Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

I’d like to bring to your attention “You Have A Friend Inc.” It is a new association providing outreach to those who need it in our local area.

It has been established by John and Robin Lee who have a genuine passion for helping the marginalised in our society. Some of our students in Years 11 and 12 have volunteered with John and Robin with “Rosies” and with “You Have A Friend”, the same Christian outreach is provided.

I have included some information below from the You Have A Friend Inc. website:

Welcome to our new Association “You Have A Friend Incorporated”. Our Association Name is our carefully selected Mission Statement – “You Have A Friend”. It is a name and statement we are truly proud of and are deeply connected with. We support and welcome the marginalised and those in our community needing our support and love. So too the homeless, which does not necessarily mean people without shelter or a roof over their’ heads, those who are truly “home-less” . . . think about it.

In summary our major goals are to support:
- Our Patrons who are in most cases the marginalised in our society
- Our Volunteers
- Our Sponsors and Supporters
- Our Own spiritual satisfaction of supporting our fellow man, woman and child

If you would like to “get involved” with our charity we have a number of ways you can assist:
- Street Outreaching
- Court Assistance
- School Outreaching
- Fund Raising
- Craft for Us
- plus many other ways

Where Do We Operate?
Our new Association will be based initially in the Tweed/Gold Coast district.

Already we are outreaching 4 days and nights a week to Coolangatta and Murwillumbah and in the very near future will expand our services to Kingscliff, Pottsville, Uki and Mullumbimby.

On outreach we provide tea, coffee, something to eat, warm clothing, a chat and offer a referral service and advocating, which in many cases is all that is required.

Advertising With Us
There are many ways you can support us in our quest. Consider perhaps advertising with us in the many ways we offer:
- Sponsor a Webpage
- Advertise in our Newsletter
- Advertise in our calendar
- Support one of our major events

Visit our website www.youhaveafriend.org.au to register.

We welcome any assistance you may be able to offer by way of financial help, donations, volunteering. Please visit our website for more information and to register with us.

Thank you for your support, please visit us at: www.youhaveafriend.org.au.

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
**Term 2, Week 8**

Time is moving on . . . every year group has now sat for their Half-Yearly examinations. Semester 1 reports for Years 7-10 will be going out at the end of this term. Enrolments have closed for Year 7 2009 and interviews will be held soon.

Senior students have had their Parent/Teacher/Student Evenings this term and the junior school will each have theirs in the first four weeks of Term 3.

We have lots to share with you today, so please do take the time to read this publication together as a family. And if you want to read it online, to see it all in full colour, please do visit the College website: [www.bps.lism.catholic.edu.au](http://www.bps.lism.catholic.edu.au).

We hope you enjoy today’s issue.

**IN THIS ISSUE:**
- Term 2 closing date
- Principal’s Notes
- St Joseph’s Parish and St Anthony’s Parish Weekend Mass Times
- Deputy’s Notices
- Reading of the Week
- Talent Quest Finals
- Parish Notice - Unidentified school fees
- Reflection Days in Term 3
- The WORD this week is . . .
- Careers News
- Mathematics News
- Australian Red Cross Blood Drive
- Tweed Valley Results
- ‘Centacare’ workshop
- St James Anzac Garden Path
- ‘Strategies for Success’
- Pastoral News
- “Student of the Week”
- Canteen News & Roster
- Uniform Shop News
- SRC Disco
- Parenting Ideas Sheet 1 – Assertiveness
- World Youth Day - Homestay Hosts Required

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**PRINCIPAL’S NOTES**

**CONGRATULATIONS**

Congratulations to Mrs Louise McLaughlin and Mr Peter McLaughlin on the birth of Keelan Geoffrey on 26 May.

**PARENTS MEETING**

Last term we held a meeting for parents as a part of our Restorative Justice initiative at St Joseph’s College. As advised in previous Newsletters, the next parent meeting will take place on Tuesday 17 June (tomorrow) and will commence at 7:00pm in the Drama Space.

I will be speaking about teen smoking, boys needing good mates, fixed beliefs, diet, how to make the most of Parent/Teacher/Student interviews and effective talk with children. I hope you can make it.

**DISCO**

As you would be aware, we are holding a College Social this Wednesday, 18 June, from 7:00pm until 10:00pm at the Coolangatta-Tweed Heads Golf Club.

Tickets will only be sold at the College. **Please note: No tickets will be sold at the door.** Parents will be telephoned if their child has purchased a ticket and has not arrived at the Social by 7:30pm. These parents are asked to use the telephone number on the reverse side of the ticket (0415) 662.487 if their child decides not to attend.

Please be aware that normal College rules with regard to behaviour, tobacco, alcoholic drinks and illegal drugs, will apply. Students who fail to abide by these expectations will be removed from the auditorium and their parents telephoned with the expectation that they will be collected immediately.

We sincerely hope that the Social will be a success for all who attend.

**UNIVERSITY PROJECT**

Students in Years 9 and 10 are asked to return their permission note for Mrs Evans research task at Bond University as soon as possible.

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**DIOCESAN CATHOLIC SCHOOLS PARENT ASSEMBLY NEWSLETTER**

Included with today’s newsletter is the eighth issue of the Lismore Diocese Catholic Schools Parent Assembly Newsletter for the information of every family.

Mr Peter McLoughlin
Principal

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**WEEKEND MASS TIMES**

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm (Kingscliff)</td>
</tr>
<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
</tr>
<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
</tr>
</tbody>
</table>

Fr Michael Brady  
Parish Priest  
Fr Jim Griffin  
Parish Priest
Parents and Caregivers please be aware that the office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature. All non-urgent messages will be relayed to the Year Coordinator who will endeavour to deliver the message at lunchtime, or prior to the end of the school day.

