Dear Parents, Staff, Students, and Supporters of St Joseph's College,

“Life’s too hard!”
“I can’t cope!”
“Nobody’s life is as tough as mine!”
“Leave me alone!”

I’m sure you’ve heard this all before. On Monday 26 March, Years 7, 8, 9 and 10 all viewed Motivational Media’s “Velocity”. The presentation was about taking control of life’s direction. The presentation featured five inspirational stories. One person’s story stood out. His name is Nick Vujicic.

Despite being born with no arms and no legs, Nick does not consider himself disabled. He talks about the greatest disability being that of the mind and how physical and mental challenges can be met, one step at a time. At 23, Nick has completed a double degree and it was amazing to watch how Nick tackles everyday tasks such as typing, shaving, cleaning his teeth, operating a DVD, using his mobile phone and swimming. Everything he did, he did with a smile.

In a similar way, Jesus faced many obstacles in his life. In this Holy Week of the Church, the most important in the life of the Church, we need to examine who Jesus is for us. I came across the following reflection written by Cardinal Joseph Bernardin of Chicago USA:

A man who was in touch with his humanity
He was a man who experienced the same human longings and passions as ourselves, though he never sinned. Down-to-earth, he was sensitive to human feelings. He was compassionate and not reluctant to show emotions of joy, sorrow, and anger.

A teacher
He was not sophisticated. He often preached in parables using images and realities with which people were familiar. He never hedged, never avoided the “hard sayings”, but took people as they were. He was not upset if at first they did not understand him or even walked away.

A person of integrity
There were no contradictions in his message, his life or his ministry.

A lover
He constantly talked about love. When asked which is the greatest commandment, he answered: “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbour as yourself. The whole law and the prophets depend on these two commandments.” (Mt 22: 37-40). He invited people to share his love and be intimate with him. This love would also connect people with his Father (God).

A patient man
He was not given to panic. He was stable. The one exception was his anger at the moneychangers in the temple. He was patient even with those who maligned him, knowing that in the end his truth would prevail. He was able to convince others by the sheer power of his personality and message.

A man who understood that suffering and death were the key to ultimate success, his Resurrection.
We can expect no less. Despite the gloom of Holy Week, we await the joy of the Resurrection.

One can only hope that we can respond to the call of striving for better things.

May the glory of our resurrected Lord inspire us all this Easter.

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
Haven’t the weeks just flown past - not that we’ve been counting!

Term 1 is such a busy time: it’s a time for starting a new school, starting a new year, settling into new classes, working with new teachers; it’s a time for starting things. It’s a time for setting up for the whole school year - no wonder then the time has passed so quickly!

As this is the final newsletter for Term 1, it’s also a time for looking back at some of our achievements and for looking forward to what must come next: Term 2! We have lots of stories and information, so please, take the time to get together with the family and read over this special holiday edition of the Newsletter.

We wish everyone a safe, happy and Holy Easter. Enjoy the holidays and see you in Term 2.

We hope you enjoy today’s issue.

IN THIS ISSUE:
- Principal’s Notes
- Talent Quest Finals
- Deputy’s Notices
- Easter Mass & Reconciliation Times
- Religious Education News
- Caritas Australia’s 2007 Project Compassion
- St Vinnies Update
- Curriculum News
- ANZAC Day March 2007
- The WORD this week is . . .
- Leadership Day
- World’s Greatest Shave 2007
- SNAP Trial/Practice Testing for Year 7: Monday 30 April (Week 2, Term 2)
- SNAP Testing for Years 7 and 8: Tuesday 8 May (Week 3, Term 2)
- Mother’s Day SRC Fundraiser
- VET Report
- Gifted & Talented Chess Competition
- Year 11 News
- Youthsafe Advice
- Pastoral News
- Tweed Valley Results
- Jumpers for the Needy
- Canteen News & Roster
- Uniform Shop Hours
- “Student of the Week” goes on holiday
- Term 2 starts Monday 23 April - see you then!

PRINCIPAL’S NOTES

BEST WISHES

Three members of staff will be commencing maternity leave after this week. I’m sure you would like to join with me in wishing a very safe and healthy delivery to Mrs Nicole Taylor, Mrs Danielle Young and Mrs Kylee Gelkov and that their time at home is a truly wonderful experience.

PRAYERS

Please pray for the repose of the soul of Mr Tony Channell’s brother who passed away on 29 March in the United States:

“Eternal rest grant to him O Lord
And may perpetual light shine upon him.
May he Rest in Peace. Amen.”

TERM 2 DATES

Please note that Term 2 for students will commence on Monday 23 April and it will be Day 1 of the ten-day cycle. Term 2 will conclude on Friday 29 June.

