Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

As you read this newsletter, the XXIXth Olympic Games of the modern era have closed in Beijing. There have been many successes and tragedies of the sporting kind. My most memorable moment from the Beijing Olympics involved the Australian swimming captain, Grant Hackett.

On Sunday 17 August, he attempted to win his third successive 1500m freestyle gold medal and came within one agonising second of achieving his dream. I watched the race in the electrical section at Myer Pacific Fair – along with about one hundred and fifty other shoppers – and quite a few Myer employees! People in the store cheered for Hackett and were genuinely disappointed when he was beaten by the Tunisian.

I chose this moment because of the way Grant Hackett spoke to the poolside interviewer after the race. He had obviously given his all but had no regrets and was not looking for excuses. He was very humble.

In his book, ‘How to Change Anybody,’ David Lieberman writes about six ways we can look at humility. They are:

1. Working with people where they are at and not assuming a superior position in a relationship. In that sense we are willing to sacrifice position for a greater cause.

2. Being honest and truthful – one must be trustworthy no matter the circumstances. We communicate what is true in a kind and respectful way not simply what others want to hear.

3. Being ready to admit mistakes. Don’t be a ‘know all’.

4. Acknowledging you don’t know when you really do not know the answer.

5. Treating people with respect even if you will not in any way gain from them. When you respect someone because you have to, you reveal that person's greatness. On the other hand, doing the same thing for someone, even if you do not have to, manifests your greatness.

6. When acknowledged for achievements, giving credit to those who contributed.

I saw many of the above in Grant Hackett’s actions on that Sunday. He certainly was a “winner” in my eyes.

The prophet Micah summed it up neatly,

“Live justly, love tenderly and walk humbly with God.” (Micah 6: 8)

Let’s all practice humility in the coming weeks.

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
Here we are, halfway through the term already! Today we have lots of things to report . . . but wait there is still more to come!

Our Year 12s have returned from their Trial exams. This term, and in the holiday break, they will be focusing on their preparation for the upcoming HSC, their most important exams. Our Year 11s have returned from their Leadership Camp and will be focusing on the new SRC, with the elections to be held this Thursday.

Preparations are also well underway for the annual College EXPO being held next Wednesday, as advertised on the back page of today’s Newsletter.

Please take the time to read this Newsletter together as a family. Don’t forget to visit us online at www.bps.lism.catholic.edu.au, to see the full-colour weekly publications or to visit and or revisit previous Newsletters and News Sheets.

We hope you enjoy today’s issue.

**IN THIS ISSUE:**
- Parish Youth Mass
- Principal’s Notes
- Leadership Mass
- Weekend Mass Times
- Deputy’s Notices
- Term 3 concludes on Thursday 25 September
- Curriculum News
- RE News
- “Relay for Life”
- Literacy and Numeracy Week next week
- Year 10 HSIE Excursion payments past due
- English News
- Father’s Day approaches
- Mathematics News
- Legacy Badge Week
- The WORD this week is . . .
- Careers News
- Sports News
- Year 11 News
- Legacy Memorial Service
- Parenting Ideas No. 3 - Optimistic kids
- “Student of the Week”
- Canteen News & Roster
- Coolangatta SLSC Nippers Sign-On
- Uniform Shop News
- St James Netball Meeting
- St James Golf Day

**PARISH YOUTH MASS**

Our Next Youth Mass will be held
This Sunday, 31 August 2008
in the Holy Family Chapel, St Joseph’s College,
Doyle Drive, Banora Point
commencing at 5.30pm
All are welcome to attend!

**PRINCIPAL’S NOTES**

**PRAYERS**

Your prayers are asked for the following staff:
- Ms Anna Borgia whose aunt passed away in Victoria in Week 4.
- Mr Cree whose mother is unwell.
- Mr Joseph whose mother is unwell.
- Mrs Singleton as she continues chemotherapy.

**COMMUNITY ASSOCIATION/PARENT EVENING**

The Term 3 meeting for interested parents will be held on Tuesday 9 September at 7:00pm in the Drama Space (Doyle Centre). I will speak about the Learning Curve Diary and Active Thinking. All parents are invited.

