Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

This coming Friday, 7 November, is our Beachathon. We made a decision some years ago to hold the Beachathon every second year. For that reason our Beachathon is new to our Year 7 and 8 students. What is the Beachathon about?

I believe it’s about our commitment to community. What sort of commitment?

It’s about:

- Being involved.
- Not staying home and doing something for “me” because there are no school lessons on this day.
- Making an attempt to raise money for resources at St Joseph’s College.

What will we do with the money?

- List to the Student Representative Council who will get ideas from the students.

What about commitment?

In his book, ‘I Can’t Accept Not Trying’, Michael Jordan talks of commitment this way:

I don’t do things half-heartedly. Because I know if I do, then I can expect half-hearted results . . . You can’t turn it off and on like a tap . . . But that’s how a lot of people fail. They sound like they’re committed to being the best they can be. They say all the right things, make all the proper appearances. But when it comes down to it, they’re looking for reasons instead of answers . . . There are a million excuses for not paying the price. “If I was only given a particular opportunity.” Or “If only the teacher/coach/boss liked me better, I could have accomplished this or that.” Nothing but excuses.

Part of this commitment is taking responsibility. That’s not to say there aren’t obstacles or distractions. If you’re trying to achieve, there will be roadblocks. I’ve had them; everybody has had them. But obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.

It’s great advice for all of us! It’s an attitude that helps us focus on being the best person each of us can be. That’s what God wants for all of us. St Paul, in his first letter to the Corinthians (16: 13), writes:

Be alert, stand firm in the faith, be brave, be strong. Do all your work in love.

Let’s all follow the words of St Paul and Michael Jordan in the coming weeks.

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
Here we are in Week 4 of the final term for 2008 - just where does the time go?

Bearing in mind that time is flying by, we have a couple of reminders for our students and their families:

- Year 10 students will be sitting their compulsory School Certificate exams Monday through Friday of next week. These students have been given an ‘end of year’ letter explaining their final programme of events, which is also outlined in today’s Newsletter.

- Also next week, our Year 12 students complete their final HSC exams. Next Thursday, they will be attending their College Graduation Formal.

And for students in other year groups, there will be more examinations before the term is out:

- In Week 9, students in Years 7, 8 and 9 will be taking their end of year exams.

- Week 9 will also be an assessment week for Year 11 students.

Families should note that this exam/assessment week will be compulsory for all Years 7, 8, 9 and 11 students.

All in all, a very busy time. We hope you enjoy today’s Newsletter.

IN THIS ISSUE:

- Parish Notice - Outstanding School Fees
- Coming Soon . . . Year 7 2009 Information Evening & Orientation Day
- Principal’s Notes
- Deputy’s Notices
- Curriculum News
- St Joseph’s Parish & St Anthony’s Parish Weekend Mass Times
- Bonjour . . .
- November Prayer
- REACT Youth Gathering
- Year 12 2008 Graduation Formal
- English News
- The WORD this week is . . .
- HSIE News
- Gifted & Talented News
- Year 10 Report - End of Year Programme
- Careers News
- RRISK
- ‘Dealing with Drug Myths’ presentation coming
- “Student of the Week”
- Uniform Shop needs help!
- Canteen News & Roster
- Other Notices
- REACT Registration Form

ST JOSEPH’S CATHOLIC PARISH
Tweed Heads
Catholic Presbytery
P.O. Box 25, Tweed Heads
NSW 2485
Phone: (07) 5536.7522
Fax: (07) 5536.4902

SCHOOL FEES
Attention all St Joseph’s College Families:

OUTSTANDING SCHOOL FEES

It is disappointing to note the higher than usual level of outstanding school fees at this time of year.

It is appreciated that 2008 has been a difficult year financially for many families, however, it is crucial that fees are paid to ensure that we can continue to provide the level of education you expect from the schools.

I thank those families who have:
- paid their accounts in full
- established and maintained a regular payment plan
- contacted me to discuss payment options

I remind you that it is your responsibility to contact me to discuss issues that are affecting you in meeting your obligations under the current school fees policy.

I am currently reviewing a list of those families who have not paid their fees or contact me (through embarrassment or their own choice) to discuss payment options. These families will be asked to provide just cause as to why their children should be re-enrolled into the schools in 2009.

Arrangements from previous years do not automatically carry over and families are required to contact me at the commencement of each year to discuss payment options. Catholic education is not free and all families are expected to pay full fees.

UNIDENTIFIED PAYMENT

A payment was received into our bank account this week with a notation of “P Rummery School Fees”. Please advise if this payment belongs to you as I am unable to determine which family the payment belongs.

John Klein, School Fees Manager
Phone: (07) 5536.8701 / Email: sfm@stjosephs.org.com.au

YEAR 7 2009
(EVENTS FOR WEEK 6, TERM 4)

INFORMATION EVENING
(For Parents AND Students)
Monday 17 November
commencing 7:00pm in the Doyle Centre

ORIENTATION DAY
(For Students ONLY)
Tuesday 18 November
9:30am to 2:00pm
The Orientation Day Program includes:
- testing, liturgy, BBQ lunch, activities
- and a tour of the College

Note: Students are to wear their current school uniform
- Students are to bring a pen and pencil and their own recess
- (or can make a purchase at the College canteen)
PRINCIPAL’S NOTES

WONDERFUL NEWS
We are so grateful that our prayers have been answered! Mrs Sharon Singleton has received news from her oncologist that she is able to return to St Joseph’s College at the commencement of the 2009 school year. Mrs Singleton still has four chemotherapy treatments to go but is overjoyed at the positive news. We look forward to her return. Please keep Mrs Singleton in your prayers.