ANZAC DAY

The first Wednesday of Term 2 will be the Annual ANZAC Day holiday. All students are encouraged to march with the College. Please assemble in Chalk Street, Coolangatta by 10:00am.

Mr Peter McLoughlin
Principal

Talent Quest Finals

on

Friday 18 May 2007
(Week 4, Term 2)
in the Doyle Centre
St Joseph’s College

Year 12 invite you to the Finals of the 2007 Talent Quest
to be held at the College
Friday 18 May 2007
commencing at 6:00pm

A huge array of talent to be seen, and heard!

AND

Lots of yummy food on offer for very reasonable prices
Food will be served outside the Doyle Centre
Great raffle prizes

Entry – gold coin donation
COMING EVENTS

WEEK 1
Monday 23 April ............................................................ (Day 1)
School commences for all Year groups
Year 12 Half-Yearly Exams (23 April to 4 May)

Wednesday 25 April .......................................................... (Day 4)
Public Holiday ~ ANZAC Day

WEEK 2
Monday 30 April ............................................................. (Day 1)
Year 7 SNAP Practice Test
Year 10 “Cheap Thrills” production
Cochrane Cup competition (selected students)

Tuesday 1 May ............................................................... (Day 2)
Year 7 & 8 SNAP testing

Wednesday 2 May ........................................................... (Day 3)
Year 12 Retreat (9-11 May)

Thursday 3 May ............................................................... (Day 4)
Big Science Competition

Friday 4 May ................................................................. (Day 5)
Year 11 Meals on Wheels (selected students)

talent quest finals

WEEK 5
Wednesday 23 May ........................................................ (Day 6)
Diocesan Cross Country competition
School Disco (6:00-10:00pm)

Thursday 24 May ........................................................... (Day 7)
Year 11 Half-Yearly Exams (7-11 May)
Year 10 Sydney/Canberra (6-11 May)

Friday 25 May ................................................................. (Day 8)
G&T Regional Day (selected students)

WEEK 6
Friday 1 June ................................................................. (Day 9)
Year 11 Biology Field Trip (selected students)

WEEK 7
Monday 4 June ............................................................... (Day 1)
Years 7-10 Half-Yearly Exams (4-6 June)
Year 11 Retail Work Placement (4-6 June)
Year 12 Parent/Teacher/Student Evening

Friday 8 June ................................................................. (Day 2)
Year 11 Meals on Wheels (selected students)

WEEK 8
Monday 11 June ............................................................. (Day 3)
HPV Immunisation (Pt 1)

Tuesday 12 June ............................................................ (Day 4)
Year 11 Parent/Teacher/Student Evening

Wednesday 13 June .......................................................... (Day 5)
Year 8 into Year 9 2008 Elective Evening

Thursday 14 June ........................................................... (Day 6)
OPEN DAY

WEEK 9
Tuesday 19 June ............................................................ (Day 7)
Year 8 into Year 9 2008 Elective Evening

Wednesday 20 June ........................................................ (Day 8)
Diocesan Soccer competition

Thursday 21 June ........................................................... (Day 9)
Year 7 2008 enrolments close

Friday 22 June ............................................................... (Day 10)
HPV Immunisations (Pt 2)

WEEK 10
Wednesday 27 June ........................................................ (Day 1)
Diocesan Surfing competition

Friday 29 June ............................................................... (Day 2)

TERM 2 ENDS – THIS IS A NORMAL SCHOOL DAY

SCHOOL REPORTS POSTED

WINTER UNIFORM

Commencing Term 2, boys are required to wear the College tie each day (excluding sports days). A reminder that the boy’s belts are to be plain black leather, NOT cloth style.

Girls are permitted to wear flesh or grey coloured tights. NOTE: black tights are NOT permitted.

UNIFORM CODE

Could I please remind students and parents of the College’s Uniform Code:

Every student is expected to wear the complete uniform to and from school and for any official school function as required. Students should be neatly groomed wearing the College uniform with pride and for boys this means shirts are to be tucked inside the shorts, and for girls the socks are not to be worn as ankle socks (the stripes must be visible). Caps are to be free from graffiti.

Students who are not correctly attired must have a note with them from their parents explaining the reason for not wearing the proper uniform in the diary. This is to be shown to the homeroom teacher. If there is no note a lunchtime uniform detention is issued by the Year Coordinator. Parents are expected to support the College by promoting the wearing of full school uniform unless in exceptional circumstances.

The following points apply to both boys and girls:

- Combinations of sports and usual uniform are not permitted. Tracksuit tops may be worn as an outer garment.

- Body Ornaments: One sleeper in each ear lobe is acceptable. One simple ring may be worn. Neck jewellery (except for traditional religious medals) may not be worn. Ankles and wristbands are not permitted. Tattoos etc. are not permitted. No other visible body piercing is acceptable.