As we no longer have afternoon homeroom, it is difficult to take away from class time to relay messages. It is particularly difficult on sports days as students are returning from different sporting locations, their Year Coordinators may not be available to relay messages or the student may not be located with late messages prior to bus departures.

PARENT / STUDENT / TEACHER EVENINGS IN TERM 3

Further to my article in the College Newsletter of 17 March, the Parent/Student/Teacher Evening for the junior year groups will take place in Term 3. The details are as follows:

- **Year 7**: Tuesday 12 August (Term 3, Week 4)
- **Year 8**: Monday 28 July (Term 3, Week 2)
- **Year 9**: Monday 4 August (Term 3, Week 3)
- **Year 10**: Wednesday 23 July (Term 3, Week 1)

**ATTENDANCE-IT’S NOT OK TO BE AWAY**

When students miss a class lesson they lose the thread of the subject material. The result is that their ability to logically think through issues and processes is seriously impaired. Could you imagine leaving out a chapter here and there; how much sense would the book make?

To fill in these gaps, both the teacher and student have to set aside time outside class to work together. Unfortunately, despite the best of intentions, this does not always happen and your child’s learning is scarred.

So when there is an opportunity to shop or baby sit younger brothers or sisters, say NO to your child’s future. Say NO to absence.

Let’s all work together to make a difference to your child’s future. Say NO to absence.

**Be on time, Be at school, That’s the rule!**

---

**COMING EVENTS**

**WEEK 8**

- **Monday 16 June** .......................................................... (Day 1)
  - HPV Vaccinations (2nd Dose) (Girs 7-10)
  - Year 7 Chicken Pox Vaccinations
  - Paul Wade Socceroos Visit
  - Year 11 Biology Excursion (selected students)

- **Tuesday 17 June** .......................................................... (Day 2)
  - HPV Vaccinations (2nd Dose) (Girs 7-10)

- **Wednesday 18 June** ....................................................... (Day 4)
  - Year 12 Bond University Visit to SJC (12:00-12:35pm)
  - SRC Social (7:00-10:00pm Coolangatta-Tweed Heads Golf Club)

- **Thursday 19 June** .......................................................... (Day 3)
  - Year 12 UQ Promotions Visit to SJC (12:50-1:30pm)
  - Year 9 HSIE Excursions
  - Year 10 Community Service (selected students)

- **Saturday 21 June** .......................................................... (Day 5)
  - Year 9 Hamlet Excursion

**WEEK 9**

- **Monday 23 June** .......................................................... (Day 6)
  - Year 11 Advanced English Incursion (selected students)

- **Tuesday 24 June** .......................................................... (Day 7)
  - Year 7 2009 Enrolment Interviews

- **Thursday 26 June** .......................................................... (Day 8)
  - Year 12 HSC SCU Study Day

- **Friday 27 June** .............................................................. (Day 10)
  - Diocesan Surfing Carnival (selected students)

**WEEK 10**

- **Monday 30 June** .......................................................... (Day 1)
  - Year 11 Retail/Hospitality Work Placement (30 June to 4 July)

- **Tuesday 1 July** ............................................................... (Day 2)
  - Year 9 Food Technology ‘Kindergarten Party’

- **Wednesday 2 July** .......................................................... (Day 4)
  - Year 10 Semester 1 Reports posted
  - Tweed Valley Finals Day

- **Thursday 3 July** ............................................................. (Day 3)
  - Year 9 ‘Get Connected to Your Future’ Incursion
  - Final school day of Term 2

- **Friday 4 July** ................................................................. (Day 5)
  - Staff Development Day ~ Restorative Justice
  - Years 7-9 Semester 1 Reports posted
  - Year 7 2009 Acceptances posted

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**RELIGIOUS EDUCATION NEWS**

### READING OF THE WEEK

Today’s Reading comes from the Gospel according to Matthew, where Jesus teaches us about forgiveness.

To love a friend is easy. To love someone who has hurt or injured you is harder. In today’s gospel, Jesus tells us this is the way to be a child of God the Father.

Jesus said to his disciples: ‘You have learnt how it was said: you must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike.’

Mr Peter Lyon
Deputy Principal

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**COMING EVENTS**

**TERM 2 COMING EVENTS**

- **Wednesday 23 July** (Term 3, Week 2)
  - Staff Development Day ~ Restorative Justice

- **Monday 27 July** (Term 3, Week 3)
  - Years 7-9 Semester 1 Reports posted

- **Tuesday 28 July** (Term 3, Week 4)
  - Year 7 2009 Enrolment Interviews

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**COMING EVENTS**

**TERM 2 COMING EVENTS**

- **Monday 30 July** (Term 3, Week 5)
  - Year 11 Retail/Hospitality Work Placement (30 June to 4 July)

- **Tuesday 31 July** (Term 3, Week 6)
  - Year 9 Food Technology ‘Kindergarten Party’

- **Wednesday 1 August** (Term 3, Week 7)
  - Year 10 Semester 1 Reports posted
  - Tweed Valley Finals Day

- **Thursday 2 August** (Term 3, Week 8)
  - Year 9 ‘Get Connected to Your Future’ Incursion
  - Final school day of Term 2

- **Friday 3 August** (Term 3, Week 9)
  - Staff Development Day ~ Restorative Justice
  - Years 7-9 Semester 1 Reports posted

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**COMING EVENTS**

**TERM 2 COMING EVENTS**

- **Monday 10 August** (Term 3, Week 10)
  - Year 11 Retail/Hospitality Work Placement (30 June to 4 July)

- **Tuesday 11 August** (Term 3, Week 11)
  - Year 9 Food Technology ‘Kindergarten Party’

- **Wednesday 12 August** (Term 3, Week 12)
  - Year 10 Semester 1 Reports posted
  - Tweed Valley Finals Day

- **Thursday 13 August** (Term 3, Week 13)
  - Year 9 ‘Get Connected to Your Future’ Incursion
  - Final school day of Term 2

- **Friday 14 August** (Term 3, Week 14)
  - Staff Development Day ~ Restorative Justice
  - Years 7-9 Semester 1 Reports posted

Mr Scott McDermott
RE Coordinator-Ministry
Finals of the Talent Quest
Friday 30 May 2008
Today we have a student report following the recent Talent Quest Finals.

