Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

World Youth Day is upon us. This is the last College Newsletter before World Youth Day takes place. In our local parish, World Youth Day commences on 10 July with, "Days in the Diocese". Our St Joseph’s Parish will host 68 pilgrims from the Solomon Islands. The highlight of the Days in the Diocese will be the Vigil Mass at 6:00pm on Saturday 12 July, followed by a parish BBQ and performance by the Solomon Islander Pilgrims.

Adam Sullivan, the WYD Coordinator for the Lismore Diocese has written the following:

“WYD08 has aimed to gather the whole Australian Church in a concentrated effort to reach out to young people. It has provided a focus and a need for local youth ministry – a reason to bring together young people and a way of inspiring them about our faith.”

Our prayer is that our young respond to the call.

A snapshot of WYD:

Thirty-seven members of our St Joseph’s Parish community will join an estimated 225,000 registered pilgrims taking part in WYD08 events each day, including 125,000 international visitors. 100,000 Australian pilgrims are expected, including 40,000 from greater Sydney.

An estimated 8,000 volunteers will assist. An estimated 2,000 clergy will attend as well as 700 Cardinals and Bishops. Between 3,000 and 5,000 media are expected to cover the event. 3.5 million meals will be served to pilgrims, 100,000 will sleep in 700 schools and parishes.

Up to 40,000 will be billeted as part of the HomeStay program. Approximately 20,000 will stay in Sydney hotels. The remainder will make their own arrangements.

Up to 500,000 are expected to attend the Final Mass on Sunday 20 July at Randwick Racecourse and Centennial Park (which is open to all). The four official WYD08 languages are English, French, Italian and Spanish.

So WYD08 is a huge international event with the opportunity to provide a once-in-a-lifetime experience for so many young people.

The theme of WYD08 is, "You will receive power when the Holy Spirit has come upon you; and you will be my witnesses.” (Acts 1: 8)

Please pray for our young people who will venture to Sydney for WYD08.

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
**End of Term 2**

As this is the final newsletter for Term 2, it's also a time for looking back at some of our achievements and for looking forward to what must come next: Term 3!

We have lots of stories, pictures and information, so please, take the time to get together with the family and read over this special holiday edition of the Newsletter. And don't forget to check it out on the College website: [www.bps.lism.catholic.edu.au](http://www.bps.lism.catholic.edu.au).

A safe and happy holiday break to everyone and see you all in Term 3.

**IN THIS ISSUE:**
- Parish Notice
- Principal’s Notes
- Deputy’s Notices
- Curriculum News
- ‘Thank You’
- CSPA (Catholic Schools Parent Assembly) ‘How to Drug Proof Your Kids’ Programme
- Religious Education News
- “Reading of the Week”
- Term 3 Reflection Day (and BBQ helpers also needed)
- WYD08
- Year 11 News
- Weekend Mass Times
- Red Cross Blood Drive
- Sports News
- ‘Strategies for Success’
- Careers News
- CAPA News
- English News
- The WORD this week is . . .
- ‘Creatures at Currumbin’
- Science News
- French News
- Tweed Valley Sports Results
- Sports News
- Pastoral News
- SRC Disco
- Road Safety notice
- Canteen News & Term 3 Roster
- Centacare

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**ST JOSEPH’S CATHOLIC PARISH**

Tweed Heads Catholic Presbytery
P.O. Box 25, Tweed Heads
NSW 2485

PHONE: (07) 5536.7522  FAX (07) 5536.4092

FEES PAID VIA THE INTERNET
Attention all St Joseph's College Families: Have you paid fees on the internet?

The following payment received had insufficient details to enable the Parish to post to the correct family account. If anyone has made this payment, can they please contact Mr John Klein on (07) 5536.8701 as soon as possible:

<table>
<thead>
<tr>
<th>DATE</th>
<th>DETAILS ON STATEMENT</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/06/2008</td>
<td>QDB DEP 999 4368</td>
<td>$500.00</td>
</tr>
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</table>

John Klein – School Fees Manager

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**PRINCIPAL’S NOTES**

**ORDINATION**

Prior to printing this Newsletter we received the following advice from the Catholic Education Office, Diocese of Lismore:

On Thursday 3 July 2008, members of parish school communities in the Diocese of Lismore are invited to attend the Ordination of Deacon Nicolas Maurice to the priesthood of Jesus Christ through the laying on of the hands and the invocation of the Holy Spirit by His Lordship the Most Reverend Geoffrey Jarrett DD, Bishop of Lismore.

The Ordination will take place at St Carthage’s Cathedral in Lismore commencing at 7 pm.

This is a moment of great promise for the Catholic Church in the Diocese of Lismore.

We join in their congratulations.

**PRAYERS**

Please continue to pray for Mrs Sharon Singleton.

Please pray for the repose of the soul of Fr Tony Hoade who passed away on 28 June. A full tribute to Fr Hoade will appear in the next Newsletter.

"Eternal rest grant to him O Lord And may perpetual light shine upon him. May he Rest in Peace. Amen."

**TERM 3**

Please note that the first day of Term 3 for both staff and students is **Tuesday 22 July** (this will be Day 7 of the timetable). **Monday 21 July is a holiday for WYD08.**

**STAFF CHANGES**

Our thanks and best wishes go to Ms Caroline Farrell who leaves us at the end of Term 2. Ms Farrell has been teaching English and Drama for the past eleven weeks.

Our thanks also to Mrs Jan Evans who has been teaching Mrs Singleton’s classes for the past five weeks.

**CONGRATULATIONS**

Congratulations to Hayley Raso (8SS2) who has been selected in the NSWCCC Under 15 Touch team. A wonderful achievement!

Congratulations to Nicholas Crompton (9MW1) who has been selected in the NSWCCC Under 15 Rugby League team who have been competing in the National Championship in Brisbane this week.

Mr Peter McLoughlin
Principal

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The School Newsletter and School Calendar are both available online @ [www.bps.lism.catholic.edu.au](http://www.bps.lism.catholic.edu.au).

The School Calendar contains year group events, assessment schedules and term dates.
DEPUTY’S NOTICES

SEMESTER REPORTS 7-10
These will be posted on Friday 4 July. We ask that parents discuss the report with their child and use the report to set goals for Semester 2. I refer you to page 6 of the Student Planner “Assessment of My Performance Last Term”, and “Learning Goals” on pages 170-179. Exam preparation is vitally important and good information can be found on page 164.

Also, please mark in your calendar the date of the upcoming “Learning Goals” on pages 170-179. Exam preparation is vitally matter. I wish to draw to your attention some recent concerns:

1. **College skirt:** “knee-length or below” is the standard. Some girls need to have the hem adjusted before commencing Term 3.

2. **Jewellery:** is not to be worn excepting one simple ring, one sleeper in each year and traditional religious medals as necklaces.

3. **Makeup is not to be worn.**

For parents of boys, could you please ensure your son returns to school in Term 3 with his hair cut and groomed to the standard, ie. just on the collar and ears and above the eyebrows.

Please refer to the Uniform Code in the College Planner if in doubt.

I would urge all parents to support the Code and insist the uniform be worn correctly at all times, **including to and from school.**

ATTENDANCE: IT’S NOT OK TO BE AWAY!

The way you train is the way you play; if you miss training or train poorly, then you’ll perform below your potential. Attending classes and applying yourself well follow the exact same principles.