NIGHT OF NOTABLES
My sincere thanks to the students of Year 9 and their English teachers, Mrs Janet Crouch, Mr Kim Dixon, Ms Louise Comale, Ms Charmaine Vella and Ms Shellane John, for all of the hard work put into last Wednesday night’s ‘Night of Notables’. The Doyle Centre is a great showcase for this type of school event and our Year 9 really did us proud. All are to be congratulated. As next week is a News Sheet week, the next Newsletter (going out to families on Monday 17 November) will include a report about the ‘Night of Notables’.

STAFF CHANGES
Ms Dianne Monnier has unfortunately resigned her position at the College. I am grateful for the work Ms Monnier did over the nine weeks she was at the College. Welcome to Mrs Catherine Jeffrey who will be teaching in Ms Monnier’s place for the remainder of 2008.

PRAYERS
Please pray for the repose of the soul of the great-grandmother of Alexander Mitchell (8KD1) and William Mitchell (10GW1) who passed away last week.

‘REACT’ YOUTH GATHERING
On the back page of today’s Newsletter you will find a Registration form for REACT a Youth Gathering to be held on the weekend of 29 and 30 November. REACT is a follow-up to WYD08 but is open to all students.

If you want to attend, please fill in the registration slip (on the back page) and return it to Ms Eppich at the College, or to the Parish Office, together with your $20 registration payment ($30 if travelling by bus) by Friday 14 November. All participants will be required to complete necessary medical, parental permission (if under 18) and prohibited declaration forms (if over 18) which are available from both parish and school offices.

REMINDER NOTICE TO ALL YEAR 10 FAMILIES

SCHOOL CERTIFICATE EXAMINATIONS
Monday 10 November:
☞ English (9:20am-11:30am)
☞ Science (12:50pm-3:00pm)
Tuesday 11 November:
☞ Mathematics (9:25am-11:30am)
☞ Australian History, Geography, Civics and Citizenship (12:50pm-3:00pm)
Wednesday 12 to Friday 14 November:
☞ Online Computing Skills test

All Year 10 students must sit the above-mentioned examinations to be eligible for a School Certificate.

Please note:
• Normal school uniform is to be worn.
• Students must stay at school AFTER exams UNLESS they have written permission from their Parent/Carer.

Mr Peter McLoughlin
Principal

DEPUTY’S NOTICES

ATTENDANCE: IT’S NOT OK TO BE AWAY
While the effects of irregular attendance adversely impact directly on a student’s current progress and understanding, the long term scars to his/her learning are devastating.

Just as research has proven that exposure to the sun as a youngster can cause irreparable damage to his/her skin that will emerge later in life, poor attendance mirrors this.

The gaps in knowledge and understanding accumulated in Years 7 to 10 become a glaring problem in Years 11 and 12. Subject development is a sequential building process that relies heavily on a firm grasp of each section of material. When part is missing the student finds immense difficulty in learning the work and real frustration sets in; this effectively makes school life a genuine chore.

In many senior classes across all subjects, teachers spend much valuable class time trying to fill in the gaps in students’ knowledge caused through condoned parent absences. Time is lost on teaching the Years 11 and 12 subject material; a real disadvantage to our students.

This situation can be substantially reduced if not eliminated by saying NO to any student absences other than genuine illness or serious family issues.

Should you require assistance in saying no to your son/daughter with regard to any absences other than genuine illness, please contact his/her Year Coordinator.

Let’s all work together to make a difference to your child’s future. Say NO to absence.

Be on time,
Be at school,
That’s the rule!

COMING EVENTS

WEEK 4
Tuesday 4 November ........................................ (Day 2)
☞ Diocesan Tennis (selected students)
☞ Diocesan Waterpolo (selected students)
Thursday 6 November ................................. (Day 4)
☞ Mock Café (selected students)
☞ Downie Shield Cricket (selected students)
Friday 7 November ................................. (Day 5)
☞ Beachathon 2008

WEEK 5
Monday 10 November ........................................ (Day 6)
☞ Year 10 School Certificate exams (10-14 Nov)
Tuesday 11 November ........................................ (Day 7)
☞ Remembrance Day
Wednesday 12 November ................................. (Day 8)
☞ Year 9 HSIE (History & Geography) Excursions
Thursday 13 November ................................. (Day 9)
☞ Year 12 Graduation Formal
Friday 14 November ........................................ (Day 10)
☞ Year 11 Meals-on-Wheels (selected students)
☞ Year 11 ‘Step-Up’ Leadership Day (selected students)

Mr Peter Lyon
Deputy Principal

Diary: The student diary should be signed by parents/caregivers each week.
Any concerns? Contact the relevant Year Coordinator.
Extended Periods of Leave: If you are planning a holiday during the term dates, a letter requesting leave should be forwarded to the Principal in advance.