Mr Shane Burns
Year 12 Coordinator

On Friday 30 May, Year 12 hosted a very successful Talent Quest Grand Finale. The evening could not have been as impressive without the support of the College community. This year we had 31 acts battling for First Place in each category. All the acts were sectioned into performance categories of Band, Solo's & Duo's, Piano and Dance. The outstanding amount of talent in the St Joseph's College community was revealed to the entertained crowd throughout the evening's performances.

The winners of each category are to be congratulated for their spectacular performances:

**Band:** Troy Erich, Finn Davoren, Matthew Lesslie and Thomas Monaghan.

**Solo’s & Duo’s:** Simon Campbell and Stephanie Mai.

**Piano:** Gregory Piens, Troy Erich, Thomas Monaghan (accompanied by Mr Rowland).

**Dance:** Kirrinda Turnage and Erin Davoren.

The night would not have been able to go ahead without the help that we received from various members of the College. Year 12 would like to thank the following groups of people for the effort they put into the night:

Music Teachers, sound technician, students and teachers who donated raffle prizes, groundskeepers, the performers, the judges, Year 12 volunteers, supporters and a special thanks to Eliza O’Donohue, Cherylyn Wong, Jordann Rhodes and Mr Burns for their hours of preparations put in for the overall outcome. Thank you to everyone involved, we appreciate your support.

Dannielle Hickling (12SB2) on behalf of Year 12

In the first week of next term **students in Years 7-10** will be involved in Reflection Days. The aim for each day is to allow students to participate in prayer and to develop peer relationships. **These days are compulsory for all students at the College.**

Each year group’s Reflection Day will be held at the Salvation Army Centre in Week 1 of Term 3. The exact dates for each year group are yet to be determined, but the next Newsletter (and last for this term) will include these details.

A permission letter will go out to students providing further information. Students are to bring their own morning tea. A BBQ lunch and drink will be provided on the day.

Families please note that on their relevant Reflection Day **STUDENTS MUST WEAR COLLEGE SPORTS CLOTHES ONLY – NO CASUAL DRESS IS ALLOWED.**

Mr Scott McDermott
RE Coordinator Ministry

**ST JOSEPH’S CATHOLIC PARISH**

**Tweed Heads**

**Catholic Presbytery**

P.O. Box 25, Tweed Heads

NSW 2485

**PHONE:** (07) 5536.7522

**FAX:** (07) 5536.4992

**ST JOSEPH’S CATHOLIC PARISH**

Tweed Heads

Catholic Presbytery

P.O. Box 25, Tweed Heads

NSW 2485

PHONE: (07) 5536.7522

FAX (07) 5536.4992

**FEES PAID VIA THE INTERNET**

Attention all St Joseph’s College Families:

Have you paid fees on the internet?

The following payment received had insufficient details to enable the Parish to post to the correct family account: If anyone has made this payment, can they please contact Mr John Klein on (07) 5536.8701 as soon as possible:

<table>
<thead>
<tr>
<th>DATE</th>
<th>DETAILS ON STATEMENT</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/06/2008</td>
<td>QDB DEP 999 4368</td>
<td>$500.00</td>
</tr>
</tbody>
</table>

John Klein – School Fees Manager

Do you know the meaning of this word?

**Friend:** (n.) a person known well to another and regarded with liking, affection, and loyalty; an acquaintance or associate; an ally in a fight or cause; a fellow member of a party, society, etc.; a patron or supporter.

**Friendly:** (adj.) showing or expressing liking, goodwill or trust; on the same side; not hostile; tending or disposed to help or support.

**“Are you a good friend? Are you a friendly person? How would your friends describe you? What about someone who just met you?”**

~ **Aristotle**

**“Friendship is a single soul dwelling in two bodies.”**

~ **Saint Thomas Aquinas**

**“There is nothing on this earth more to be prized than true friendship.”**

~ **~ Buddha**

**“An insincere and evil friend is more to be feared than a wild beast; a wild beast may wound your body, but an evil friend will wound your mind.”**

~ **~ Buddha**

Extended Periods of Leave: If you are planning a holiday during the term dates, a letter requesting leave should be forwarded to the Principal in advance.
UNIVERSITY OPPORTUNITIES

Year 12 students will have the opportunity of meeting with representatives of two Universities in the coming week:

**WEDNESDAY 18 JUNE (12:00 NOON TO 12:35PM) BOND UNIVERSITY**

**THURSDAY 19 JUNE (12:50PM TO 1:30PM) UNIVERSITY OF QLD (UQ)**

Visits take place in the College Library

All UAI eligible students should attend please. These visits are excellent opportunities for the students to learn about what each university has to offer in terms of programmes, scholarships and other opportunities.

Griffith University, QUT, Southern Cross University visits are to be advised.

University Open Days on the Gold Coast are on the following days:
- Queensland University of Technology (QUT) ~ 27 July
- University of Queensland (UQ) ~ 3 August
- Griffith University ~ 10 August
- Bond University ~ 17 August

CAREERS NEWS

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- Griffith University ~ 10 August
- Bond University ~ 17 August

ENERGY AUSTRALIA ~ APPRENTICESHIPS, CADETSHIPS AND TRAINEESHIPS

Energy Australia is seeking almost 200 school-leavers in 2009 to join the Apprenticeship, Cadetship and Traineeship programs. Please read the following and if you are interested, please see me in the Careers Room.