Developing gaps in a students’ knowledge base severely restricts both his/her understanding and progress. It is difficult enough to make up lost ground when a student is genuinely ill, but verging on impossible when away for unjustifiable reasons. Such condoned absences also shows a state of mind that places a low value on a student’s education.

The days of starting at the bottom of an organisation and working your way up are virtually gone. Entry for most jobs/careers relies on a certain level of education and both the willingness and capacity to pursue further training.

Parent-condoned absences are eroding students’ chances; let’s stop the rot. Should you require support in saying NO to your son/daughter in regard to any absences other than illness, please contact his/her Year Coordinator immediately.

Let’s all work together to make a difference to your child’s future. Say NO to absence.

Be on time, Be at school, That’s the rule!

COMING EVENTS

WEEK 1

**Monday 21 July** .................................................... (Day 6)

- World Youth Day Holiday

**Tuesday 22 July** ..................................................... (Day 7)

- School recommences for all year groups

- Year 10 Reflection Day

**Wednesday 23 July** .................................................. (Day 8)

- Year 8 Reflection Day

- Year 10 Parent/Teacher/Student Evening □ Diary Note

**Thursday 24 July** .................................................... (Day 9)

- Year 7 Reflection Day

- National Chemistry Quiz (selected students)

**Friday 25 July** ....................................................... (Day 10)

- Year 9 Reflection Day

WEEK 2

**Monday 28 July** ..................................................... (Day 1)

- Year 11 Retail Work Placement (28 Jul-1 Aug)

- Year 8 Parent/Teacher/Student Evening □ Diary Note

**Tuesday 29 July** ..................................................... (Day 2)

- Year 12 ITM/ITT Project Showing Day

- UNSW Mathematics Competition (selected students)

**Wednesday 30 July** .................................................. (Day 3)

- Year 10 Careers Market

**Thursday 31 July** ..................................................... (Day 4)

- Australian Mathematics Competition (selected students)

- Year 9 Reflection Day ‘Verbal Combat’

- Year 10 into Year 11 2009 Information Evening

**Friday 1 August** ..................................................... (Day 5)

- College Athletics Carnival

- Legacy Public Speaking Competition (selected students)

WEEK 3

**Monday 4 August** .................................................... (Day 6)

- Year 12 Trial HSC Examinations (4-18 Aug) □ Diary Note

- Year 9 Parent/Teacher/Student Evening □ Diary Note

**Wednesday 6 August** .................................................. (Day 8)

- Year 11 Leadership Camp (6-8 Aug)

- Year 8 August ......................................................... (Day 10)

- Year 11 Meals-on-Wheels (selected students)

WEEK 4

**Tuesday 12 August** ................................................... (Day 1)

- UNSW English Competition

- Border Schools Debating (12-26 Aug)

- Year 7 Parent/Teacher/Student Evening □ Diary Note

**Wednesday 13 August** ................................................. (Day 3)

- Legacy Week Memorial Service

- Friday 15 August ...................................................... (Day 5)

- Feast of the Assumption

WEEK 5

**Thursday 21 August** ................................................. (Day 9)

- Diocesan Netball Carnival

WEEK 6

**Thursday 28 August** .................................................. (Day 4)

- Diocesan Athletics Carnival

WEEK 7

**Monday 1 September** ................................................ (Day 6)

- Year 11 Precise Driver Education

**Tuesday 2 September** ................................................... (Day 7)

- Year 10 History & Geography Excursions

**Wednesday 3 September** ............................................. (Day 8)

- EXPO 2008

- Friday 4 September ................................................... (Day 9)

- Year 11 Reflection Day “Wired”

- Friday 5 September .................................................... (Day 10)

- Year 12 Semester 2 Reports handed out

COMING EVENTS CONTINUED OVERLEAF . .
**WEEK 8**
**Wednesday 10 September** ........................................ (Day 3)
- Leadership Mass
**Friday 12 September** ........................................ (Day 5)
- NSWCCC Athletics Carnival
- Year 11 Meals on Wheels (selected students)

**WEEK 9**
**Wednesday 17 September** ........................................ (Day 8)
- Year 11 End of Course Examinations (17-25 Sept)

**WEEK 10**
**Wednesday 24 September** ........................................ (Day 3)
- Graduation Mass
**Thursday 25 September** ........................................ (Day 4)
- **YEAR 12 FAREWELL ASSEMBLY**
- **TERM 2 ENDS – THIS IS A NORMAL SCHOOL DAY**
**Friday 26 September** ........................................ (Day 5)
- Staff Spirituality Day

Mr Peter Lyon
Deputy Principal

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**CURRICULUM NEWS**

**TRIAL HSC EXAMINATIONS**
The Trial HSC Examinations are being held from **Monday 4 August 2008 until 18 August 2008** at the Salvation Army Centre.

**YEAR 11 2009 SUBJECT INFORMATION EVENING**
Please note that the **Year 10 into Year 11 2009 Subject Information Evening** will be held on **Thursday 31 July 2008 at 7:00pm** in the **Doyle Centre**.

**SCHOOL CERTIFICATE TESTS – ADVANCE NOTICE**
ALL Year 10 students must sit these exams to be eligible for a School Certificate. Family holidays, etc., on these dates ARE NOT ACCEPTABLE as reasons for non-attendance.

- **Monday 10 November 2008**
  - English (9:20am-11:30am)
  - Science (12:50pm-3:00pm)
- **Tuesday 11 November 2008**
  - Mathematics (9:25am-11:30am)
  - Australian History, Geography, Civics and Citizenship (12:50pm-3:00pm)
- **Wednesday 12 to Friday 14 November 2008**
  - Computing Skills Test

Mrs Helen Borrowdale
Curriculum Coordinator

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**Catholic Schools Parent Assembly (CSPA)**

**How to Drug-Proof Your Kids**

The Catholic Schools Parent Assembly, **Tweed Region**, is offering to parents and caregivers the opportunity to participate in the How to Drug Proof Your Kids Programme. This programme will be offered for one day each week for four weeks from 1:00pm to 3:00pm.

Extensive research shows that parents and families can be a vital factor in keeping children from becoming involved with the **harmful** use of drugs, including alcohol.

Where: St Joseph's Primary School, Enid Street, Tweed Heads
When: Over four (4) Wednesdays ~ 30 July & 6, 13 & 20 August 2008
Time: 1:00-3:00pm
Cost: Free ~ covered by the Catholic Schools Parent Assembly
Facilitator: Philomena Zambellie (trained through “Focus on the Family”, Australia) ~ Tea & coffee will be provided at each session
RSVP: No later than 23 July to the College Office

Enquiries to Philomena Zambelli (02) 6672.4635 or Robyn Mullineux – Education Officer (Parent Assembly)
Ph: (02) 6627.6256, Mobile (0400) 565.553 or Fax: (02) 6622.5794

RSVP: Please return to the College IF you are attending.

☐ YES, I would like to attend the “How to Drug Proof Your Kids” Programme to be held at St Joseph’s Primary, Tweed Heads on **Wednesdays 30 July and 6, 13 and 20 August 2008 from 1:00-3:00pm**.

Name: ___________________________________________
Address: _________________________________________
Child’s Name: _____________________________________
Child’s School: ____________________________________
Contact Details: ___________________________________
Email: ___________________________________________
RELIGIOUS EDUCATION NEWS

Many of you would have noticed Gilberto Besanko, a new staff member, at school on Mondays and Tuesdays.