**CURRICULUM NEWS**

**PRACTICE FOR SCHOOL CERTIFICATE**
Year 10 students should go to [www.boardofstudies.nsw.edu.au](http://www.boardofstudies.nsw.edu.au) to find past School Certificate papers and multiple choice practice questions. For School Certificate and Higher School Certificate multiple choice practice, look in the centre column of the home page. To locate past papers, click on School Certificate on the left hand side of the home page.

**YEAR 10 SCHOOL CERTIFICATE TEST IN WEEK 5**
Students must bring all necessary equipment to these external exams – pens, pencils, eraser, ruler, calculator, geometrical instruments. Borrowing of equipment is not allowed during the exam. Please bring equipment in a clear plastic sleeve or clear pencil case.

**EXAM AND ASSESSMENT WEEK**
Yearly exams for Years 7-9 take place in Week 9 of this term (8-12 December). Year 11 have HSC assessments in this week. Please ensure student attendance in that week.

**CURRICULUM AWARDS ON ASSEMBLY**
At last week’s Assembly, the following students were presented with their Curriculum Award for excellence in formal assessments during October:

**Year 11**
- Rachael Amos: Drama, English-Advanced, Studies of Religion 1
- Jade Andrews: Senior Science, Drama, Community & Family Studies
- Lauwren Bell: Senior Science, Photography, Drama, Community & Family Studies
- Jacob Bush: Drama, English-Advanced, English Extension 1, Studies of Religion 1
- Madison Butler: English-Advanced, Community & Family Studies, Business Studies
- Patricia Edwick: Senior Science, Drama, Photography, Community & Family Studies
- Stephanie Mai: English-Advanced, English Extension 1, Studies of Religion II, Music

**Year 10**

Mrs Helen Borrowdale  
Curriculum Coordinator

**WEEKEND MASS TIMES**

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm(Kingscliff)</td>
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<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
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<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
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Fr Michael Brady  
Parish Priest

Fr Jim Griffin  
Parish Priest

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**November**

All Saints Day, 1 November & All Souls Day, 2 November

November begins with All Saints Day. The Feast of All Saints, 1 November, is a holy day of the Church honouring all saints, known and unknown. We celebrate these saints of the Lord, and ask for their prayers and intercessions.

Following All Saints Day is All Souls Day, 2 November. On this day and throughout the month we remember our departed friends, family and loved ones. As a sign of respect to the memory of a loved one, during the month of November take a moment to stop and say a prayer or offer Mass for them. The following prayer was given to St Gertrude the Great by Our Lord and He said that the each time the prayer was said, a thousand souls would be released from Purgatory.

**Prayer of Saint Gertrude the Great**

_Eternal Father, I offer Thee the most Precious Blood of Thy Divine Son, Jesus,_

_In union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, those in my own home and within my own family._

_Amen._

Ms Allira Eppich  
Mission and Values Facilitator

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**React: Lismore Diocese Youth Weekend**

_SATURDAY 29TH: 12 NOON TO SUNDAY 30TH: 12 NOON_  

**St John Paul College: Coffs Harbour**

At the end of November a Post World Youth Day event will be held at Coffs Harbour called REACT.

The _React_ gathering will be an opportunity to reconnect friendships and relive the experience of WYD08. For those who could not get to WYD08, this is your opportunity to join the journey, build new friendships and get a taste of the WYD spirit. While being an opportunity for social celebration, _React_ will also provide the chance to respond to the theme of WYD and encourage future direction within our Church.

If you attended WYD or not and want to be part of something special, register now. More information on this event can be found on the last page of this newsletter or alternatively contact Ms Allira Eppich at St Joseph’s College on Mondays and Tuesdays.
Year 12 2008
Graduation Formal
Thursday 13 November 2008
Twin Towns Services Club
7:00pm DST (6:00pm QLD time)
Tickets: Adults $50.00 / Students $40.00

Tickets are now available at the College Office.
No reservations without payment.
If group bookings are requested, payment for the full table is required.
Thank you.

ENGLISH NEWS
Towards the end of last term, our Year 8 debating team of Maccalla Fenn (8SS2), Morwenna Merley (8SS2), Louis Monaghan (8SS2) and James Swift (8SS2) were named joint winners of the Year 8 Regional Debating contest. Last Tuesday the team won in a play-off and will now travel to Sydney to contest the State finals. Congratulations on this wonderful achievement.

Year 9 debators travelled to Lismore last Thursday to contest their division of the Regional Competition. Caitlin McGibbon-Goode (9TN1), Ellouise Southon (9MW1) and Lauren Workman (9LJ1) won two of their three debates and should be very proud of their efforts and of the way they conducted themselves.

Best wishes to our Year 9 team as they prepare for the State Titles.

Mrs Janet Crouch
English Coordinator

Do you know the meaning of this word?
Commitment: (n.) the act of committing or pledging; the state of being committed or pledged; an obligation, promise etc. that restricts freedom of movement.