**APPRENTICESHIP**

**Entry Level:** Year 10 & Year 12  
**Qualification Level on Completion:** Trade TAFE Certificate III  
**Closing Date:** 24 July 2008  
**More information and to apply:** Online: www.energy.com.au/apprenticeships, Telephone: (02) 8878.5000

**Apprenticeships (Year 10 and Year 12 students)**

The apprenticeship combines hands-on, on-the-job training with paid TAFE study, leading to a nationally recognised qualification and plenty of scope for career progression. On offer are the following five apprenticeship programmes:
- Powerworker-Lineworker
- Powerworker-Cable Jointer
- Electrical Mechanic-Heavy Vehicles
- Electrical Vehicle Body Builder

Registrations for the pre-selection test open on the website (above) early in July and close on 24 July 2008.

**TRAINEESHIP**

**Entry Level:** Year 12  
**Qualification Level on Completion:** Para-professional TAFE Advanced Diploma  
**Closing Date:** 30 September 2008  
**More information and to apply:** Online: www.energy.com.au/traineeships, Telephone: (02) 9394.6663

**Traineeships in Electrical Engineering (Year 12 students)**

The traineeship combines paid part-time study for the Advanced Diploma in Electrical Technology at TAFE and work experience at EnergyAustralia. Attractive salary and work conditions apply.

**CADETSHIP**

**Entry Level:** Year 12  
**Qualification Level on Completion:** Professional UNI Degree  
**Closing Date:** 30 September 2008  
**More information and to apply:** Online: www.energy.com.au/cadetships, Telephone: (02) 9394.6663

Cadetships in Electrical Engineering (Year 12 students)

The cadetship program combines University study in Electrical Engineering and work experience at EnergyAustralia. We offer a very attractive five year package, which includes a weekly salary, payment of the student contribution (formerly HECS) and compulsory textbooks.

The cadetships and traineeships are awarded not only on academic marks, but a combination of academic results, personal skills and attributes. They are seeking students who enjoy maths and physics, and show an interest in Electrical Engineering.

Mr Matt Hall  
Careers Advisor

MATHEMATICS NEWS

**MATHLETICS UPDATE**

Leading up to the Half Yearly Exams we had a number of students take advantage of the Mathletics Programme to study for their test.

This was evident in the number of awards issued this week, 42 in total. Well done to Thomas McGill and Sinead Scott who both received Silver awards this week.

The students who have received this level so far (i.e. 6 awards or more) are Kurt Johnson, Bodie Nash, Laura Donelly, Maccalla Fenn, Nathan Gregory, Felix Langenbach, Olivia McLean, Brayden Pringle, Amanda Spinks, Emily Longworth and Kimberly Keogh.

Unfortunately, not all students have taken up Mathletics with the same vigour. Some students are yet to visit the site at home, which is disappointing and to the detriment of their exam results.

I hope that in the future months I can list even more students’ names and achievements. The site is www.mathletics.com.au and all Year 8 and 9 students have a username and password to access their account. If you have any problems, please call the 24-hour number (1300 850 331), or contact me at school.

Mr Frank Malone  
Mathematics Coordinator

**You have the gift to restore life**

**You have the power to help people with cancer**

**You can heal people with 3rd degree burns**

**You can give hope to people with heart disease**

**You have the power to help unborn babies**

**Every time you donate blood you can help save 3 lives**

Give Blood at South Tweed Sports Club  
4 Minjungbal Drive (Old Pacific Hwy)  
Tuesday 1 July: 10:30am – 2:00pm (School Holidays)  
Monday 25 August: 2:30pm – 6:00pm (Term 3, Week 6)  
Tuesday 26 August: 10:00am – 2:00pm (Term 3, Week 6)  
Call Lismore Donor Centre on (02) 6620 2320 to make an appointment. Go to www.donateblood.com.au, or call 13 14 95 to find out if you are eligible to donate.

On the day of donation remember to bring photo ID, drink at least 4 glasses of juice or water, and have something substantial to eat.

Australian Red Cross  
BLOOD SERVICE

Before School Supervision: Student supervision is available prior to the commencement of the school day, from 8:20am until 8:40am.
## Tweed Valley Sports Results

### Round 8 -vs- Kingscliff High School
**Wednesday 11 June 2008**

<table>
<thead>
<tr>
<th>Male Sports</th>
<th>Results</th>
<th>Best &amp; Fairest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball A</td>
<td>Lost 71-26</td>
<td>Matthew Riles</td>
</tr>
<tr>
<td>B</td>
<td>Lost 34-13</td>
<td>Mitchell James</td>
</tr>
<tr>
<td>14</td>
<td>Lost 40-12</td>
<td>Jarryd Paxman</td>
</tr>
<tr>
<td>Volleyball A</td>
<td>Lost 3-1</td>
<td>Troy Erich</td>
</tr>
<tr>
<td>B</td>
<td>Lost 3-0</td>
<td>Andrew Russell</td>
</tr>
<tr>
<td>15</td>
<td>Lost 3-0</td>
<td>Zane Hoskinson</td>
</tr>
<tr>
<td>Tennis A</td>
<td>Lost 19-17</td>
<td>Joshua Crouch</td>
</tr>
<tr>
<td>15</td>
<td>Lost 19-13</td>
<td>Matthew Abela</td>
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<tr>
<td>Touch A</td>
<td>Lost 19-0</td>
<td>Tyler Swaney</td>
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<tr>
<td>15</td>
<td>Lost 8-1</td>
<td>Jay Capellari</td>
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<tr>
<td>Soccer A</td>
<td>Lost 4-1</td>
<td>Ryan Andrews</td>
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<tr>
<td>15</td>
<td>Lost 7-1</td>
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<td>14</td>
<td>Lost 3-1</td>
<td>Jordan Short</td>
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<tr>
<td>League</td>
<td>Draw 1-1</td>
<td>Rhys Newman</td>
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<tr>
<td>15</td>
<td>Lost 18-12</td>
<td>Grant Walker</td>
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<tr>
<td>14</td>
<td>Lost 18-10</td>
<td>Sam Knott</td>
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<tr>
<td>13</td>
<td>Lost 24-0</td>
<td>Jaden Wakefield</td>
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</table>