**STAFFING**

Last Monday we welcomed Mrs Evans back to the College after eight months of study at Bond University. Mrs Evans has completed the fourth year psychology programme. Well done!

Today we welcome Mr Luke Thomson who will be teaching Mr Cox’s science classes, as well as Mr Hall’s Year 8 science classes and Ms Berry’s Year 7 science classes, during Mr Cox’s long service leave.

Mr Peter McLoughlin
Principal

**LEADERSHIP MASS**

Wednesday 10 September 2008
celebrated in the Holy Family Chapel
commencing at 10:00am

**WEEKEND MASS TIMES**

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm (Kingscliff)</td>
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<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
</tr>
<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
</tr>
</tbody>
</table>

Fr Michael Brady
Parish Priest

Fr Jim Griffin
Parish Priest

The School Newsletter and School Calendar are both available online at www.bps.lism.catholic.edu.au. The School Calendar contains year group events, assessment schedules and term dates.
ATTENDANCE: IT’S NOT OK TO BE AWAY!

How long would a person last in the workforce if he or she were to take 18 days a year off in “sickies”? Not long, that’s for sure.

Well, 18 days per year is precisely the average number of days absent that our students have each year; a totally unacceptable preparation for life in the workforce besides severely impacting on a student’s educational progress.

There is no doubt that the majority of parents do not role model these absence rates. Then why do your children do so? Is it because you allow them to miss school for shopping trips, looking after younger brothers/sisters etc?

The way to develop in our children a positive and appropriate work ethic is not only to role model it but also say NO absolutely to any absence other than genuine illness.

Should you require assistance in saying no to your son/daughter with regard to any absences other than genuine illness, please contact his/her Year Coordinator.

Let’s all work together to make a difference to your child’s future. Say NO to absence.

Be on time, Be at school, That’s the rule!

STUDENT ILLNESSES

With so many contagious viruses and the flu being especially prevalent this year, over the past few weeks student absences have been at twice the average rate.

While we encourage good attendance at school, should your child be sick with an infectious or contagious illness, please do not send your child in to school.

COMING EVENTS

**WEEK 6**

- Monday 25 August ...........................(Day 1)
  - Year 12 IT HSC Practical Marking
- Wednesday 26 August ......................(Day 3)
  - Year 12 Physics Excursion Tweed Medical
- Thursday 28 August ..........................(Day 4)
  - SRC Elections
  - Diocesan Athletics Carnival

**WEEK 7**

- Monday 1 September ..........................(Day 6)
  - Year 11 Precise Driver Education
- Tuesday 2 September ...........................(Day 7)
  - Year 10 History & Geography Excursions
  - ‘Working with Animals Careers Day’ CWS
- Wednesday 3 September .....................(Day 8)
  - EXPO 2008 (6:00-8:00pm)
- Thursday 4 September ..........................(Day 9)
  - Year 11 Reflection Day ‘Wired’
  - Year 12 Studies of Religion II Incursion

Friday 5 September .............................(Day 10)

- Year 12 Semester 2 Reports handed out

**WEEK 8**

- Monday 8 September ...........................(Day 1)
  - Year 11 Senior Science Field Trip
- Tuesday 9 September ...........................(Day 2)
  - Combined Schools Music (selected students)
- Wednesday 10 September .....................(Day 3)
  - Community Association Meeting (7:00pm Drama Space)
- Thursday 11 September ..........................(Day 4)
  - Leadership Mass
- Friday 12 September .............................(Day 5)
  - NSWCCC Athletics Carnival
  - Year 11 Meals on Wheels (selected students)

**WEEK 9**

- Monday 15 September ..........................(Day 6)
  - Year 12 SCU Information
- Wednesday 17 September ..........................(Day 8)
  - Year 11 End of Course Examinations (17-25 Sept)
- Friday 19 September .............................(Day 10)
  - Regional Debating

**WEEK 10**

- Monday 22 September ...........................(Day 3)
  - Graduation Mass
- Thursday 25 September .............................(Day 4)
  - Year 12 Farewell Assembly
  - Term 3 Ends – This is a normal school day
  - Term 3 School Reports posted
- Friday 26 September .............................(Day 5)
  - Staff Spirituality Day

Mr Peter Lyon
Deputy Principal

Parents/Caregivers please note that
Term 3 concludes on Thursday 25 September 2008

ALL YEAR GROUPS CONCLUDE SCHOOL
TERM 3 ON THAT DAY

CURRICULUM NEWS

YEAR 11 END OF PRELIMINARY COURSE EXAMINATIONS

These examinations are held at St Joseph’s College during Weeks 9 and 10 of this term. Year 11 students should have now commenced a programme of intensive home revision. Throughout the term I will be interviewing Year 11 students to determine patterns of study for the HSC Course.

