SS2) with $863, followed closely by Dominic Drew (8RC1) and Julian Richards (8LC1) – and all these students are in Year 8.
- 130 of our students have raised $100 or more.
- Congratulations to Xavier Ricketts (10PM3) for finishing first with the running crew, only narrowly beating Mr Davoren back to the finish.

A big thinks also to the following parents who willingly gave up their time to help run the day and support our College Fundraiser:

Michael Kenny
Armando de Azevedo
Amanda Barone
Denise Smyth
Sarah Johnson

Julianne Donnelly
Vicki Leslie
Susan Klein
Kathryn Bailey

Ms Erin Gallagher
Beachathon Committee

Editors Note: Included in today’s Newsletter we have a photo page from the College Biennial Beachathon . . .

OVEN FOR SALE

Westinghouse Electrical Oven
(from the Food Technology room)
3 years old
Price: $100
Contact Ms Karen Parker, TAS Coordinator

Sport: Sport is an important part of the school and students are expected to attend sport each week.
STUDENT OF THE WEEK

Could this be a picture of you?

The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!

Student Council

UNIFORM SHOP NEWS

Uniform Helpers Needed Urgently

FOR THE COLLECTION OF UNIFORMS AT THE START OF 2009

I am still desperately seeking parents/students to help pack and/or sell uniforms before we commence the 2009 school year. The wonderful ladies who used to help me now work part-time or their children have left SJC, so I don’t have my regular helpers. I will contact the ladies who were so kind as to help me at the start of this year but now I need YOUR help!!

I am only asking for help with the College uniforms for four (4) days at the start of the 2009 year:

Tuesday 20 & Wednesday 21 January (to pack)
and
Thursday 22 & Friday 23 January (to sell)

If anyone is able to help pack and/or sell uniforms ON ANY OR ALL OF THESE DAYS, OR A PART OF A DAY, please contact me at the College. I will be contactable up until we close the office on 19 December 2008.

I can’t stress enough how important a helping hand will be at this time. So please if you could help me – and the school – out, please call me.

Please note that lunch and refreshments will be provided and we will be working in air-conditioned comfort which is a plus!

Ms Debra Dawson
Uniform Shop Manager

CANTEEN ROSTER

WEEK 6

<table>
<thead>
<tr>
<th>Monday 17 November</th>
<th>Susan</th>
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<tbody>
<tr>
<td>Tuesday 18 November</td>
<td>Sandra Hughes</td>
</tr>
<tr>
<td>Wednesday 19 November</td>
<td>Helen Steele &amp; HELP</td>
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<tr>
<td>Thursday 20 November</td>
<td>Donna Finn &amp; Margaret Pullard</td>
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<tr>
<td>Friday 21 November</td>
<td>Sonia Orr &amp; Jenny Cork</td>
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WEEK 7

<table>
<thead>
<tr>
<th>Monday 24 November</th>
<th>Cathy Jamieson &amp; HELP</th>
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<tr>
<td>Tuesday 25 November</td>
<td>Lee Camp</td>
</tr>
<tr>
<td>Wednesday 26 November</td>
<td>Kathy Bush &amp; HELP</td>
</tr>
<tr>
<td>Thursday 27 November</td>
<td>Janene Neal</td>
</tr>
<tr>
<td>Friday 28 November</td>
<td>Julianne Donnelly &amp; Fran Hardy</td>
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Mrs Dianne Pinkstone
Canteen Manager

If your child is going into Year 10, 11, or 12
- you have a tough year ahead

You can help!

January Holiday Seminars in STRATEGIES FOR SUCCESS

How you will benefit:

Students emerge from the seminar confident and motivated towards their studies and possess powerful new strategies for speed reading, advanced understanding, summarizing, memorizing and revision, essay planning, stress management, time management, goal setting and correct study methods.

This unique Australian 4-day seminar has been tried and proven over many years with a broad range of students. It is presented in Brisbane and on the Gold Coast every school holidays by Dr. Mark Brown, a university lecturer and consultant in learning performance and student motivation.

In a survey conducted on an average of six months after their child’s attendance, 93% of parent respondents said there had been a persistent positive change in their child’s actual school performance.

What previous students have said:

“Very worthwhile investment in my life.” C. Hannon
“I felt like I had really achieved something.” C. O’Leary
“A powerful presentation – an educational must.” M. Burns

Fee: $410.00 (Visa/Mastercard welcome)
Times: 9am - 3pm each day
Dates: 5th, 6th, 7th, 8th January (Bond Uni)
12th, 13th, 14th, 15th January (QUT)
19th, 20th, 21st, 22nd January (QUT)

2-Day Junior Program for Years 7, 8, 9

Fee: $215.00 (Visa/Mastercard welcome)
Times: 9:30am - 3pm each day
Dates: 7th, 8th January (Bond Uni)
14th, 15th January (QUT)
21st, 22nd January (QUT)

For a free brochure with full details
Ph: 07-3281 1400

Limited places available

Learning Performance Seminars®

Diary: The student diary should be signed by parents/caregivers each week.
Any concerns? Contact the relevant Year Coordinator.