<table>
<thead>
<tr>
<th>Female Sports</th>
<th>Results</th>
<th>Best &amp; Fairest</th>
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<tbody>
<tr>
<td>Basketball A</td>
<td>Lost 40-16</td>
<td>Andrea Roberts</td>
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<tr>
<td>B</td>
<td>Lost on Forfeit</td>
<td></td>
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<td>15</td>
<td>Lost 34-7</td>
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<td>14</td>
<td>Won 22-14</td>
<td>Sienna van Rossum</td>
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<td>Volleyball A</td>
<td>Lost 3-0</td>
<td>Lucy Tonkin</td>
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<tr>
<td>B</td>
<td>Won 3-0</td>
<td>Jaccelyn Baker</td>
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<td>15</td>
<td>Won 4-1</td>
<td>Jamie Smith</td>
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<td>Tennis A</td>
<td>Lost 25-13</td>
<td>April Clayton</td>
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<tr>
<td>Touch A</td>
<td>Lost 4-3</td>
<td>Katelyn Springer</td>
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<td>Lost 5-3</td>
<td>Hannah Wakefield</td>
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<td>Draw 1-1</td>
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<td>15</td>
<td>Won 5-2</td>
<td>Hannah Simpson</td>
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<td>Netball OPEN A</td>
<td>Lost 40-17</td>
<td>Katherine Donohue</td>
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<tr>
<td>15</td>
<td>Lost 26-20</td>
<td>Tiarni Judd</td>
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<tr>
<td>14</td>
<td>Won 27-24</td>
<td>Samara Hayes</td>
</tr>
<tr>
<td>13A</td>
<td>Won 33-13</td>
<td>Rhiannon Smith</td>
</tr>
</tbody>
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Mr Peter McLaughlin  
Sport Coordinator

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### Centacare

**Catholic Family & Community Services**  
**Family Relationships Services**

**Divorce/Separation Recovery Program**

Centacare is conducting a Divorce and Separation Recovery Workshop commencing on 9 July 2008. This workshop will run for seven weeks each Wednesday evening from 6:00pm to 8:00pm.

This gentle non-confrontational and supportive workshop provides a wonderful opportunity for people who are struggling to overcome one of life’s challenges.

*Please call Centacare on (07) 5556.9900 for more information about this workshop.*

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### The St James Anzac Garden needs your support!

St James Primary School will be landscaping the playground area adjacent to the staff room. It will be named 'The Anzac Garden' and will incorporate a path made from paving stones sponsored by individual students and/or their families. Funds raised will contribute towards the cost of constructing the garden and path.

**St James needs to order at least 100 pavers for the project to go ahead, so please show your support.**

**Cost:**  
Option 1: Individual Brick/Paver $30.00  
Option 2: Hand-drawn Brick/Paver $35.00

*Forms are available from the College Office or at St James Primary School.*

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### If your child is in Year 10, 11, or 12

- **You can help!**
  - **July Holiday Seminars in**
  - **STRATEGIES FOR SUCCESS**

**How you will benefit:**

Students emerge from the seminar confident and motivated towards their studies and possessing powerful new strategies for speed reading, advanced understanding, summarising, memorising and revision, essay planning, stress management, time management, goal setting and correct study methods.

This unique Australian 4-day seminar has been tried and proven over many years with a broad range of students. It is presented in Brisbane every school holidays by Dr. Mark Brown, a university lecturer and consultant in learning performance and student motivation. In a survey conducted on an average of six months after their child’s attendance, 93% of parent respondents said there had been a persistent positive change in their child’s actual school performance.

**What previous students have said:**

"A very worthwhile investment in my life." C. Hewitt  
"I felt like I had really achieved something." C. Chalmers  
"A powerful presentation - an educational must." M. Byrne

**Cost:** $400.00 (Visa/Mastercard welcome)  
**Venue:** QUT Gardens Point Campus, 9am - 3pm  
**Years 10, 11, & 12:** 7th, 8th, 9th, 10th July

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### 2-Day Junior Program

**Cost:** $210.00 (Visa/Mastercard welcome)  
**Venue:** QUT Gardens Point Campus, 9:30am - 3pm  
**Years 8 & 9:** 9th, 10th July

**For a free brochure with details**  
**Ph:** 07-3281 1400  
**Learning Performance Seminars®**

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**Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence.**  
**A note is also required on the first day of the student’s return.**
This article is the second-twentieth part in our ongoing series of ‘Bad Attitude’ articles. Today we take a look at the ‘bad attitude’ UNCOOPERATIVE, and what we can do about it.

**Bad Attitude**

<table>
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<th>Attitude Antidote and Replacement</th>
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<td>Uncooperative</td>
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**Emergency Attitude Intervention:**

Enforce a sharing attitude by immediate and active intervention. The most crucial basic skill to cure an uncooperative bad attitude is sharing. If you don't know how to share, you'll never be able to take turns, work on a team, get along in a family or group of friends, or collaborate in a workplace. So you better get started early in teaching this essential good attitude. Teach cooperative play with your younger child by sitting side by side, taking turns, and sharing every toy so s/he experiences the give and take of everyday life. Do it in the sandbox, playing with dolls, stuffed animals, and action toys, building blocks, and working with clay. For older children, start with board games; then graduate to playing catch, Frisbee, video games, and ultimately work projects in the home, yard, or community. In each case, you'll be teaching your child how to work with other individuals or in a team.