- Hair should be neat, clean and tidy at all times. No extreme styles or colourings are permitted. It is the Principal or Deputy Principal’s prerogative to determine whether or not a hairstyle is unacceptable. If any doubt exists, contact the College beforehand. Hair accessories are to be in College colours. Long hair is to be tied back.

- Boys are to be clean-shaven.

- Make-up (including foundation and eye shadow) is not to be worn. Only clear nail polish is acceptable.

- Extremes of fashion, hair or body-piercing may result in suspension from school until the matter is resolved.

NB. Boys who present themselves at school unshaven may be asked to shave. Supplies of razors and skin-sensitive shaving cream are available at school.

Mr Peter Lyon
Deputy Principal
EASTER MASS AND RECONCILIATION TIMES

ST JOSEPH’S PARISH
MASS TIMES

Thursday 5 April (Holy Thursday)
Mass of the Lord’s Supper 7:00pm Mass
Friday 6 April (Good Friday)
Stations of the Cross 10:00am
Solemn Liturgy 3:00pm
Saturday 7 April (Holy Saturday)
The Easter Vigil - Liturgy of Light, Word, Water, Eucharist
7:30pm - Easter Vigil Mass
(note: longer than usual Mass)
supper afterwards
Sunday 8 April (Easter Sunday)
7:00am and 9:00am Mass

RECONCILIATION TIMES
Thursday 5 April (Holy Thursday)
4:30-5:00pm
Fr Michael Brady 
Parish Priest

ST ANTHONY’S PARISH
MASS TIMES

Thursday 5 April (Holy Thursday)
Mass of the Lord’s Supper
(12 chosen men; washing of the feet)
Exposition Pottsville 7:00pm
Friday 6 April (Good Friday)
Stations of the Cross Pottsville After Mass-8:30pm
Solemn Liturgy Pottsville 9:00am
Kingscliff 10:30am
Saturday 7 April (Holy Saturday)
The Easter Vigil - Liturgy of Light, Word, Water, Eucharist
Kingscliff 7:00pm
Sunday 8 April (Easter Sunday)
Pottsville 7:00am
Kingscliff 9:00am

RECONCILIATION TIMES
Thursday 5 April (Holy Thursday)
Pottsville After Mass-8:30pm
Friday 6 April (Good Friday)
Kingscliff 11:00-11:30am
Saturday 7 April (Holy Saturday)
Kingscliff 9:00-9:30am
Fr Jim Griffin 
Parish Priest

RELIGIOUS EDUCATION

SAINT JOSEPH’S DAY,
MONDAY 19 MARCH
AND
Easter Liturgy,
Thursday 5 April

Many thanks to the Year 11 students who assisted with the organisation and/or helped with the preparation of both the St Joseph’s Day Liturgy and the Easter Liturgy.

I would like to commend all our students on their behaviour as we celebrated these occasions together as a College community. Our students showed respect during these important dates in the Catholic calendar.

Mr Scott McDermott
RE Coordinator - Ministry

PROJECT COMPASSION

At Easter, we celebrate Christ’s victory over death through his resurrection. This week’s Project Compassion story is about Ellen and her indigenous community who are gaining budgeting and mentoring skills. Your donation to Project Compassion will support the development of other indigenous communities.

[Editor’s Note: At the time of printing, collections were still being made. Please be advised that a tally will be recorded in the next available publication.]

Celebrate that many people’s lives will be improved thanks to your generosity. Thank you for supporting Caritas Australia’s Project Compassion. Have a wonderful Easter.

Year 11 Committee

With the money raised last year, our St Joseph’s Vinnies conference has joined the ‘Assist-a-Student’ Program run through the St Vinnies society. For $70 a year, our conference is sponsoring Sheila Codilla who is currently in Grade 4 in the Philippines. Our money pays for all her education needs for the next year. It is a simple way for us to make a huge impact in changing someone else’s life. Hopefully, this initiative will be continued in the future.

At the start of this term, we held our annual St Vincent de Paul Society elections to elect new office bearers for 2007. For those new to the College community, our school runs a St Vinnies conference involving fundraising and assistance to those less fortunate. It is open to all Year 10, 11 and 12 students, but it is a tradition at the College that the conference is run by Year 11 students. So the new office bearers for 2007 are:

President Sam Monaghan (11E)
Vice-President Phoebe Cupples (11B)
Secretary Daniel Mulheran (11A)
Treasurer Renee O’Connor (11E)

Thanks to all those who nominated and good luck to all involved in running the conference this year.