YEAR 12 PREPARATION FOR THE FOR THE HSC EXAMINATION

The remainder of this term and the following holiday period will be invaluable time for Year 12 to maximise their knowledge and skills before sitting HSC Examinations. Strong efforts in these examinations will greatly lift overall results.

YEAR 10 INFORMATION

Year 10 students are reminded to follow the procedures associated with an absence from an assessment task. Zero marks will be allocated if procedures are not followed during Semester 2 – please re-read the front pages of the Assessment Handbook.

THANK YOU TO VOLUNTEERS

Many thanks to Deb Pearce and Di Hillery who volunteered their time to assist teachers supervise the Year 12 Trials at the Salvation Army Centre.

Mrs Helen Borrowdale
Curriculum Coordinator

Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence.
A note is also required on the first day of the student’s return.
Extended Periods of Leave: If you are planning a holiday during the term dates, a letter requesting leave should be forwarded to the Principal in advance.

**National Literacy and Numeracy Week 2008**

During **National Literacy and Numeracy Week 2008** there will numerous activities conducted here at St Joseph’s College. The main event will be on Wednesday 3 September where we will celebrate the College EXPO and **National Learning Day** activities (an idea derived from the official National Reading Day).

**National Learning Day** activities will involve students participating in classroom activities that focus on raising literacy and numeracy levels. The activities will be based on the topics that students are currently studying in class. Students will be invited to share information on what they are learning through mediums such as creating websites, publishing web search links, creating tourist maps, designing posters, creating advertisements, photo stories, creating a wiki, classroom displays, online discussion, group discussion, and many more activities.

If you want more information on **National Literacy and Numeracy Week 2008** log onto:


Mr Carlo Trimboi

**Literacy and Numeracy Coordinator**

**Relay For Life / The Bella Girls**

St Joseph’s College staff have entered a team, ‘The Bella Girls’, in the Relay for Life Cancer Fundraiser which will be held on the weekend of Saturday 8 and Sunday 9 November 2008.

The team, captained by Sharon Urquhart, consists of 12 members from both the office and teaching staff who will participate by walking in relays starting at about 3:00pm on Saturday afternoon and walking continuously through the night until breakfast on Sunday.

The aim of this exercise is to raise money for all types of cancer research. The ladies have been working hard and have already raised some funds but if you or your business would like to sponsor the team it would be most appreciated and perhaps your business logo could be displayed on the team shirts or the tent at the event. Please contact Colleen Waide at the College if you can offer sponsorship.

If you would simply like to make a donation you can do so by going directly to the web site: [http://www.relay.cancercouncil.com.au/?2008/tweed_region/the_bella_girls/](http://www.relay.cancercouncil.com.au/?2008/tweed_region/the_bella_girls/)

Mrs Colleen Waide, on behalf of ‘The Bella Girls’

**YEAR 10 HSIE EXCURSIONS – TUESDAY 2 SEPTEMBER 2008**

Parents are reminded that payment and permission notes for the HSIE excursions on Tuesday 2 September are now overdue. A number of students have not returned money or notes – these were due last Monday, 18 August.

Payment and permission slips must be finalised immediately. Thank you all those who have attended to this matter.

As both the History and Geography excursions are linked to School Certificate assessment tasks, assessment task variation forms will need to be completed and submitted by any student unable to be present.

Mr Tony Channell

HSIE Coordinator

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**Religious Education News**

**Reading of the Week**

Today’s Reading comes the God’s Word written in the Gospel of Matthew:

In the scripture Jesus Christ teaches us to trust in God because worry does us no good and He will always look after us. Trusting in Jesus Christ is like experiencing Spring internally because we feel like we are always coming alive.