Cooperation is all about working together and supporting one another, and those are tough notions for spoiled children who are too tightly wrapped up in themselves. To really cooperate in any group – family, sports, scouting, church, club, play, or school – you must set aside your individual concerns for the needs of the group. There's no time to be self-centred, think only of yourself, and want things to only go your way.

There may be several reasons that your child has an uncooperative attitude. S/he may be feeling shy and uncertain about how people feel about her/him, may be preoccupied with some other problem at home or school that's distracting her/his attention, may lack social experiences that people need to learn basic friendship skills, or may have been so pampered and spoiled that s/he thinks s/he's the centre of the universe and never has to share or work with others.

Cooperating is about working for the team or family or group – whatever the size. And doing so means you can't always be first, win, share, or have your own way. You have to put aside your wants and desires, and acknowledge the feelings and concerns of others. Learning the replacement virtues of cooperation, friendliness, and caring dramatically increases children’s chances of success in school, home, and life. It's all the more reason to curb your child’s uncooperative attitude.

**Bad Attitude Alert**

We're living in the age of virtual relationships where not only face-to-face but long-distance collaboration is crucial. To tune up your child’s uncooperative attitude, start now if you want to launch her/him toward happiness and success.

**Diagnosis**

Start with these five questions:

**What.** What exactly does your child do or say that is uncooperative? Here are a few traits of children displaying uncooperative attitudes. Mark any that your child is displaying and add other behaviours that concern you to the list:

- Doesn’t pull her/his own weight on a team
- Is argumentative
- Insists that demands be met immediately and her/his way
- Doesn’t do what others ask her/him to
- Criticises others
- Acts bossy; directs others to do what s/he wants
- Never asks others what they would like to do
- Doesn’t work well with others
- Unwilling to negotiate

**Who.** Does s/he display the same attitude to everyone? Are there some individuals s/he is more likely to flaunt this attitude with – for instance, younger siblings, older peers, a teacher, or a coach? If so, then why does s/he flaunt it toward some people and not others?

**Where.** Are there certain places s/he is more likely to flaunt the attitude (at school, practice, the babysitter’s, day care, scouts, play group, a certain friend’s house, a certain relative’s)’?

**Why.** Why is your child so uncooperative? Does s/he not know how to cooperate? Does s/he feel slighted? Is s/he selfish and spoiled? Does s/he always want things her/his way? Is s/he usually dominated by another child so s/he feels that s/he can’t contribute? Is s/he not expected to cooperate? Is s/he used to getting away with not complying with your requests? Is s/he shy, insecure, lacking friendship skills or the experience of working in a group, worried about some other problem, physically exhausted, or ill? What's fuelling this attitude?

**When.** Are there certain times your child displays her/his cooperative attitude – for instance, during ski practice, a scout meeting, when it's time to go to day care, or during her/his study group? Might there be a reason? Maybe s/he feels excluded, doesn't have the skills to get along, feels more secure at home, or doesn't like the competition.

What is your best diagnosis of why your child has learned this attitude? Confer with other adults who know your child well to see if they agree.

**What’s wrong with your current response?**

How do you typically respond to your child's uncooperative actions? Do you ignore them? Lecture her/him? Punish? Give a stern look? Sit down next to her/him until s/he complies? Argue? What is the typical way you respond to your child's uncooperative attitude? Does it work in curbing her/his bad attitudes? Why or why not? How does your child typically respond to your response? Is there anything you've tried time and time again that has never worked in curbing your child's uncooperative attitude? What is the one thing you will never try again?

**Facing your own bad attitudes:**

Your child learns a great deal about cooperation simply by observing your behaviour. If you want your child to be more cooperative, the easiest way is to consciously demonstrate cooperative behaviour in yourself so s/he has a model to copy: And the first step to doing so is to identify which behaviours you need to tune up. Begin by rereading the checklist above of uncooperative behaviours, and this time check off the ones that might apply to you. Now choose one behaviour to improve in yourself.

What is the first step you need to take in yourself to help your child deal with his or her uncooperative attitude? What changes do you need to make?

**Bad Attitude News Alert:**

In the past twenty-five years, the American workplace has been transformed so that the vast majority of businesses and organisations are now team-based. That means that people are now working cooperatively rather than individually. It also means that if your child is not a team player and lacks the skills of social competence, s/he will be handicapped from succeeding in the workplace. As Tom Peters and Robert H Waterman, authors of the best-selling book *In Search of Excellence*, point out, teamwork has on productivity is an astounding 5,000 percent! It’s all the more important to break your child of her/his uncooperative attitude.

The “Don’t give me that attitude” makeover:

To squelch your child’s uncooperative attitude, take the following steps:

**Step 1 – Teach the Value of Cooperation**

One of the most important steps to curb an uncooperative attitude is to emphasise cooperation and make sure your child knows its value. Take time to define the meaning of cooperation, explaining the positive impact it has on others and the long-term benefits for your child. To serve as a constant reminder, you might consider making a poster with your child listing kinds of cooperative deeds that family members can do for one another. Here are a few points to discuss:
"Being cooperative makes other kids happy" or "When you aren’t cooperative and don’t share or take turns, it makes the other person sad and not want to play."

"Cooperation is in your own self-interest since it is the most effective way to succeed in getting things done and achieving your own goals."

"Cooperation makes the world a nicer, more peaceful place, because it helps people get along."

"Being cooperative means you’re thinking not just about yourself but also about the other person. And that’s a big part of being nice."

"When you work with others as a team, you are more likely to get more accomplished because you are all cooperating and doing part of the work."

Be sure to share examples of contemporary news and history, in business, government, and your local community. For example, read books together about how the founding fathers worked as a team to solve major problems when forming this country. And don’t forget the Allied Forces during World War II, the United Nations, and other examples of famous teamwork in sports and entertainment. For younger children, point out groups in your own community that work together to help keep your child safe, like their teachers, the police, the doctors and nurses in the hospital, and fire-fighters.