The following quotes relate to ‘commitment’:
You always have two choices: your commitment versus your fear. Sammy Davis, Jr.
Your life changes the moment you make a new, congruent, and committed decision. Anthony Robbins
Again and again, the impossible problem is solved when we see that the problem is only a tough decision waiting to be made. Robert Schuller
Once you decide what it is you want, set your sights and start taking action to achieve it. This “action” is the commitment on your part. And, once you are committed to a goal, really committed, problems are short term. Catherine Pulsifer
Once you make a decision, the universe conspires to make it happen. Ralph Waldo Emerson

HSIE NEWS

HELP

APPEAL FOR ASSISTANCE WITH YEAR 9 HSIE EXCURSIONS

Over 40 Year 9 students have not returned their permission notes or money by the deadline of Tuesday 28 October. It would be greatly appreciated if the note and money could be returned as soon as possible. Thank you in anticipation.

Miss Helen Gooley
Acting HSIE Coordinator

GIFTED AND TALENTED NEWS

AUSTRALIAN MATHEMATICS COMPETITION
The Australian Mathematics Competition is a competition which gives students external recognition for their achievements.

The competition is held in three divisions:
- Junior Division: Years 7 and 8
- Intermediate Division: Years 9 and 10
- Senior Division: Years 11 and 12

This year, St Joseph’s College had 73 students participate in this competition with the following results. Congratulations must also go to Thomas McGill (8SS2) who was awarded the Prudence Award for achieving the school’s highest number of consecutive correct answers.

Year 7
- Sienna van Rossum: Distinction
- Louis Oram: Credit
- Ryan Ambrose: Credit
- Holly O’Neill: Credit
- Daniel Lesslie: Credit
- James Yardley: Credit
- Tamika Edwards: Credit
- Martin Campbell: Credit
- Katie Paff: Credit
- Sabrina Breci: Credit

Year 8
- Thomas McGill: Distinction
- Louis Monaghan: Distinction
- Alexander Bygot: Credit
- Felix Langenbach: Credit
- Andrew Lynch: Credit
- Amanda Spinks: Credit
- Francis Filler: Credit
- Maccalla Fenn: Credit
- Sinead Scott: Credit
- Morwenna Merley: Credit
- Nathan Gregory: Credit

Year 9
- Rhia Rhee: Credit
- Jack Klein: Credit

Year 10
- Stephen Baker: Distinction
- Matthew Reading: Distinction
- Lachlan Raso: Credit
- Matthew Lesslie: Credit

Year 11
- Bernard Tsang: Credit

Mr Paul Bush
Competition Organiser

School Shoes: Parents are reminded that school shoes are to be of the traditional, hard leather lace-up style.
YEAR 10 REPORT

YEAR 10 FINISHING SCHOOL FOR 2008

Last week, parents and carers of Year 10 students were issued with a letter explaining the schedule of events for the end of the Year 10 College year.

For the benefit of all Year 10 families, the following is provided as a reminder of student requirements during this time. Please note that at all times students will need to ensure that they are prepared with appropriate materials. Full school uniform is to be worn unless otherwise specified.

**WEEK 4 (MONDAY 3 - FRIDAY 7 NOVEMBER):**
Normal classes. *Note: Beachathon on Friday 7 November.*

**WEEK 5 (MONDAY 10 - FRIDAY 14 NOVEMBER):**

- **The School Certificate** exams are supervised externally but the students sit for their exams at the College. Exams are as follows:
  - **Monday 10 November:** English (9:20am-11:30am) and Science (12:50pm-3:00pm)
  - **Tuesday 11 November:** Mathematics (9:25am-11:30am) and Australian History, Geography, Civics and Citizenship (12:50pm-3:00pm)
  - **Wednesday 12 to Friday 14 November:** Online Computing Skills test and normal classes

- **Students are to wear normal school uniform on these days.**
- **Year 10 will be supervised at the College between exams and until the end of the day at 3:20pm on the Monday and Tuesday.**

**WEEK 6 (MONDAY 17 - FRIDAY 21 NOVEMBER):**
At all times during this week students will need to ensure that they are prepared for normal lessons with appropriate materials. Full school uniform is to be worn unless otherwise specified.

Students will have the opportunity to elect to take part in a First Aid session to be conducted by school staff. It will involve both a theoretical and practical component covering EAR, CPR and Sports Injury. The cost will be $5.00 which will cover the awarding of a Certificate through RLSSA.

Note: Students will be issued with a Clearance Form which will need to be completed and returned to the College prior to Wednesday 19 November 2008.

**Monday 17 November:**
- **Periods 1-4:** Students will rotate between guest speakers from the Office of Fair Trading, WorkCover and Connect.
- **Periods 5 and 6:** Students to attend for a talk from a representative from Centrelink.

**Tuesday 18 November:**
- **Periods 1 and 2:**
  - **Group A – HSC group:** ‘All My Own Work’. Board of Studies requirement for all students attempting the HSC.
- **Group B – School leavers:** Job networking morning.
- **Periods 3-5:** First Aid/Resuscitation Course ($5.00) OR Youth health presentations on mental health, drugs and alcohol and sexual assault.

- **Period 6:** All books will be returned by students. It is an expectation of the College that all school fees are settled and text books returned prior to the end of the year. If text books are lost, misplaced or damaged, arrangements to cover this cost will need to be made with the College.