Gilberto has been employed for two days a week under the Federal Governments School Chaplaincy Programme to act as a Mission and Values Facilitator within the school. His role will include:

- Enhance student engagement and participation within the Parish and the wider community
- Physically represent and promote values such as care and compassion, striving for your best, a fair go for all, honesty, responsibility, tolerance and inclusion
- Be able to offer pastoral care and support in times of individual and community need
- Support the parish school in implementing its Missions and Values based on the Foundational Beliefs and Practices of Catholic Education
- Support the school executive including coordinators of RE and Ministry as required
- Develop and undertake Youth initiatives within the school communities
- Initiate spiritual reflection opportunities for the youth of the Parish

It is important to note that whilst Gilberto will be offering these services within the school it is entirely on a voluntary basis if families wish to avail themselves of these opportunities.

Already the interaction between the children and Gilberto has been positive and encouraging. Feel free to introduce yourself to him and approach him if you require any of his services.

Welcome Gilberto from the entire school community.

Mr Scott McDermott
RE Coordinator – Ministry

Reading of the Week

Today’s Reading comes the Gospel according the Matthew, where Jesus teaches us about forgiveness.

Jesus said to his disciples:

‘You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away.’

TERM 3 REFLECTION DAYS

Last week, letters were sent home with students in Years 7 to 10 regarding their Reflection Days to be held in the first week of next term. These days are compulsory for all students at the College. The Reflection Days will be held at the Salvation Army Centre on the following days:

<table>
<thead>
<tr>
<th>Year</th>
<th>Date</th>
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<tbody>
<tr>
<td>10</td>
<td>Tuesday 22 July</td>
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<tr>
<td>8</td>
<td>Wednesday 23 July</td>
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<td>7</td>
<td>Thursday 24 July</td>
</tr>
<tr>
<td>9</td>
<td>Friday 25 July</td>
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</tbody>
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Students in Year 7 to Year 10:

⇒ MUST attend their year group Reflection Day – attendance is compulsory.
⇒ MUST wear sports uniform on their Reflection Day – no exceptions.
⇒ Are to bring their own morning tea – however, a BBQ lunch and (lunchtime) drink will be supplied.

The cost of the day will be $6.00 for students in Years 8-10. This cost covers the venue and students’ lunch.

Year 7 students need not pay as they have already been billed for a Brainstorm Production which did not go ahead. The only exception being for Year 7 students who did not pay for this in Term 1.

Mr Scott McDermott
RE Coordinator – Ministry

WORLD YOUTH DAY 2008

World Youth Day will be held in Sydney, Australia from 15-20 July 2008. The event will mark the first visit to Australia of His Holiness Pope Benedict XVI.

Days in the Dioceses will take place in the lead-up to WYD08, from approximately 10-14 July 2008.

Young people and the Pope. Together.

12 DAYS TO GO

“You will receive power when the Holy Spirit has come upon you; and you will be my witnesses” (Acts 1:8)
**YEAR 11 NEWS**

The **2008 Year 11 Leadership Camp** is set down for Week 3 of next term. Leadership is a skill which is important to foster in young students and thus the College takes this opportunity to develop it within a challenging environment, engaging in physical and mental activities. The camp is timed to coincide with the process of choosing School Leaders and House Captains.

**Venue:** Interaction Experiential Learning - Mebbin  
**Travel:** By bus  
**Depart:** 9:00am, Wednesday 6 August 2008  
**Return:** 3:00pm, Friday 8 August 2008

The final cost of the camp will be $200.00. This amount should be paid in total by Friday 25 July 2008 (end of Week 1, Term 3).

Students in Year 11 have each been given a letter including a check list of equipment that is required from each student at the camp. Participation in the camp is compulsory.

Mr Shane Rowland  
Year 11 Coordinator

**WEEKEND MASS TIMES**

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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</thead>
<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm (Kingscliff)</td>
</tr>
<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
</tr>
<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
</tr>
</tbody>
</table>

Fr Michael Brady  
Parish Priest  
Fr Jim Griffin  
Parish Priest

**If your child is in Year 10, 11, or 12**

**You can help!**

**July Holiday Seminars in STRATEGIES FOR SUCCESS**

How you will benefit:  
Students emerge from the seminar confident and motivated towards their studies and possessing powerful new strategies for speed reading, advanced understanding, summarising, memorizing and revision, essay planning, stress management, time management, goal setting and correct study methods.

This unique Australian 4-day seminar has been tried and proven over many years with a broad range of students. It is presented in Brisbane every school holidays by Dr. Mark Brown, a university lecturer and consultant in learning performance and student motivation. In a survey conducted on an average of six months after their child’s attendance, 93% of parent respondents said there had been a persistent positive change in their child’s actual school performance.

What previous students have said:

- “A very worthwhile investment in my life.” C. Hewitt
- “I feel like I had really achieved something.” C. Chivers
- “A powerful presentation - an educational must.” M. Burns

Cost: $400.00 (Visa/Mastercard welcome)  
Venue: QUT Gardens Point Campus, 9am - 3pm  
**Years 10, 11, & 12**: 7th, 8th, 9th, 10th July

**2-Day Junior Program**

Cost: $210.00 (Visa/Mastercard welcome)  
Venue: QUT Gardens Point Campus, 9:30am - 3pm  
**Years 8 & 9**: 8th, 10th July

For a free brochure with details  
Ph: 07-3281 1400

**LIMITED PLACES**

**NSWCCCH TOUCH CHAMPIONSHIP**

Congratulations to the seven students who travelled to Penrith on 19 and 20 July for the NSWCCCH Touch Championships.

All players competed very well under difficult conditions and proved to be tough opponents. Both Hayley Raso and Lucy Fitzhugh were awarded Players’ Player for their respective teams – well done girls!

Further congratulations to Hayley for making the U/15s NSWCCCH touch team – this is a fantastic achievement.

Miss Erin Gallagher  
Diocesan Touch Coach

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**SPORTS NEWS**

**NSWCCCH TOUCH CHAMPIONSHIP**

Congratulations to the seven students who travelled to Penrith on 19 and 20 July for the NSWCCCH Touch Championships.

All players competed very well under difficult conditions and proved to be tough opponents. Both Hayley Raso and Lucy Fitzhugh were awarded Players’ Player for their respective teams – well done girls!

Further congratulations to Hayley for making the U/15s NSWCCCH touch team – this is a fantastic achievement.

Miss Erin Gallagher  
Diocesan Touch Coach

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**BLOOD SERVICE**

Give Blood at South Tweed Sports Club  
4 Minjungbal Drive (Old Pacific Hwy)  
**Monday 25 August:** 2:30pm – 6:00pm (Term 3, Week 6)  
**Tuesday 26 August:** 10:00am – 2:00pm (Term 3, Week 6)  
Call Lismore Donor Centre on (02) 6620 2320 to make an appointment. Go to www.donateblood.com.au, or call 13 14 95 to find out if you are eligible to donate.

On the day of donation remember to bring photo ID, drink at least 4 glasses of juice or water, and have something substantial to eat.

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Messages to Students: Office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature.  
Year Coordinators will endeavour to deliver non-urgent messages at lunchtime, or prior to the end of the school day.
ATTENTION: YEAR 12 STUDENTS
QTAC (Queensland Tertiary Admissions Centre) applications open Tuesday 1 July 2008 and on-time applications close Tuesday 30 September 2008.