Jesus was standing one day by the Lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats - it was Simon’s - and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, ‘Put out into deep water and pay out your nets for a catch.’ ‘Master,’ Simon replied ‘we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.’ And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of Jesus saying, ‘Leave me Lord; I am a sinful man.’ For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon’s partners. But Jesus said to Simon, ‘Do not be afraid; from now on it is men you will catch.’ Then, bringing their boats back to land, they left everything and followed him.

Mr Scott McDermott, RE Coordinator - Ministry
Diary: The student diary should be signed by parents/caregivers each week. Any concerns? Contact the relevant Year Coordinator.

St Joseph’s College
Writing Competition 2008

COMING SOON…
Cash prizes and perpetual trophy.
We’ll have details on this year’s Writing Competition in a future publication.

BORDER SCHOOLS DEBATING
Border Schools Debating is underway but this year it is being hosted by Mt St Patrick College, Murwillumbah.

St Joseph’s College has entered teams in the Years 7, 8, 9 and 10 Competitions. Our teams performed well this week but did not record any wins. We are certain they will improve with practice.

ENGLISH TRIAL HSC PAPERS
Year 12 students are receiving results and feedback following their Trial HSC Examinations.

Many students need to make a much greater commitment to their course. Studying for one three-hour period immediately prior to an examination is not sufficient.

Effective study involves revision and doing practice questions over a long period of time. All English teachers are happy to mark and review any work done by students.

Mrs Janet Crouch
English Coordinator

Wednesday 29 October 2008
(Term 4, Week 3)

The Doyle Centre, SJC
Year 9 will be presenting their “Night of Notables”
from 6:00pm culminating with a Parade of Students at 7:30pm
Parents and carers of Year 9 students are invited to attend the Doyle Centre and see their child take part in the 2008 Programme

ENGLISH NEWS
St Joseph's College
COMING SOON . . .
Cash prizes and perpetual trophy.
We'll have details on this year's Writing Competition in a future publication.

PUBLIC SPEAKING COMPETITION

to be held at EXPO 2008
(next Wednesday, 3 September)

CASH PRIZES IN EVERY DIVISION

Junior Competition ~ Years 7 & 8
(2-3 mins)
Junior Competition Topic:
“Teenagers are our Future.”

Intermediate Competition ~ Years 9 & 10
(3-4 mins)
Intermediate Competition Topic:
“Teenage years are the best years of our lives.”

Senior Competition ~ Years 11 & 12
(4-5 mins)
Senior Competition Topic:
“Teenagers – Adult or Adolescent?”

The most outstanding speaker of the night will also be awarded the perpetual St Joseph’s College Public Speaking Trophy

Trials will take place at the College, in the weeks leading up to the EXPO

NOMINATE WITH MISS CORNALE ASAP
Messages to Students: Office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature. Year Coordinators will endeavour to deliver non-urgent messages at lunchtime, or prior to the end of the school day.
CAREERS NEWS

A few matters for the information of interested students:

**ATTENTION: YEAR 12 STUDENTS**

☐ Are you eligible to apply for Educational Access Schemes?

Most of the universities in Australia have Educational Access Schemes (EAS) which are designed to help provide access to university for students who have experienced long-term educational disadvantage such as:

- disrupted schooling
- financial hardship
- home environment and responsibilities
- personal illness/disability

If you think you are eligible, start organising your EAS application as early as possible - you may need to supply supporting documents and statements.

The on-time closing date for EAS applications is Tuesday 30 September 2008.

☐ Do you know about Equity Scholarships?

Equity scholarships assist students who experience financial hardship with higher education costs.

Many university students experience difficulty with the costs of living and studying. These financial difficulties arise from having limited income (eg. Centrelink benefits) and having lots of expenses (eg. accommodation costs). Equity Scholarships are awarded to help disadvantaged students with costs associated with higher education.

Equity Scholarships include the Commonwealth Scholarships Programme (CS) established by the Australian Government, and Institution Equity Scholarships (IES) established by individual institutions.