Step 2 ~ Expect Cooperation
Research studies find that children who are cooperative have parents who expect them to be. Therefore, one of the easiest ways to boost cooperation is to make it a priority in your home – and the sooner you start, the better. Begin by mandating your rules and stressing that uncooperative actions are not acceptable in your family. Then call out your disapproval the moment you see any sign of an uncooperative attitude:

"That’s not being cooperative. I expect you to share with your friends. Try again, please."

"In this house, we cooperate. You had a turn; now it’s Sally’s turn. If you can’t cooperate, you can’t play, and your friend will have to go home."

"How would you feel if John treated you that way and took more toys to play with?"

Next time, I expect you to cooperate.

Step 3 ~ Teach Cooperative Skills; Then Find Practice Opportunities
There are many skills children need to cooperate and you can teach them to your child. Choose one skill your child needs to learn. Then take time to teach this skill (such as how to take turns, or share, or listen) by showing your child how and sounds like. Just telling your child about the skill is not enough; she needs to practice it again and again until she can use it on her own. So look for everyday practice opportunities such as during the car pool, standing in a grocery line, participating in a play group, or during chore time. Here are examples of how parents have reminded children to practice the new skill:

• **Taking turns:** "Be sure to take turns when you play with Charlie today. Let him go first, and then it will be your turn, and then his again. Taking turns will make play time more fun because he will be happier that he has a turn."

• **Teamwork:** "Why don’t you and your brother help each other finish your chores? If you both pitch in and work together, you’ll both be finished more quickly so we can go to the movies."

Step 4 ~ Set Ground Rules; Then Expect Sharing
Sharing is one of the essential skills of cooperation. Lay down family ground rules so your children know you expect them to share and take turns. Be sure your children clearly know your expectations. Some children have a tough time learning to share; here are a few tips to help them learn to walk the talk:

• **Use a timer.** Some children, especially the younger set, have a tough time sharing. One way to get them started is by using an oven timer or sand timer so that they can “see” how much longer it is until it’s their turn. Older children can use the minute hands on their watches. Teach children to agree on a set amount of time – usually only a few minutes – for using an item. When the time is up, the item is passed to the next child for his turn.

• **Put away valuables.** Tell your child to put away any personal possessions s/he does not want to share before her/his guest arrives. There are certain possessions that are very special to your child, so putting those items away before a guest arrives minimises potential conflicts. Explain that anything your child leaves out should be shared.

• **Share only what belongs to you.** Items that do not belong to your child may not be shared unless permission is granted from the owner: “I’m sorry, we can’t play with that. It belongs to my brother, so it’s not something I can share.”

• **Don’t expect anything in return.** Emphasise that just because you share, you should not anticipate getting something back. The reason to share is that it’s nice to be nice.

• **Model the value of sharing equipment.** Computers, tools, and technological expertise all have a role in working together and getting things done these days. Take a moment to show your children directly how in this age of technology there are so many great ways to cooperate: sharing e-mail lists, creating links on e-mail and Web site links, sharing computer files, creating cell phone networks, and making Web sites for family and friends.

The First 21 Days:
Choose a ‘Family Work-Together Project’ that every member can be a part of, such as putting together a picnic, planting a garden, planning a day trip or family vacation, or even spring cleaning. Then go through the cooperative steps as a group so children experience the process of working together. Here’s how to hold a family garage sale where children must cooperate:

1. **Brainstorm project possibilities and then vote.** The most votes wins (in this case, let’s suppose the family garage sale won the most votes). You can also share a computer to search for ideas, find resources, keep a record of each step along the way, and even create a Web site for each project.

2. **Give everyone a large garbage bag or box in which to put all clothes, games, books, or whatever they want to sell.**

3. **Supply poster board, marking pens, and tape for everyone to make signs announcing the sale and then post them around the neighbourhood.** Or make the signs on your computer and print them out for posting.

4. **Set out marking pens and labels for price tags; members can help each other price each item.**

5. **Get up early the morning of the sale, and arrange items on your front lawn or patio. Older children can help younger children assume responsibility for the “cash register” as items are sold.**

At the end of the day, any unsold items can be donated to a charity that is chosen in a cooperative family vote. Members can also decide how to spend any earnings. Does each person keep his or her own profits, are they to be divided equally, or should they be combined into one fund and spent as a family?

Not only does your family have fun and earn money, but they learn the value of cooperation by experiencing the process.

**Attitude Makeover Pledge:**
How will you use these steps to help your child become more cooperative and achieve long-term change? What exactly do you agree to do within the next twenty-four hours to begin changing your child’s attitude so s/he is more cooperative?

**The New Attitude Review:**
All attitude makeovers take hard work, constant practice, and parental reinforcement. Each step your child takes toward change may be a small one, so be sure to acknowledge and congratulate every one of them along the way.

It takes a minimum of twenty-one days to see real results, so don’t give up! And if one strategy doesn’t work, try another. Keep track of your child’s weekly progress.

**Ongoing Attitude Tune-Up:**
Where does your child’s attitude still need improvement? What work still needs to be done?

**Attitude Makeover Resources:**
Resources, such as the book mentioned in this article, “Don’t Give Me That Attitude”, by Michele Borba, Ed.D., can be of great help for both parents and children.