Bond University Scholarship Applications close on Thursday 31 July 2008.

All Year 12 UAI eligible students need to make an individual appointment with Mr Hall during Term 3 to talk about university course preferences for QTAC and for UAC.

OPEN DAYS
Please note the following Open Days coming up in the next few weeks/months:

2008 OPEN DAYS

**ACU National Australian Catholic University**
Brisbane Campus Open Night
1100 Nudgee Road, Banyo
(12 kms north of Brisbane CBD)
Wednesday 23 July, 2008
5:30 – 8:00pm

**QUT Queensland University of Technology**
QUT Open Day
Kelvin Grove campus
Sunday 27 July, 2008
9:00am – 3:00pm

**The University of Queensland**
UQ Open Day, St Lucia
(Brisbane) Campus
Sunday 3 August, 2008
9:00am – 3:00pm

**Griffith University**
Open Day, All Campuses
Sunday 10 August, 2008
9:00am – 2:00pm

**Bond University**
Bond University Open Day
Sunday 17 August, 2008
10:00am – 3:00pm

**USQ University of Southern Queensland**
USQ Open Day,
Toowoomba Campus
Sunday 17 August, 2008
10:00am – 3:00pm

**University of the Sunshine Coast**
USC Open Day,
Sippy Downs
Sunday 17 August, 2008
10:00am – 3:00pm

**UNE University of New England**
UNE Open Day
Friday, 5 September 2008

Please visit the relevant websites for more information.

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**TSXPO**
Saturday 19 and Sunday 20 July 2008
10:00am – 4:00pm
FREE ADMISSION!!
Exhibition Building,
RNA Showgrounds, Brisbane

Find the Course. Find the Training.
Find your Career. Find it all at TSXPO!

The Tertiary Studies Expo (TSXPO) is an exciting event for anyone seeking to explore their tertiary studies, training and career options.

Having run over the past 27 years, TSXPO is Australia’s largest tertiary studies expo. This event is ideal for all senior school students, parents, mature age and prospective post-graduate students as well as career seekers. With exhibits from every Queensland University, as well as those from interstate and overseas, visitors can gain a comprehensive insight into the institutions and programs that best suit them. TSXPO gives you access to over 250 qualified representatives in one location!

TSXPO also features representative from TAFE, Defence Forces, Private Education Colleges, student support services, as well as a significant number of graduate employers and government agencies recruiting for graduate placements.

Don’t miss this great opportunity to map out your future!

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**ATTENTION: YEAR 10 STUDENTS**
PLEASE MARK THIS DATE IN YOUR CALENDAR

**Year 10 Careers Information Day**
Wednesday 30 July 2008

On the morning of Wednesday 30 July (Week 2, Term 3) all of Year 10 will be attending a ‘Careers Information Day’ in the Doyle Centre.

The objectives of the morning are to offer students information about different careers, pathways and an insight into what subjects they might study at HSC level prior to the ‘Year 10 into 11 2009 Information Evening’. Presenters involved will include local universities, TAFE, Centrelink, CONNECT, tradespeople and hopefully parents and past students.

I would like to invite any past student who would like to speak to Year 10 about their job experiences/university experiences, to join us on the day and share their experiences and opportunities.

The programme for the day will be in the next Newsletter in Term 3.

Please see me for more information about these articles, or for any enquiries you may have.

Mr Matt Hall
Careers Advisor
Thank you to all students who recently submitted applications for the NIDA part scholarships to support tuition costs for the NIDA courses being conducted at St Joseph’s College in the first week of the July school holidays.

The panel were extremely impressed by the applications and have decided to award one full scholarship to the value of $395.00 and 6 part scholarships (valued at $195.00) for students to attend the NIDA acting techniques course to be run over 4 days from the 8 to 11 July.

The student receiving a full scholarship covering the total course fees is Torrey Atkin from Year 10. Congratulations also to the following students who will receive a part scholarship toward the total cost of tuition fees they are: Megan Abwood, Luke Colombo and Tom Monaghan from Year 10, Caitlin McGibbon-Goode from Year 9, Ashley Waterman from Year 8 and Briana Atkin from Year 7.

Again thank you to all applicants and remember it is critical that all criteria for application is addressed and that all applications are submitted before the due date.

For those students who missed out and want to participate in the workshops please contact Andrew Stewart at NIDA on (02) 9697.7699 or mobile (0412) 392.797.

**NIDA on Tour in Banora Point**

NIDA on Tour is heading to Banora Point (St Joseph’s College 8-13 July) this winter with specialist courses in theatre, film and TV. Experience NIDA’s world-class training from leading industry professionals and NIDA graduates. Tutors are available for interviews prior to their visit.

NIDA on Tour provides community access to the National Institute of Dramatic Art’s expertise by bringing short courses to capital cities and regional centres across Australia.

NIDA trains Australia’s most talented people to become international entertainment professionals. NIDA’s graduates read like the who’s who of entertainment arts, including Cate Blanchett, Hugo Weaving, Baz Luhrmann, Judy Davis, Steve Bisley, Susie Porter, Colin Friels, Jacqueline McKenzie, Sam Worthington, Jeremy Sims and Miranda Otto. In 2007 NIDA graduates received five Academy Award nominations, an Emmy Award, the Best Actress Award, Venice Film Festival, eight Sydney Theatre Awards, three Logie Awards, three Australian Writer’s Guild Awards and many more accolades besides.

"NIDA short courses are a great way for people with potential to understand what’s involved in getting into full-time tertiary courses at NIDA", says Mark Gaal, Artistic Associate, NIDA Open Program, "They can also be a stepping-stone directly into a career. For instance, Maeve Dermody, who attended the NIDA Open Programme course the Acting Studio, has recently starred in the Australian feature film ‘Blackwater’.”

Experience the excitement of NIDA’s short courses travelling to a city near you. Online bookings are now available at www.nida.edu.au.

**ENGLISH NEWS**

During this term a group of Year 9 students initiated a day trip to the Sydney Opera House to view a Bell Shakespeare Production of "Hamlet". That excursion took place on Saturday 21 June and it was most successful with the seven girls understanding the script as well as appreciating the performance as opposed to the reading of the script. The girls were a delight to spend the day with.

On Monday 23 June, our Year 11 Advanced students attended a lecture entitled, "How Not To Write A Book". This lecture will be presented at the Byron Bay Writer’s Festival, and was enjoyed by the audience.

Ms Priddis organised an Extension 2 Study Day at the College. This was attended by students from other schools in the Tweed Valley with a presentation from a senior marker of that English course.

Miss Veila recently spent a weekend in Sydney where she attended a conference concerning the new texts for the Advanced HSC English course.

Debating will begin next term with the Border Schools Competition taking place in weeks 4, 5 and 6. The CSSDA competition will follow.

There may be some changes to classes from the beginning of Term 3. This will occur due to results gained during Semester 1. Notification will take place through the diary.

**Do you know the meaning of this word?**

**Responsibility:** (n.) the state or position of being responsible.

**Responsible:** (adj.) being accountable for one’s actions and decisions; involving decision and accountability.

Are you a **responsible** young person? Do you take **responsibility** for your own actions, thoughts, words, work habits?

The following quote relates to 'responsibility':

“The willingness to accept responsibility for one’s own life is the source from which self respect springs.”