For 2009 admissions UAC provides a central processing point for most CS and IES administered by NSW and ACT Institutions participating through UAC.

The on-time closing date for Equity Scholarships applications is Tuesday 30 September 2008. The late closing date for Equity Scholarships applications is Friday 30 November 2008.

Please see me about any of these matters, or any other careers concerns you may have.

Mr Matt Hall
Careers Advisor

**SPORTS NEWS**

Well done and good luck to Jordan Short (7MB1) who placed 6th in the NSW State Championships for Table Tennis in the U/13 age group.

Jordan has won selection in the NSW State team to compete in the Australian Championships which are to be held in Adelaide in the next school holidays.

Mr Peter McLaughlin
Sports Coordinator

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**YOUNG ENDEAVOUR YOUTH SCHEME**

The scheme offers young Australians aged 16 - 23 an extended voyage in the coastal waters of Australia / NZ.

On board you are part of a crew of 24 people your own age, under the expert guidance of a professional Navy crew, sailing a 44 metre tall ship on the open sea. You are involved in all aspects of sailing a square rigger from climbing the mast, setting the sails, navigating, keeping watch, taking the helm and helping in the galley. Voyages are challenging and exciting and most of all you learn more about yourself and working with others as a team. These are real world skills for life!

Applications are now being accepted for the ballot for voyages in January-June 2009. Limited financial assistance is available to eligible applicants.

Applications Close 31 August 2008.

More Info: Phone: 1800 020 444
Email: yeys@ozemail.com.au

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One remaining Open Day for interested students:

**UNE Open Day**
Friday, 5 September 2008
(visit the relevant website for more information)

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<table>
<thead>
<tr>
<th>Year 12 or 10 of 11 students</th>
<th>• TAFE NSW Course Applications for Semester 1, 2008 are now open. TAFE NSW Course Guides are available from the Careers Room.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attention Year 12 students:</td>
<td>• UAC and QTAC University Applications for Semester 1, 2009 are now open for Year 12. On-time applications close on Tuesday 30 September 2008. Applications are completed on-line and payment is made with a credit card. I am happy to help students apply from the Careers Room. UAC and QTAC guides are available from the Careers Room.</td>
</tr>
<tr>
<td>Attention Year 10 or 11 students</td>
<td>• Southern Cross University 2009 Star Entry Scheme applications are now available. A successful applicant through this scheme enables early entrance to courses at SCU. These applications must be completed and returned to the Careers Room by Thursday 4 September.</td>
</tr>
<tr>
<td>Attention Year 10 or 11 students</td>
<td>• TAFE-delivered Vocational Education and Training (VET) applications are now available for 2009 HSC and Preliminary studies. Applications must be completed and returned by Friday 19 September.</td>
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College Procedures: Unsure of College Procedures or Policies? The student diary contains information. If you don't find the answer, contact the relevant Year Coordinator.
From Monday 6 to Friday 8 August, the Year 11 group participated in the Year 11 Leadership Camp run by ‘Interaction’ at Mebbin, south of Uki.

The students had the opportunity to interact with each other in an unfamiliar environment and were involved in activities designed to recognise leadership qualities in themselves as well as each other. The camp is an integral step in students selecting leaders for 2008-09 as well as giving individuals a deeper understanding of how to recognise their own personal leadership skills. As students moving from Year 11 into Year 12, each student is at a stage where they need to be very clear on how they can be a strong and positive member of the senior student body.

‘Interaction’ group leaders challenged student is many ways from hiking, climbing, meal preparation, relying on each other student body.

Selecting leaders for 2008-09 as well as giving individuals a deeper understanding of how to recognise their own personal leadership skills. As students moving from Year 11 into Year 12, each student is at a stage where they need to be very clear on how they can be a strong and positive member of the senior student body.

‘Interaction’ group leaders challenged student is many ways from hiking, climbing, meal preparation, relying on each other in confronting situations, as well as giving students the responsibility of working in teams and finding solutions to difficult situations as a group rather than as individuals. It was great to see all students pushing themselves to the limit and supporting and encouraging each other.

Thank you to the dedicated staff who accompanied the Year 11 students on the camp: Mr McDermott, Mrs Peterson, Ms Mepstead, Mr Thorsby, Mr Trimboli, Mr Heufel and Mr Keating. Your time away from your families as well as other commitments to encourage students is very much appreciated.