**Wednesday 19 November:**
- **Group A – HSC Group:**
  - **Periods 1-2:** Presentation by John Lee of Rosies and guest speakers on volunteering.
  - **Periods 3 and 4:** Federal and State Police presentations.
  - **Periods 5 and 6:** NSW Fire Brigade – rescue education programme.
- **Group B – School Leavers:**
  - Barista Course at Seagulls (all day) – school uniform.

**Thursday 20 November:**
A Year 10 Reflection Day will be held as part of the Religious Education Programme. This will be held at Kingscliff Beach (weather permitting). Appropriate beach attire (swimmers, hat, towel, sunscreen, shirt, shorts) must be worn. Students will leave after Homeroom rolls are taken, and will travel to Kingscliff via buses from the College, and returning by 3:20pm.

**Friday 21 November:**
Students have the option to attend Dreamworld and White Water World – this day is not compulsory. Should you NOT wish for your child to attend, no other school-based arrangements will be made. Cost for the Dreamworld excursion is $45.00. Students will leave at approximately 9:00am and all students will return to the College by 6:00pm. Again appropriate dress rules apply.

**WEEK 7 (MONDAY 24 NOVEMBER):**
The schedule for the final day is as follows:
- **8:40am-9:30am:** Final cleanup and other school-based matters.
- **Paraliturgy and Presentations in the Doyle Centre.**
- **Students will receive their School Reports during the presentations:** afterwards a small morning tea will occur. Parents/Guardians are invited to join us at 9:30am for this event.
- **Students are then welcome to leave.**

Finally, we take this opportunity to remind students that attendance at all times is compulsory (other than the excursion to Dreamworld and White Water World) and that they need to meet uniform requirements.

When leaving school, some students like to have their school shirt signed. This practice is fine as long as the shirt is not being worn at the time, ie. bring a shirt to be signed. I would suggest that leaving students make a donation of their junior uniform to the Uniform Shop, if they don’t wish to keep them.

Mr Chris Morrison
Year 10 Coordinator

**Beachathon 2008**
Look out in the next Newsletter for all the news about this year’s Beachathon

Sport: Sport is an important part of the school and students are expected to attend sport each week.
ATTENTION: YEAR 12 STUDENTS

Are you facing the prospect of financial stress next year with University costs? Many Commonwealth Scholarships and Institution Equity Scholarships are on offer – these are aimed at students who are ‘non-wealthy’.

What are Equity Scholarships
Equity Scholarships are comprised of the Commonwealth Scholarships Programme (CS), established and funded by the Australian Government, and Institution Equity Scholarships (IES) funded by individual institutions. Equity Scholarships are awarded to university students who are experiencing difficulty with the costs of living and studying. These financial difficulties arise from having limited income and having expenses such as accommodation costs.

To lodge your application for an equity scholarship, please see “How to Apply”

There are Commonwealth Scholarships of $2,200 to help with education costs and $4,400 to help with accommodation... plus $$$$ Institution Equity Scholarships and Bursaries available in 2009. Millions of dollars are on offer!!!!

QTAC is now processing Equity Scholarship applications for students on low incomes on behalf of tertiary institutions. To find out more about Commonwealth and Institution Equity Scholarships, or to lodge an application, go to the QTAC website www.qtac.edu.au.

Equity Scholarship applications closed at the end of October 2008, however, late applications will still be accepted as they are aware how hard it is to get to Year 12s in November! Students will need their QTAC Application number and PIN to log into the online application.

If you would like additional scholarship brochures or further information, please do not hesitate to contact QTAC Information Services on (07) 3858 1299.

The following School-Based Apprenticeships or Traineeships have been advertised by CONNECT. Please see Mr Hall in the Careers Room for information.
DO NOT contact the employer direct.

Employer: Reece Plumbing Store Tweed Heads South
Position: Storeman/Stores Assistant in the Building Supply Industry. This is a great opportunity for anyone thinking about entering building trades, particularly plumbing or for those who would like to get the skill and experience of working in a warehouse and storage facility.

Employer: Katmandu Kitchen Kingscliff
Position: 2 X Hospitality School Based Traineeship. Front of house, customer service, restaurant set up, table service.

Employer: Michel’s Patisserie Tweed City, Tweed Heads South
Position: Café Assistant/Barista. Duties – Customer Service, Food preparation, Barista, Cash Handling. This position would suit someone wanting to start a career in Hospitality and would like to get skilled as a Barista.

Employer: Outrigger Twin Towns Tweed Heads
Position: Two traineeship positions available: 1 X Hospitality Traineeship – Accommodation Services/Hotel Reception and 1 X Hospitality Traineeship – Accommodation Services/Porter. Front Desk Hotel Reception. You will be responsible for checking in and out of guests. Front desk reception and guest services. Hotel Porter. Guest services. Supporting front office staff.

Please see me about any of the above items, or any careers concerns you may have.