Mrs Janet Crouch
English Coordinator

Mrs Sharon Singleton-Newell
CAPA Coordinator
Friday 13 June saw Year 7 students head off to Currumbin Wildlife Sanctuary and the Terrorsaurus Dinosaur Exhibition for a day of Science outside the normal classroom.

The following accounts of students all indicate that not only was it a day of fun but also a day of learning. The look on Miss Priddis’ face when I informed her that Briana had been bitten by a dingo was priceless! Nothing beats a fake bandaged/injured plastic finger.

Students’ accounts:
“\textit{I had a great time because there were a lot of animals that I had never seen.}”

“\textit{It was good because we got to see animals and best of all we could roam free with our friends. I liked it a lot the dinosaurs were cool! The animals were funny and I want to go again!}”

“\textit{I enjoyed \textit{Currumbin} because I have never been there and I enjoyed everything about it.}”

“I enjoyed the excursion very much because we got to walk around with our friends, so it was fun and we got to see all the cute animals without teachers. I also have never been there before.”

“\textit{It was so much fun going around seeing all the animals and the Educational talk was good.}”

\textbf{Ms Gail Berry}  
Excursion Organiser
SCIENCE NEWS

After the initial excursion to the Rainforest was postponed due to a ‘severe weather warning’, Year 11 students set off for the long bus ride up to O’Reilly’s Rainforest in Lamington National Park.

For some who slept the entire time, the journey was uneventful. But for others, the runaway cow and the fast-moving Mercedes-Benz heading straight for the bus on a one lane section of road, provided moments of terror. But in the end, we survived.

Other highlights included Natalie’s up-close-and-personal encounter with the stinging tree, Jazzy being attacked by the vicious brush turkey, Cheyenne discovering hot chips and chocolate were yummy (?), and to Stevie and Jess’ horror, Ashleigh deciding to exercise her trampolining skills on the tree-top walk.

However, there was a serious side to our journey and in a quiet reflection time this is what one student wrote:

Rainforests, such as O’Reilly’s, play a vital role in the ecosystem as they provide for not only species in the rainforest but also human-kind by providing oxygen.

The outstanding features of O’Reilly’s rainforest includes the wide variety of plant and animal life which are not affected by modernisation. Hence the excursion was beneficial to all, due to the hilarious memories and the picturesque landscapes we experienced.

Ms Gail Berry and the Year 11 Biology class

FRENCH NEWS

LANGUAGE NEWS

French students have enjoyed an appetizing session in classes this week with taste testing of French foods.

Their language and ordering skills vastly improved as they politely requested croissants, baguettes and toasts with all the toppings and a drink for a French breakfast.

Mrs Wendy Peterson
French Teacher
TWEED VALLEY SPORTS RESULTS

Round 10 -vs- Wollumbin High School
Wednesday 25 June 2008

Male Sports

<table>
<thead>
<tr>
<th>Best &amp; Fairest</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>A: Lost 79-49 Christopher Best</td>
</tr>
<tr>
<td></td>
<td>B: Lost 39-15 Kieron Donnelly</td>
</tr>
<tr>
<td></td>
<td>14: Lost 24-19 Thomas McGill</td>
</tr>
<tr>
<td>Volleyball</td>
<td>A: Won 3-2 Xavier Ricketts</td>
</tr>
<tr>
<td></td>
<td>B: Won on Forfeit</td>
</tr>
<tr>
<td></td>
<td>15: Lost 3-2 Bodie Nash</td>
</tr>
<tr>
<td>Tennis</td>
<td>A: Lost 20-16 Joshua Crouch</td>
</tr>
<tr>
<td></td>
<td>15: Lost 27-3 Matthew Abela</td>
</tr>
<tr>
<td>Touch</td>
<td>A: Lost on Forfeit</td>
</tr>
<tr>
<td></td>
<td>15: Won 8-4 William Montgomery</td>
</tr>
<tr>
<td></td>
<td>13: Lost 4-3 Billy O'Donohue</td>
</tr>
<tr>
<td>Soccer</td>
<td>A: Lost 2-1 Kevin Fryer</td>
</tr>
<tr>
<td></td>
<td>15: Lost 4-2 Michael Gardner</td>
</tr>
<tr>
<td></td>
<td>14: Won on Forfeit</td>
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<tr>
<td></td>
<td>13: Won 9-0 Luke Spanner</td>
</tr>
<tr>
<td>League</td>
<td>15: Won on Forfeit</td>
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<tr>
<td></td>
<td>14: Won on Forfeit</td>
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<tr>
<td></td>
<td>13: Won on Forfeit</td>
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Female Sports

<table>
<thead>
<tr>
<th>Best &amp; Fairest</th>
<th>Results</th>
</tr>
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<tbody>
<tr>
<td>Basketball</td>
<td>A: Lost 63-2 Hayley Elkington</td>
</tr>
<tr>
<td></td>
<td>B: No Team</td>
</tr>
<tr>
<td></td>
<td>14: Lost 52-6 Samm Jackson</td>
</tr>
<tr>
<td>Volleyball</td>
<td>A: Lost 3-2 Catherine Bissett</td>
</tr>
<tr>
<td></td>
<td>B: Won 3-1 Renee Martin</td>
</tr>
<tr>
<td></td>
<td>15: Won 3-0 Samantha Fien</td>
</tr>
<tr>
<td>Tennis</td>
<td>A: Won 24-10 Samantha Bario</td>
</tr>
<tr>
<td></td>
<td>15: Won on Forfeit</td>
</tr>
<tr>
<td>Touch</td>
<td>A: Won 5-2 Tamika Ebsworth</td>
</tr>
<tr>
<td></td>
<td>15: Won 11-1 Georgia Green</td>
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<tr>
<td></td>
<td>13: Won 16-0 Lauren Condon</td>
</tr>
<tr>
<td>Soccer</td>
<td>A: Lost 4-1 Ania Dorocinska</td>
</tr>
<tr>
<td></td>
<td>15: Won 3-1 Eliza Campbell</td>
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<tr>
<td>Netball OPEN A</td>
<td>Won on Forfeit</td>
</tr>
<tr>
<td></td>
<td>15: Won on Forfeit</td>
</tr>
<tr>
<td></td>
<td>14: Won 38-9 Amy Bacon</td>
</tr>
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<td></td>
<td>13A: Won 50-5 Mackenzie Gregoray</td>
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Mr Peter McLaughlin
Sport Coordinator

Editor’s Note: At the time to going to print we had not yet actually played the Tweed Valley finals – details to come in the next available newsletter.

SPORTS NEWS

SJC ADVANCE TO NORTH COAST FINAL FOR THIRD CONSECUTIVE YEAR

BILL TURNER TROPHY JUNIOR GIRLS SOCCER

A lone goal for SJC in the seventh minute was all it took to seal victory against a dogged Mullumbimby High School to advance to a third North Coast Area Final in three years.

This Round 4 North Coast clash was a repeat of last year’s battle at this stage of the competition at the same Mullumbimby location. It took until the last minute of extra time in 2007 for SJC to win 1-0 but this year SJC were able to land a massive advantage on the game when the zippy SJC striker broke free of the defence in the seventh minute, fired at the keeper, one on one, and finished off the keeper’s rebound into the back of the net – GOAL!!!!