I would also like to thank the entire group of students who entered the camp with great enthusiasm and energy. Their good manners, happy participation and friendliness made the camp very enjoyable. ‘Interaction’ staff members were very impressed by the students’ behaviour and determination to succeed.

Photos of the camp can be found on the College intranet site which can be accessed by all students. The following page contains a small selection of photos taken by both staff and students. Please read the accompanying student report about the camp from Jacob Bush.

YEARS 11 PRELIMINARY EXAMS

During weeks 9 and 10 of this term Year 11 students will be sitting their end of Preliminary Course examinations. Students need to ensure that they are well and truly committing themselves to a programme of study to achieve their own personal best in these examinations.

AUSTRALIAN RED CROSS BLOOD SERVICE

Last week, students in Year 11 attended a talk by a representative from the Australia Red Cross Blood Service, Ms Leigh Harley.

Ms Harley spoke to the group about the need for Australians to be helping save lives by donating blood. Her talk was very informative and many students asked very relevant question. Information can be found by asking for information from Mr Rowland or Ms Gallagher or by phoning the blood service on 13 14 95 or visiting www.donateblood.com.au.

Mr Shane Rowland
Year 11 Coordinator

LEGACY MEMORIAL SERVICE

On Wednesday, 13 August, five Year 11 SRC students represented the College extremely well at the Legacy Memorial Service.

A ceremony was held at the Cenotaph in Chris Cunningham Park and students then attended a Vietnam memorabilia display in the Anzac Room of Twin Towns Services Club. A number of veterans were there to answer questions as well as groups responsible for the clearing of land mines and for the training of tracker dogs. Artist Dave Sturmer spoke to students of his experiences.

Daniella de Azevedo (11HG1), Ashleigh Dunemann (NT1), Bernard Tsang (11AC1), Jacob Bush (11MJ1) and Stephanie Mai (11GT1) attended and behaved in a very respectful manner. Many thanks to the students involved.

Jacob Bush (11MJ1)

Mr Shane Rowland
Year 11 Coordinator

Mobile Phone Policy: Mobile phones are not to be brought to school.

If there are exceptional circumstances, the phone is to be left at Student Reception upon arrival and collected on departure.
Optimistic kids

An optimistic or pessimistic view of life will help determine a child's level of success. Recent American research indicates that children learn optimism or pessimism from their experiences of success and through their interactions with parents, teachers and other significant adults. In particular they learn their explanatory style, which sets the tone for optimism or pessimism, from those significant adults—especially mothers. Parents model an optimistic or pessimistic attitude by the way they react to both adverse and positive events in their lives.

Bright ideas (for helping a child learn to be optimistic)

- Help your child to repeatedly experience success no matter how small.

- Model an optimistic explanatory style when things go wrong in your own life. Optimists explain adverse events in the following ways:
  - Adverse events are temporary
    - "It takes time to find a friend" rather than "No one likes me"
  - Situations or causes are specific not global
    - "I am not so good at soccer" rather than "I am hopeless at sport"
  - Blame is rationalised rather than personalised
    - "I was grounded because I hit my sister" rather than "I was grounded because I am a bad kid"

- Avoid excessive negative exaggeration when things go wrong
  - "I am dumb at maths just like I am dumb at everything else"

- Encourage children to use positive self-talk. An "I can do it" attitude begins with the messages that they repeat to themselves. If children think that they cannot do something then they probably won't be disappointed.