Mr Matthew Hall
Careers Advisor

Valuables: Students are asked not to bring large sums of cash or valuable items to school.
**RRISK NEWS**

**REDUCE RISK – INCREASE STUDENT KNOWLEDGE**

Today we have the seventh and eighth part of our series in RRISK strategies:

**DRUGS, DRIVING AND ROADSIDE DRUG TESTING**

Cannabis or marijuana and other drugs as well as alcohol can impair many of those skills that are needed to be a good driver such as alertness, the ability to concentrate and coordination. With cannabis, reaction time is slower so the ability to respond effectively when something unexpected happens is also affected. These effects can last up to 24 hours after smoking marijuana. If drug use is combined with inexperience on the road and risk-taking behaviour, it is a recipe for disaster.

Police now have powers to carry out roadside drug testing on any driver, rider or supervising licence holder in NSW. The drugs that will be tested include, THC the active component in Cannabis, Methylamphetamine known as ice, speed, crystal meth or base and MDMA also known as ecstasy.

Suggestions for parents include:

- When your young person has an assignment on alcohol, smoking, medicines or other drugs.
- Keep up to date with the latest information on cannabis and other drugs, so you can have a credible conversation with the young person in your care.
- Remind your young person to never get into a car with anyone (another young person or even a parent) who has been using drugs or drinking.
- Discuss the physical effects that using marijuana and other drugs can have, like making it difficult to judge distances and react to signals and sounds on the road.
- Don’t be afraid to ask where your young person is going, who they’ll be with and how they will get home.
- Use TV reports, anti-drug commercials, school discussions about drugs, or a website to help you introduce the subject in a natural, unforced way.
- Familiarise yourself with how drug education is being taught in your young person’s school.

The upcoming RRISK Seminars for Year 11 students will discuss this and other important issues to do with alcohol and drugs, driving and celebrating.

**TIPS FOR SUPERVISING A LEARNER DRIVER**

The amount of time a learner driver spends on the road is very important. Research indicates that learner drivers who increase their supervised on-road experience can reduce their crash risk by 40 per cent in the first two years of solo driving.

Many learner drivers get tuition from professional driving instructors, but most will also want additional driving practice and some tuition from a parent, carer, other relative or a friend. These twelve tips come from the RTA website:

1. **If either you or the learner driver is tired, upset or stressed, reschedule the practice session to another time.**
2. **Try frequent, short practice sessions in the beginning.**
3. **Read and refer to the log book and the task key points as a guide to practice sessions.**
4. **Begin with the easiest tasks then, once they have been mastered, move on to the more difficult tasks.**
5. **Discuss then demonstrate new tasks before getting the learner to attempt them.**
6. **Use ‘commentary driving’ – which involves the driver and passenger talking about what is happening inside and outside the vehicle.**
7. **Start the learner practising on quiet streets, preferably in daylight, before moving onto busier roads and more challenging conditions.**
8. **Allow the learner to proceed at his or her own pace.**
9. **Don’t criticise mistakes. Calmly discuss what happened and allow the learner to try again.**
10. **Be positive and offer praise when the learner successfully completes a task.**
11. **Impress upon the learner the importance of developing a sensitivity to speed. It is important that they realise that the faster a vehicle is travelling when involved in a crash, the more devastating the outcome.**
12. **Avoid using the radio, mobile phone or talking to other passengers while the learner is practising.**

Mr Peter Serone
PD/H/PE Coordinator

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**DEALING WITH DRUG MYTHS**

Paul Dillon from Drug and Alcohol Research and Training Australia, keynote speaker at the 2008 RRISK Seminar, will present:

1. **Latest information on current drug use trends in Australia, with an emphasis on alcohol, cannabis and ecstasy, and related drugs.**
2. **Web-based drug and alcohol resources recently developed for those working with young people.**

| DATE: | Thursday 20 November 2008 |
| TIME: | 4:30 to 6:30pm |
| WHERE: | Southern Cross University, Tweed Heads (next to Tweed Heads Civic Centre) |

Light refreshments will be served

*Bookings are essential*

*Please RSVP by Friday 14 November 2008 to Tweed Shire Council (Reception) Ph: (02) 6670.2501*

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**Diary Note**

Friday 21 November 2008
Year 11 students attending RRISK Seminar, Tweed Heads Civic Centre

College Procedures: Unsure of College Procedures or Policies? The student diary contains information.
If you don't find the answer, contact the relevant Year Coordinator.
STUDENT OF THE WEEK

Could this be a picture of you?

The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!

Student Council

UNIFORM SHOP NEWS

Uniform Helpers Needed Urgently

For the Collection of Uniforms at the Start of 2009

I am desperately seeking parents/students to help pack and/or sell uniforms before we commence the 2009 school year. The wonderful ladies who used to help me now work part-time or their children have left SJC, so I don’t have my regular helpers. I will contact the ladies who were so kind as to help me at the start of this year but now I need YOUR help!!

I am only asking for help with the College uniforms for four (4) days at the start of the 2009 year:

- Tuesday 20 & Wednesday 21 January (to pack)
- and Thursday 22 & Friday 23 January (to sell)

If anyone is able to help pack and/or sell uniforms on ANY OR ALL OF THESE DAYS, OR A PART OF A DAY, please contact me at the College. I will be contactable up until we close the office on 19 December 2008.