The effort from SJC took the same determination, commitment and mettle that has characterised this team over the past couple of years to fend the challenges of a Mullumbimby side that would not concede victory. At times SJC were made to scramble back in defence as Mullumbimby players executed threatening attacks. On every occasion SJC were equal to the challenge with some excellent teamwork from the backline of defence and an SJC keeper that you could bank your house on.

At half time the game was tightly fought but it looked like SJC were most likely to score. In the game of soccer a 1-0 advantage can quickly be squandered with one simple mistake from any one player. It was, therefore, made clear at half time that every player needed to lift to counter an anticipated Mullumbimby onslaught in the second half.

In the first ten minutes of the second half SJC were guilty of trying to shut down the game far too early. They stopped being first to the ball and within a five minute period SJC allowed Mullumbimby to get back in the game. The SJC girls had to work hard to stop a Mullumbimby midfielder who was given way too much leash to run and, as a result, SJC were on the back foot as Mullumbimby pushed for the equaliser. It took tough bodies to recommit to attacking the ball in order to stop the flow of Mullumbimby. Once again SJC were equal to the task. With fifteen minutes to go SJC had regained the upper hand with some one on one shots at the Mullumbimby keeper that should have produced at least two more goals for SJC. SJC showed experience and skill in shutting down the game in the final ten minutes, not allowing their opposition an opportunity to have any real chances of getting back into the game.

In the end, Mullumbimby proved a very good test for the SJC girls. Much experience should be gained by SJC from this match in marking opponents and making the most of opportunities that present themselves. SJC had much more control of the game than Mullumbimby with many more potent attacks that broke through the Mullumbimby defence. If it was not for a very good Mullumbimby keeper and a little bit of inaccuracy from SJC’s shots at goal the score would have been greater in favour of SJC.

SJC will face off with Alstonville High School early in Term 3 to play in their third North Coast Area Final in three years. SJC have the game to be the North Coast Champions for the second year running. We will see if SJC are indeed good enough when the bar is raised against an Alstonville team that will be eager to push them to their limit.

The SJC team for the game against Mullumbimby High School was:

1. Annie McCleary (10GW1)
2. Katie McCleary (10GG1)
3. Calin Smyth (9LJ1)
4. Hayley Roso (8SS2)
5. Elise Kachel (9FM2)
6. Erin Smith (9FM2)
7. Caitlin McGibbon-Goode (9TN1)
8. Eliza Campbell (BLM1)

Mr Carlo Trimboli – Coach
Georgina Oram (10SJ1) – Manager

Sport: Sport is an important part of the school and students are expected to attend sport each week.
This article is the twenty-third part in our ongoing series of ‘Bad Attitude’ articles. Today we take a look at the ‘bad attitude’ of ungrateful and what we can do about it.

**Bad Attitude**

<table>
<thead>
<tr>
<th>Ungrateful</th>
<th>Attitude Antidote and Replacement</th>
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<tr>
<td></td>
<td>Gratitude, Thankfulness, Courtesy</td>
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**Emergency Attitude Intervention:**

Volunteer your child and yourself to do some type of charitable work, such as playing with children in a homeless shelter, reading to the blind, building low-cost housing, or delivering meals to the housebound. Expose your child to those who have far less comfort, convenience, and material resources than s/he does. Such hands-on face-to-face experiences with poverty, deprivation, or misfortune can go a long way in helping your child appreciate everything with which s/he has been blessed. S/he may also come to realise that happiness doesn’t necessarily depend on material possessions.

Studies suggest that we are producing a large population of spoiled, ungrateful children who always seem to want more and are never quite satisfied with what they have. There are a number of factors that keep our children from developing gratitude. For starters, we have relentless consumption-driven media that push children to think they need more; a hectic-paced lifestyle that leaves little time to help children count their blessings; the sometimes overwhelming impact of troubling news that focuses on the bad parts of life instead of helping children appreciate the good. In addition, we live in a society in which busy, guilt-ridden parents bribe their children with hoards of stuff every time they want them to do something or out of guilt for not being home much. Sometimes with the best intentions, we try to give our children everything we always wanted and never had. Or our competitive instincts compel us to keep up with the Joneses, so we lavish our children with the latest and best of everything. The result is a family culture that expects only the finest things in life and takes for granted a lifestyle that cannot be attained by the other 99 percent of the planet. But are our children grateful? No. Are they jaded by a grandiose sense of entitlement? Yes. And who did this to them? We did!

This pervasive attitude of ingratitude must be reversed. Sowing the seeds of gratitude not only curtails selfishness and jealousy, but is also an integral part of raising happy, emotionally fulfilled children. Research tells us that the happiest children are the ones who feel a sense of appreciation for life – regardless of wealth, health, or personal circumstances. One thing is clear: you must replace your child’s ungrateful bad attitude with the virtues of gratitude, thankfulness, and courtesy. And the sooner you begin the better.

**Bad Attitude Alert**

The war against ingratitude must start now, and the best place to begin is by analysing the source of the problem.

**Diagnosis**

Here are a few questions to help you pinpoint exactly what troubles you most about your child’s ungrateful attitude so you can develop the most effective makeover to change it. Check the following items if they describe your child:

- Unappreciative or ungrateful when someone extends a thoughtful gesture toward him
- Oblivious to the luxury and privileges of his life
- Envious or jealous of other people’s attributes or possessions
- Needs reminders to say “thank you” to others
- Takes for granted his safety, comfort, and good health
- Unsatisfied with the blessings that he has and always seems to want more
- Unwilling to reciprocate with gifts or kind acts to others
- Feels entitled to continuing privileges, luxuries, and other resources

What concerns you most about your child’s lack of gratitude? Is there one thing that you might do to tame your child’s ungrateful ways?

Answering these next questions will help you understand why s/he is resorting to this attitude.

**Why.** Why does your child have this attitude? Is it just because s/he’s spoiled? Has s/he been taught to value only material things? What does s/he gain from being ungrateful? Remember, you use an attitude because it works. Why is s/he continuing to use it?

**What.** Are there particular issues or things over which s/he is especially ungrateful? Are they about wanting stuff, having things to keep up with friends, using it to make the giver feel uncomfortable, being jealous of a sibling or someone else? Who is the source of s/he’s ungrateful attitude?

**Who.** Does s/he display the same ungrateful attitude to everyone? Are there some individuals s/he does not use her/his ungrateful ways on? If so, who? Why not?

**When.** Is there a particular time of day, week, season, or year when your child is more ungrateful? Is there a reason? What about times when s/he receives gifts from others? Does s/he appear appreciative of what s/he receives?

**Where.** Are there certain places s/he is more likely to be ungrateful (at school, home, birthday parties, holidays, with friends, at a relative’s home)? Why?

Now take a look at your answers. Are you seeing any predictable patterns? Do you have any better understanding of your child’s ungrateful attitude and where it’s coming from? What factors might be contributing to your child’s attitude of ingratitude?

**What’s wrong with your current response?**

Now reflect on how you typically respond to your child’s ungrateful attitude. Think of the last time you gave your child a special privilege or gift that you felt s/he was unappreciative of. What did s/he do that you interpreted as an ungrateful attitude? Now play back how you responded to her/his attitude. Was there one thing you could have done that would have changed your child’s ungrateful ways or even curbed them?

What does your response not curb your kid’s ungrateful spirit? It might be something you are allowing, such as giving in to her/his every whim or never requiring her/him to thank others for gifts or kind deeds. It could also be allowing others to overindulge your child. What is the one response you will never try again?