**For Parents:**
**Good Friends Are Hard to Find, by Frank Frankel (Pasadena, Calif.: Perspective Publishing, 1996); Learning to Play, Playing to Learn: Games and Activities to Teach Sharing, Caring, and Compromise, by Charlie Steffens and Spencer Gorin (Los Angeles: Lowell House, 1997); and Parents Do Make a Difference: How to Raise Kids with Solid Character, Strong Minds, and Caring Hearts, by Michele Borba (San Francisco: Jossey-Bass, 1999).**

**For Kids:**
**Cooperation (Values to Live By)**, by Janet Riehecky (Chicago: Child’s World, 1990); *Frog and Toad Together*, by Arnold Lobel (New York: HarperCollins, 1972); *How to Lose All Your Friends, by Nancy Carlson (New York: Viking Press, 1994); and *Not Like That, Like This!* by Tony Bradman and Joanna Burroughs (New York: Oxford University Press, 1988).**

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Ms Frances Stegemann
Pastoral Advisor

Before School Supervision: Student supervision is available prior to the commencement of the school day, from 8:20am until 8:40am.
STUDENT OF THE WEEK

Could this be a picture of you?

The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!

Student Council

CANTEEN NEWS & ROSTER

MEAL OF THE WEEK
For this week’s special, we will be offering a lovely ‘Quiche & Salad’ for the affordable price of $4.00. Please be sure to place your order BEFORE SCHOOL!

CANTEEN ROSTER

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<tr>
<td>Jan MacQueen &amp; Hayley Mandall</td>
<td>Michelle McLennan &amp; Jan MacQueen</td>
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<td>Tuesday 17 June</td>
<td>Tuesday 24 June</td>
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<td>Cathy Jamieson &amp; Janice Brown</td>
<td>Anne Bruce &amp; Helen McDonald</td>
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<td>Wednesday 18 June</td>
<td>Wednesday 25 June</td>
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<tr>
<td>Janene Neal &amp; HELP</td>
<td>Mary-Anne Perlenfein &amp; Kathy Bush</td>
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<td>Thursday 19 June</td>
<td>Thursday 26 June</td>
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<tr>
<td>Sandra O'Brien &amp; Aleisha Spence</td>
<td>Donna Fien &amp; Margaret Putland</td>
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<td>Friday 20 June</td>
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<tr>
<td>Donna West &amp; HELP</td>
<td>Sonia Orr &amp; Trish Baldwin</td>
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Mrs Dianne Pinkstone
Canteen Manager

UNIFORM SHOP NEWS

SCHOOL BACKPACKS
It has been noticed that a number of students are wearing their College backpack incorrectly. The manufacturer of our bags advises the following for correct usage and packing:

- Keep the load close to your spine. Do not let it hang below your hips or pull away from your body. Carry only what you need for the day.
- Always wear the pack over two shoulders.
- Pack heaviest item against the spine and at the back of the bag.
- Pack midweight objects in the middle section.
- Pack lightweight objects in the front section.

UNIFORM SHOP HOURS
Monday to Friday
(8:30am – 12:00noon AND 1:00 – 3:30pm)

Ms Debra Dawson
Uniform Shop Manager

SRC DISCO
Wednesday 18 June
7:00-10:00pm
Coolangatta-Tweed Golf Club
Theme: “70’S / HIPPIES”

WEDNESDAY’S DISCO IS OPEN TO TICKET-HOLDERS ONLY
You MUST present your ticket upon arrival

Please note that we WILL NOT be selling tickets at the Disco on the night – ticket sales close at lunchtime this Wednesday unless sold out . . . so don’t miss out!!

Students are reminded that the Disco is a school event at which the usual code of behaviour and appropriate dress applies.

Matthew Coughran & Eliza O’Donohue, College Captains
Assertiveness

Assertiveness is a skill that young people can learn. An assertive response helps them to stick up for their rights and avoid being teased or bullied. Assertiveness involves the use of a firm voice and strong body language, including body positioning and eye contact. Assertiveness indicates control and implies an expectation of compliance. Aggression, on the other hand, shows lack of control and involves a raised voice, the use of insults and body language which can inflame a situation, inviting further aggression or provocation.

**Bright ideas**

When a child or young person is under provocation, being bullied or teased he or she should:
- Make eye contact, stand in a balanced, comfortable position about a metre from the person provoking the aggression.
- Using a firm voice, ask the other person to stop what he or she is doing. Use the person's name if possible.
- Repeat the response if the behaviour doesn't stop.
- If the provocation continues he or she should walk away, ignoring the aggressor or seeking an adult if they feel in danger.

When a child or young person needs to stand up for his or her rights, to ask for something, to make a statement or be listened to rather than ignored he or she should:
- Attract the person's full attention;
- Be polite and use the person's name;
- Make good eye contact and use a strong stance; and
- State the request or statement using a firm voice.
- Give the other person an opportunity to respond if appropriate. Ask questions to clarify the other person's position. Be polite but firm and avoid personal insults or using a whining voice.

Encourage your child to practise assertiveness in low risk situations—in front of the family or even in front of a mirror.

For ideas, inspirations and seminars visit www.ParentingIdeas.com.au

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Days in the Diocese

10-14th July 2008

Our Parish has been asked to accommodate 50 pilgrims

Is there any room at your place?

This is your chance to play an important and rewarding role in Australia’s hosting of the world’s biggest youth event.

From 10-14 July 2008 the Diocese of Lismore is looking to individuals and families from parishes and schools to open their homes and provide hospitality in the form of friendship, accommodation, meals and transport to the thousands of young overseas pilgrims who are coming to be part Days in the Diocese.

Homeowners will be asked to provide bed and breakfast on a complimentary basis and private transport to local venues or events.

To become a Home Stay Host, please complete a registration form and return it to your parish office or school; if there is anything you’d like to ask about, please contact your parish office and speak with your WYD Coordinator.

We look forward to your support for this important and exciting event.

Open up your home to pilgrims, give them a great Aussie welcome and join in the WYD experience

Days in the Diocese Host Registration

Name: _____________________________________________________________

Address: ___________________________________________________________

Email or phone contact: ____________________________________________

Number of Pilgrims I am able to host: ________________________________

Gender preference: ________________________________________________