I can’t stress enough how important a helping hand will be at this time. So please if you could help me – and the school – out, please call me.

Please note that lunch and refreshments will be provided and we will be working in air-conditioned comfort which is a plus!

Ms Debra Dawson
Uniform Shop Manager

CANTEEN NEWS & ROSTER

CHRISTMAS PARTY

Everyone should have received their party invitations by now so please remember that it is this coming Thursday and I need to know who is attending. Please call me at the College ASAP!

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>WEEK 4</th>
<th>WEEK 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 3 November</td>
<td>Monday 10 November</td>
</tr>
<tr>
<td>Fran Smith &amp; H E L P</td>
<td>Michelle McLennan &amp; H E L P</td>
</tr>
<tr>
<td>Tuesday 4 November</td>
<td>Tuesday 11 November</td>
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<tr>
<td>Alison Hedge</td>
<td>A N Y B O D Y ??</td>
</tr>
<tr>
<td>Wednesday 5 November</td>
<td>Wednesday 12 November</td>
</tr>
<tr>
<td>Marina &amp; H E L P</td>
<td>Anne Dorrrough &amp; H E L P</td>
</tr>
<tr>
<td>Thursday 6 November</td>
<td>Thursday 13 November</td>
</tr>
<tr>
<td>Lauren Ahern &amp; Jean Colivas</td>
<td>Aleisha Spence &amp; Sandra O’Brien</td>
</tr>
<tr>
<td>Friday 7 November</td>
<td>Friday 14 November</td>
</tr>
<tr>
<td>Ashleigh Manning &amp; Trish Baldwin</td>
<td>Adrienne Wheatley</td>
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</tbody>
</table>

Mrs Dianne Pinkstone
Canteen Manager

BRING HOME A BROTHER OR A SISTER

In February 2009, students, aged 15-18 years, from over 15 countries will be arriving in Australia to study at local schools for 5 or 10 months. Opportunities exist to act as a host family in a volunteer/unpaid capacity. Hosting can be on a temporary, short or long term basis.

Host families help provide students with the chance to study and experience life in Australia. This is a great way to learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill. If your family can offer a friendly, supportive and caring home environment, contact us today.

To learn more about this opportunity, call Student Exchange Australia on 1300 135 331 or visit our website www.studentexchange.org.au.

SOUTHERN CROSS CULTURAL EXCHANGE

Southern Cross Cultural Exchange, an Australian not-for-profit organisation specialising in international student exchange programs, is seeking volunteer host families for high school students aged between 14 and 18 years old scheduled to arrive in Australia in early February 2009 from Austria, Germany, Italy, Finland, Brazil, Colombia, Japan Canada, and the USA.

All students are required to go through a stringent selection process. Host families can choose from students staying for a range of either 3, 5 or 10 months and they all attend local high schools whilst they are in Australia. The main purpose of cultural exchange is to challenge youth towards international understanding and tolerance. However hosting can benefit you by helping to make your family aware of different cultures, values, study habits, languages, sports and food. Have fun showing off Australian differences to international youth, make new overseas friends, and take a look at Australia through the eyes of another culture. There are no costs for the host family, as we organise all the flights, school enrolment, transportation, medical and insurance cover and local support systems.

Call Southern Cross Cultural Exchange now toll free on 1800 500 501, visit www.scce.com.au or email scceaustralia@scce.com.au.
Teaching young people to drink safely

Adolescence is typically a time of experimentation, where young people turn their attention to many aspects of the adult world formerly out of their reach. Alcohol is high on young people's hit lists of required experiences, with approximately 80 per cent of teenagers trying alcohol at least once. Estimates suggest that half the population over the age of 14 drink alcohol at least weekly.

Alcohol is a significant risk factor for teenagers. It is linked to fighting, drowning and car accidents involving teenagers. Young people are also more likely to engage in unsafe sexual activity when they are drinking.

Underage drinking is a thorny issue for adults. Forbid a youngster from letting a drop of alcohol pass their lips and you may be inviting him or her to disobey. Yet granting them permission to drink alcohol under age can be a little like giving a thief the keys to your car: "Here take my car but don't steal it for too long." It can make you decidedly uneasy.

Parents of teenagers can do a great deal to educate their young people about safe drinking and help them to develop responsible drinking habits. Young people need information about safe drinking, including: how to reduce the likelihood of inebriation, how to refuse to drink and how to be accepted by their peers if they refuse to drink. Allowing young people to drink at home in social situations is part of this educative approach for many parents.

The notion of permitting underage teens to drink limited amounts of light alcohol at parties is also catching on amongst many parents. In many ways the type of party that underage kids attend sets the scene. Adult supervision is one way to minimize the likelihood of excessive drinking at parties.

A mixture of supervised drinking experience, provision of information about alcohol and drinking, and placing reasonable limits on drinking habits are part of an educative approach to adolescent drinking. Parents may not be able to prevent an adolescent from experimenting but they can give them information to help them make smart decisions and provide social environments that reduce risks and limit opportunities for unsafe or excessive drinking.

Talking Point
A question to ponder and discuss:

What would you do if you found a party invitation in your sixteen year old's washing that claims Bring Your Own Alcohol and Sleeping bag?