**Facing your own bad attitudes:**

Did your parents instil a sense of gratefulness in you? If so, how? Did they place the same value on possessions and privileges that you do? Did they encourage you to value the spiritual things of life, such as the importance of love and relationships? Have you incorporated any of their attitudes in your parenting? If so, which ones? Which attitudes, if any, would you like to start using with your children?

Next, reflect on your current attitude. Here are a few questions to help you think about how well you are modelling gratitude to your children. Check any that might need to change:

- **How well and how often do you model gratitude?**
  - To your spouse for helping you, expressing appreciation, loving, working hard, or treating you kindly
  - To your children for a job well done, or for everyday behaviours such as coming to the table on time, finishing chores without reminders, waiting patiently, being courteous, or conveying gratefulness
  - To the waiter at the restaurant for providing good service
  - To the grocery worker for bagging your groceries or helping you carry them to your car
  - To the other driver for giving you the right of way or waiting patiently while you park
  - To the babysitter for watching your children and keeping them safe
  - To a stranger for holding the door open for you, holding your space in line, or helping you in some random act of kindness
  - To yourself for your countless blessings such as your health, family, friends, home, or spirituality

The best way our children learn gratitude is by seeing others display appreciation and gratitude in those everyday, unplanned moments. Those examples are ones they are most likely to copy. For instance, how often do your children see you convey your appreciation with hugs, words, or small notes to others for their kind acts bestowed on you or your loved ones? Even more important, how often do you tell your children how much you appreciate them? Think of one simple way you could be a better example of gratitude to your children. Write in how you will use it within the next twenty-four hours to tune up the attitude.
The key trend here is clear: in ways to ensure that your child kicks her/his ungrateful attitude.

For young children, make a game of saying "Thank You ABCs" anytime and anywhere. You and your children say the alphabet together, but for each letter, also try to include something you are grateful for. It goes something like this: A: Aunt Helen; B: my brother; C: my cat; and so on. Families with small children rarely get beyond H, but the point is that you’re having fun together, and your children are also learning to be appreciative.

Say a prayer of thanks as a family before meals.

With an after-meal “gratitude share,” each person reveals one thing he or she is grateful for that happened during the day and why.

As a bedtime ritual, you and your child exchange messages of appreciation for one another followed by a goodnight hug and kiss.

Step 7 – Require Giving

Research shows that children’s grateful spirits are developed through experience, so find opportunities for your child to give to others. Those moments will help her/him see how grateful others are for her/his kind gestures. In turn, s/he will be more likely to incorporate the virtue of gratitude into her/his daily behaviours. You might take homemade cookies to a nursing home, rake leaves for an elderly neighbour, deliver children’s books your family no longer reads to a homeless shelter, or visit a lonely relative or friend. Hands-on giving is really the best way for children to appreciate the power of gratitude. It’s also a wonderful way for them to recognise that often the most appreciated gifts are ones that come straight from the heart.

The “Don’t give me that attitude” makeover:

To eliminate your child’s ungrateful attitude, take the following seven steps.

Step 1 ~ Set Limits

Fight the tendency to overindulge your child with too many things. After all, having too much is one way to squelch gratefulness. So add the word no to your vocabulary. Then don’t feel guilty about using it with your children. Always giving children what they want does not help them learn to be grateful and appreciative of what they have.

Step 2 ~ Verbalise Gratitude

Our children do many thoughtful deeds throughout the day; but we often overlook them. Well, don’t! Hearing you verbalise gratitude is one of the easiest ways to boost children’s grateful hearts as well as walk and talk gratitude. Just be sure to tell your children what they did that you appreciate. Not only will they be more likely to repeat their kind action, but they will copy your example and send “appreciation messages” to others deserving their thanks.

“Kevin, thanks for remembering to take out the trash. I appreciate your helpfulness.”

“Thanks for giving me a moment by myself, Haley. I had a really hard day at work, and I appreciate your thoughtfulness.”

Step 3 ~ Help Your Child Tune into What Makes Others Happy

Grateful hearts are created not from centring on personal needs but centring on others. Help your child focus on what others appreciate. It’s an easy but powerful way of boosting her/his understanding of gratitude, as well as helping her/him recognise simple ways to make others happy. Here’s an example:

Parent: Uncle Ken has been with us for two days. What have you noticed that he appreciates?
Child: He was really happy when I talked with him yesterday.
Parent: You’re right! I bet he’d really be grateful if you did that again today. Why not do it again to make him happy?

Step 4 ~ Help Your Child Imagine the Recipient’s Feelings

One way to help your child understand the impact of gratitude is by having him imagine how the recipient of his kind actions feels. Suppose your child just sent a thank-you card to his aunt for the birthday present she bought, buy, buy, buy and won’t take no, no, no for an answer. A national survey of youth commissioned by the Center for a New American Dream found that the average American kid aged twelve to seventeen who asks his or her parents for products that have been advertised will ask nine times until their parents finally give in.

For parents of ‘tweens’ the problem is particularly severe: more than 10 percent of twelve to thirteen year olds admit to asking their parents more than fifty times for products they’ve seen advertised. The key trend here is clear: our children don’t give up until we give in. So don’t give in: saying no and meaning it is one of the best ways to ensure that your child kicks her/his ungrateful attitude.

The First 21 Days:

Start a ‘Count Your Blessings’ Campaign in your family. For younger children, start a night-time tradition in which each family member is encouraged to give thanks for at least one thing that happened during the day. Watch your children’s gratitude multiply for even the simplest kind acts because your family is more intentional at noticing and then acknowledging them. For older children, have them keep a Gratitude Journal with an entry each day that documents something they’ve done or seen that expresses an attitude of gratitude and appreciation for the blessings of life.

Another idea is to encourage your children to do one random act of kindness each day for someone in the family, at school, among their friends, or even a perfect stranger. This can be planned or spontaneous or must be shared before the day is over. Hint: Suggest they see the film or read the book titled Pay It Forward.

Attitude Makeover Pledge:

How will you use these steps to help your child become less ungrateful and achieve long-term change? What exactly do you agree to do within the next twenty-four hours to begin changing your child’s attitude so s/he is less ungrateful and more appreciative?

The New Attitude Review:

All attitude makeovers take hard work, constant practice, and parental reinforcement. Each step your child takes toward change may be a small one, so be sure to acknowledge and congratulate everyone of them along the way. It takes a minimum of twenty-one days to see real results, so don’t give up! And if one strategy doesn’t work, try another. Keep track of your child’s weekly progress.

Ongoing Attitude Tune-Up:

Where does your child’s attitude still need improvement? What work still needs to be done?

Attitude Makeover Resources:

Resources, such as the book mentioned in this article, “Don’t Give Me That Attitude”, by Michele Borba, Ed.D., can be of great help for both parents and children.