- Teach your child to dispute pessimistic views. Help them to see the irrational nature of statements such as "I am hopeless". Challenge such negative statements and encourage children to do the same.
The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

**KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!**

Student Council

### CANTEEN NEWS & ROSTER

**MEAL OF THE WEEK**
Check out the whiteboard for the ‘Special of the Day’.

**HELPERS NEEDED URGENTLY ~ CANTEEN ROSTER**

<table>
<thead>
<tr>
<th>WEEK 6</th>
<th>WEEK 7</th>
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<tbody>
<tr>
<td>Monday 25 August</td>
<td>Monday 1 September</td>
</tr>
<tr>
<td>Michelle Clarke &amp; Jan O’Donohue</td>
<td>Hayley Mandall &amp; Susan Klein</td>
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<tr>
<td>Tuesday 26 August</td>
<td>Tuesday 2 September</td>
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<tr>
<td>HELP &amp; HELP</td>
<td>Cathy Jamieson</td>
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<tr>
<td>Wednesday 27 August</td>
<td>Wednesday 3 September</td>
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<tr>
<td>Mary-Anne Perlenfein &amp; Fran Hardy</td>
<td>Annie McGuinness</td>
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<tr>
<td>Thursday 28 August</td>
<td>Thursday 4 September</td>
</tr>
<tr>
<td>Donna Fien &amp; Margaret Pulland</td>
<td>Lauren Ahern &amp; Janene Neal</td>
</tr>
<tr>
<td>Friday 29 August</td>
<td>Friday 5 September</td>
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<tr>
<td>HELP &amp; HELP</td>
<td>HELP &amp; HELP</td>
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</tbody>
</table>

Ms Debra Dawson
Uniform Shop Manager

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**COOLANGATTA SLSC**

**NIPPERS SIGN-ON**

- **Dates:** Sundays 14 September and 21 September
- **Time:** 9:00am to 11:00am
- **Where:** Coolangatta Club House
- **Open for:** 5-14 years old

Starting 12 October 2008

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**UNIFORM SHOP NEWS**

**Uniforms for 2009**

**CURRENT COLLEGE STUDENT UNIFORMS**
A reminder about the uniform order forms which were distributed two weeks ago. **Please remember to return your form before 5 September if you wish to receive uniforms for the start of the 2009 school year.**

As previously stated, our manufacturer advises that orders received after that date cannot be guaranteed for uniform pick-up in January next year.

**CURRENT PRIMARY SCHOOL STUDENTS**
**(COMING TO SJC FOR YEAR 7 2009)**
Fittings for Year 7 2009 students continue this week from today, **Monday 25 to Wednesday 27 August.** Fittings will take place from 3:00pm to 6:00pm for these final three days.

**Please note that these Primary School Fitting Dates are STRICTLY FOR STUDENTS ENROLLED TO ATTEND YEAR 7 NEXT YEAR. Please no other students to attend.**

I would like to thank Lea Kirkham, Sonia Haaijer and Tara Dawson for their help with the uniform fittings. Your help, as always, is appreciated.

Ms Debra Dawson
Uniform Shop Manager

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**St James Netball Club Meeting**
**Thursday 28 August, 7:30pm**
**St James MPC**
**All Welcome!!**

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**2008 GOLF DAY**
~ **SUNDAY 14 SEPTEMBER**

**AN INVITATION TO ALL PARENTS, FRIENDS & SUPPORTERS OF ST JAMES PRIMARY**

-Come along for a fun, relaxing game of golf in this 4-ball ambrose event, followed by lunch. Companies are invited to sponsor their own team of four players for just $500; or you can make up your own team of four players for just $200 (including lunch). You can also nominate to “find me a team” for $50 as a single player.

-Registration from 6:30am, shotgun start at 7:30am

-Tweed Coolangatta Golf Club, Sorley Street, Tweed Heads South

-Bookings and payments must be made before 8 September

-Enquiries to John Williams (0412) 009 448

This event is organised by the St James Parent Forum

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Before School Supervision: Student supervision is available prior to the commencement of the school day, from 8:20am until 8:40am.
St Joseph’s College
invites you to

EXPO 2008

A showcase of our students’ skills and talents

Wednesday
3 September 2008
6:00pm to 8:00pm
in the
DOYLE CENTRE & COLLEGE LIBRARY
St Joseph’s College
Banora Point

Move through the Doyle Centre, the Library & the TAS area
View the works on display
Experience the performances
Enjoy tea, coffee . . . and the atmosphere . . . we have other light refreshments available for purchase . .

FORMAL OPENING
AT 7:00PM
BY MR PETER McLOUGHLIN, PRINCIPAL

This is a very special occasion to celebrate the achievements of our students
COME ALONG AND CELEBRATE EXPO 2008!