Bright idea

Model safe drinking habits
Tell young people about your own responsible alcohol practices as they happen. For instance, let them know that you are drinking light beer or soft drink instead of alcohol before you drive. Make sure you drink alcohol in moderation and have some alcohol-free socialising yourself.

Did You Know?

Nothing but time reduces blood alcohol content.

It takes an hour for a standard alcoholic drink to pass through a person's system.

Alcohol increases the risk-taking behaviour of young people.

What percentage of parents allow under age drinking at home?

a) 20 - 40 per cent
b) 40 - 60 per cent
c) 60 - 80 per cent
d) 80 + per cent.

Solution: c) Recent surveys indicate that over 60 per cent of parents allow young people to drink at home in some form. This increases with the age of young people and most likely occurs in social situations - eg during mealtime.

"Young people are 18 per cent of the population, but 100 per cent of our future."

Unknown
What will be happening?

- Live Music and Dance
- Social Games & Sports
- Eucharistic Celebration
- Group Workshops
- BBQ Dinner & Breakfast
- Presentations by Fr Chris Ryan, the NET and Emmanuel Community
- Practical Group Workshops
- Diocesan WYD DVD Presentations
- Be Inspired & Celebrate Faith in Action
- Be Challenged to Respond to the Call of WYD

Our React Gathering will be an opportunity to reconnect friendships and relive the experience of WYD. For those who didn't get to WYD08, this is your opportunity to join the journey and get a taste of the WYD spirit.

Contact your parish or school office for more information.
### Time Table of Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday</strong></td>
<td></td>
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<tr>
<td>12:00 - 12:30pm</td>
<td>Check-in</td>
<td>John Paul College, Coffs Harbour</td>
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<tr>
<td>12:30 - 1:00pm</td>
<td>Gathering Prayer &amp; Welcome</td>
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<tr>
<td>1:00 - 2:00pm</td>
<td>Action Session 1</td>
<td>Presentation by Luke Plant: Youth Ministry Coordinator</td>
</tr>
<tr>
<td>2:00 - 4:00pm</td>
<td>Games and Group Activities</td>
<td>Emmanuel Community: WYD: ‘Continuing the Journey’</td>
</tr>
<tr>
<td>4:00 - 4:30pm</td>
<td>Afternoon Tea</td>
<td></td>
</tr>
<tr>
<td>4:30 - 5:30pm</td>
<td>Action Session 2</td>
<td>Presented by Fr. Chris Ryan: Reflecting on the Journey of the WYD Cross and Icon</td>
</tr>
<tr>
<td>6:00 - 7:00pm</td>
<td>Youth Mass</td>
<td></td>
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<tr>
<td>7:00 - 8:00pm</td>
<td>BBQ Dinner</td>
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<tr>
<td>8:00 - 11:00pm</td>
<td>Festival of Faith</td>
<td>Live Music and Dance (Emmanuel Worship) Diocesan WYD DVD Presentations</td>
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<tr>
<td><strong>Sunday</strong></td>
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<tr>
<td>8:00 - 9:00am</td>
<td>BBQ Breakfast</td>
<td>Optional beach walk or swim before breakfast</td>
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<tr>
<td>9:00 - 10:00am</td>
<td>Action Session 3</td>
<td>Option 1: Introduction to Youth Evangelisation (NET)</td>
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<tr>
<td></td>
<td></td>
<td>Option 2: ‘BEAT’ Youth Music Ministry Training (Emmanuel Worship)</td>
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<tr>
<td>10:00 - 10:30am</td>
<td>Morning Tea</td>
<td></td>
</tr>
<tr>
<td>10:30 - 11:30am</td>
<td>Action Session 4</td>
<td>Option 1: Introduction to Y2Y (NET) continued</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Option 2: ‘BEAT’ Youth Music Ministry Training continued.</td>
</tr>
<tr>
<td>11:30 - 12noon</td>
<td>Prayer/Thanks/Finish</td>
<td></td>
</tr>
</tbody>
</table>

### What to Bring?
- WYD memorabilia, e.g. photos, beanie...
- Sleeping Bag, Pillow and mat
- Casual clothes for 2 days.
- Warm clothes for night time.
- Towel
- Swimmers (optional)
- Toiletries
- Camera (optional)
- Torch
- Snacks

### Transport?
For just $10 take advantage of our diocesan buses to get to & from React. Contact your parish for details.

### Cost?
- only $20
- or $30 including bus transport.

### How to Register?
Fill in the below registration slip and return it to your WYD Group Leader, Parish Support Contact or your Parish or School Office with your $20 registration payment by **Friday the 14th of November**.

### REACT YOUTH WEEKEND SATURDAY 29TH TO SUNDAY 30TH NOVEMBER “FAITH IN ACTION”

**Name:** ____________________________  **Phone:** ____________________________

**Community:** ____________________________  **Mobile:** ____________________________

**Email:** ____________________________

**Dietary Requirements, or Special Needs:** ____________________________

**Emergency Contact and Name:** ____________________________

**Optional Music Ministry Workshop:** Yes I’d like to attend ☐

**Optional Bus Transport to and from React:** Yes I’d like to catch the bus ☐