For Parents:


Ms Frances Stegeman
Pastoral Advisor

School Shoes: Parents are reminded that school shoes are to be of the traditional, hard leather lace-up style.
**Approach pedestrian crossing too quickly to stop**

**Approach children’s crossing too quickly to stop safely (school zone)**

**Provisional P1 exceed speed over 45km/h licence (school zone)**

**Provisional P1 exceed speed over 30km/h P1 licence (school zone)**

**Provisional P1 exceed speed over 15km/h Provisional P1 exceed speed 15km/h and under**

**Exceed speed over 15km/h – other than a P1 Exceed speed 15km/h and under – other than a Category & Description of Offence | Fine $ | Demerit Points
--- | --- | ---
**School Zone General Driving Offences**
**CROSSINGS & SHARED ZONES**
Approach children’s crossing too quickly to stop safely (school zone) | $397 | 4
Not stop at children’s crossing/pedestrian on crossing (school zone) | $397 | 4
Proceed at children’s crossing/pedestrian at crossing (school zone) | $397 | 4
Approach pedestrian crossing too quickly to stop safely (school zone) | $397 | 4
Not give way to pedestrian on pedestrian crossing (school zone) | $397 | 4
**PATHS / STRIPS / ISLANDS**
Drive on path (school zone) | $318 | 4
Drive on nature strip (school zone) | $318 | 4
**REVERSING**
Not reverse vehicle safely (school zone) | $185 | 3
**VIEW & CONTROL**
Drive without proper control of vehicle (school zone) | $397 | 4
Drive vehicle without clear view (school zone) | $318 | 4
**MOBILE PHONES / TV / VDU**
Drive vehicle with TV/VDU image visible to driver (school zone) | $318 | 4
Drive using hand-held mobile phone – not L or P1 (school zone) | $318 | 4
Learner or P1 driver use mobile phone while driving (school zone) | $318 | 4
**School Zone Parking Offences**
Disobey no stopping sign (school zone) | $238 | 2
Disobey no parking sign (school zone) | $238 | 2
**INTERSECTION / CROSSINGS**
Stop on near children’s crossing (school zone) | $318 | 2
Stop on near pedestrian crossing (school zone) | $318 | 2
Stop on near marked foot crossing (school zone) | $318 | 2
**BUS STOP / ZONES**
Stop in bus zone (school zone) | $238 | 2
**DOUBLE PARK**
Double Park (school zone) | $238 | 2
**School Zone Speeding Offences**
**CLASS A MOTOR VEHICLE**
Exceed speed 15km/h and under – other than a P1 licence (school zone) | $132 | 4
Exceed speed over 15km/h – other than a P1 licence (school zone) | $318 | 4
**PROVISIONAL P1 SPECIAL SPEED LIMIT - 90km/h**
Provisional P1 exceed speed 15km/h and under (school zone) | $132 | 5
Provisional P1 exceed speed over 15km/h (school zone) | $318 | 5
Provisional P1 exceed speed over 30km/h (school zone) | $768 | 5
Provisional P1 exceed speed over 45km/h (school zone) | $1,750 | 7

**The following information, regarding increased penalties for school zones, is provided to families of the St Joseph’s College community. The RTA states that these fines are designed to improve the safety of our children, and came into effect on 21 May 2007. For a full list of new penalties and offences, please visit www.rta.nsw.gov.au/schoolzones.**

**School Zone Parking Offences**

**Disobey no stopping sign (school zone) | $238 | 2**

**Disobey no parking sign (school zone) | $238 | 2**

**Intersection / Crossings**

**Stop on near children’s crossing (school zone) | $318 | 2**

**Stop on near pedestrian crossing (school zone) | $318 | 2**

**Stop on near marked foot crossing (school zone) | $318 | 2**

**Bus Stop / Zones**

**Stop in bus zone (school zone) | $238 | 2**

**Double Park**

**Double Park (school zone) | $238 | 2**

**School Zone Speeding Offences**

**Class A Motor Vehicle**

**Exceed speed 15km/h and under – other than a P1 licence (school zone) | $132 | 4**

**Exceed speed over 15km/h – other than a P1 licence (school zone) | $318 | 4**

**Provisional P1 Special Speed Limit - 90km/h**

**Provisional P1 exceed speed 15km/h and under (school zone) | $132 | 5**

**Provisional P1 exceed speed over 15km/h (school zone) | $318 | 5**

**Provisional P1 exceed speed over 30km/h (school zone) | $768 | 5**

**Provisional P1 exceed speed over 45km/h (school zone) | $1,750 | 7**

**CANCENT NEWS & ROSTER**

**THANK YOU!**

Once again, thank you to all the wonderful Term 2 Canteen helpers. Term 2 is a busy term so your help has been invaluable. Really, we couldn’t operate without you! Have a safe, happy and relaxing holiday break and see you next term!

**Canteen Roster**

**Week 1**

- **Monday 21 July**
  - **World Youth Day Holiday**
  - **Tuesday 22 July**
    - Cathy Jamieson & HELP
  - **Wednesday 23 July**
    - Mary-Anna Perlffien & HELP
  - **Thursday 24 July**
    - Julie Crouch & Lyn Klein
  - **Friday 25 July**
    - Donna West & Sharlene Menz

**Week 2**

- **Monday 28 July**
  - Jan MacQueen & Michelle Clarke
- **Tuesday 29 July**
  - Lee Camp & HELP
- **Wednesday 30 July**
  - Helen Steele & HELP
- **Thursday 31 July**
  - Donna Fien & Margaret Putland
- **Friday 1 August**
  - Fern Wendt & Trish Baldwin

**ATHLETICS CARNIVAL**

**Student of the Week**

As this is the last day of school we have no photo, but don’t despair, ‘Student of the Week’ will reappear next Term.

We hope that everyone has a safe and happy break and we’ll see you all in Term 3.

**Student Council**

**ATHLETICS CARNIVAL**

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**Student Council**

**Catholic Family & Community Services**

**Family Relationships Services**

**Divorce/Seperation Recovery Program**

Centacare is conducting a Divorce and Separation Recovery Workshop commencing on 9 July 2008. This workshop will run for seven weeks each Wednesday evening from 6:00pm to 8:00pm.

This gentle non-confrontational and supportive workshop provides a wonderful opportunity for people who are struggling to overcome one of life’s challenges.

Please call Centacare on (07) 5556.9900 for more information about this workshop.

**Parents/Caregivers** are reminded that Term 3 commences on Tuesday 22 July.

**ALL YEAR GROUPS RECOMMENCE SCHOOL ON THAT DAY**

**Have a great holiday break and see you in Term 3!**

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The School Newsletter and School Calendar are both available online @ www.bps.lism.catholic.edu.au.
The School Calendar contains year group events, assessment schedules and term dates.
### Canteen Roster – Term 3 Planner – 2008

<table>
<thead>
<tr>
<th>Day/Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<td>21/7/08</td>
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<tr>
<td>July 21-25</td>
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<td><strong>Year 10 Reflection Day</strong></td>
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<td><strong>Year 10 P/T/S Evening</strong></td>
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<td>July 28-Aug 1</td>
<td><strong>“Verbal Combat”</strong></td>
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<td><strong>Australian Mathematics Comp</strong></td>
<td><strong>Year 11 2009 Information Night</strong></td>
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<td><strong>UNSW Mathematics Competition</strong></td>
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<td><strong>Year 8 P/T/S Evening</strong></td>
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<td><strong>2 people needed</strong></td>
<td><strong>Feast of the Assumption</strong></td>
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<td><strong>Border Schools Debating</strong></td>
<td><strong>Year 11 Leadership Camp</strong></td>
<td><strong>Year 7 “Sticks &amp; Stones”</strong></td>
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<td><strong>Border Schools Debating</strong></td>
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<td><strong>1 person needed</strong></td>
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<td><strong>Diocesan Athletics</strong></td>
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</tbody>
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**DIANNE – CANTEN MANAGER (W) 5524.9002**