Karly Goodman (12A)
**CURRICULUM NEWS**

**CURRICULUM AWARDS ON ASSEMBLY**

At last Monday’s Assembly, the following students were presented with their Curriculum Award for excellence in formal assessments during March:

**Year 12**
- Daniel Doyle: Legal Studies, Ancient History, Studies of Religion 1
- Karly Goodman: Modern History, Studies of Religion II, Mathematics 2 Unit, English Extension 1
- Annie Lyon: Modern History, Studies of Religion II, Ancient History, English Extension 1
- Daniel Marriott: Modern History, Mathematics 2 Unit, Studies of Religion 1
- Emma Riles: Physics, Studies of Religion 1, English Extension 1
- Kate Spinks: Studies of Religion II, Drama, Community and Family Studies
- Alana Willmot: Community and Family Studies, Visual Arts, Studies of Religion 1

**Year 9**
- Torrey Atkin: Catholic Studies, Mathematics Stage 5.3, English, Drama
- Christopher Boyle: French, Mathematics Stage 5.3, English
- Giovanna Falchi: Catholic Studies, French, Mathematics Stage 5.3
- Timothy Wong: Catholic Studies, Mathematics Stage 5.3, English, Graphics

**Year 8**
- Liam Bolster: Music, English, Technology, French
- Sarah Hipwell: Mathematics Stage 4.3, Technology, French
- Taylor Liddiard: Music, Mathematics Stage 4.3, French
- Nicholas Lovett: Music, English, Mathematics Stage 4.3, Technology
- Rhia Rhee: English, Music, French
- Ellouise Southon: Music, English, Technology
- Maddison Wong: Music, English, Technology
- Alexander Wyper: Mathematics Stage 4.3, English, French

**Year 7**
- Amy Baird: Music, Technology, Catholic Studies
- Kieran Baker: Catholic Studies, Technology, English
- Jye Dawson: Music, Catholic Studies, Technology
- Maccalla Fenn: Music, Catholic Studies, English
- Liam Knott: Music, English, Catholic Studies
- Sam Knott: Music, English, Catholic Studies
- Heather Lawson: Music, Technology, Catholic Studies
- Monique Mai: Music, Catholic Studies, Technology
- Zoe Mathieu: Music, Technology, English, Catholic Studies
- Thomas McGill: Catholic Studies, Mathematics Stage 4.3, Technology

**ANZAC DAY MARCH 2007**

As part of the last Newsletter (19 March) a letter was included regarding the ANZAC Day March for 2007. ANZAC Day this year falls on the Wednesday of Week 1, Term 2 and it is hoped that it will receive strong support.

Students who are attending will need to have their names marked off in Chalk Street, Coolangatta, no later please than 10:00am on 25 April.

We march to remember those who have served their country. 2007 marks the 90th anniversary of many battles in which Australians were involved on the Western Front and the 60th anniversary of Australia’s first involvement in UN peace operations.

All students marching are advised to bring their school hat. Full school uniform is to be worn. It is important that students make every effort to look their best. Sunscreen may also be necessary. Students can wear their family member’s medals but please note that the medals of relatives are to be worn on the right breast.

The RSL has asked for the numbers of those participating by today, however, if you haven’t already responded, please see me as soon as possible. Please also return the permission notes so that catering can be organised.

Thanking you in anticipation of your support.

**Do you know the meaning of this word?**

Sacrifice: (n.) the surrender of something of value as a means of gaining something more desirable or of preventing some evil; the loss entailed by giving up something.

Think about the sacrifices that others have made on your behalf...
Karly Goodman – the author of the following report – and Luke Barnes took part in the annual gathering of young leaders in Sydney last week. Karly and Luke were wonderful representatives of the College and took great interest in the day’s events.

Ms Frances Stegeman
Pastoral Advisor


After arriving in the heart of the city we were greeted with a warm welcome at Parliament House by Geoff Provest, the new State Member for Tweed (and Luke’s close friend). Along with other captains from Catholic schools around the state, we heard Members of Parliament and Parliamentary staff talk about their roles. After morning tea we were given a guided tour where Luke was more than happy to give Ms Stegeman and I a running commentary on everything! We visited the Legislative Assembly and Legislative Council and learnt about Parliamentary process and how laws are passed.

After lunch we listened to an inspiring speech from a member of Father Chris Riley’s Youth of the Streets. Throughout the day, it was reiterated that ‘teamwork is the only way to achieve’, something that Luke and I endeavour to do everyday in our work.

Our day concluded with a little shopping (we had to fill in time before our flight left). It was a long, tiring day, but extremely worth it, inspiring Luke and I to make a difference in the world.

Karly Goodman (12A)

A tourist needs a map.
A pilgrim needs direction.
Young people and the Pope.
Together.

466 DAYS TO GO

“You will receive power when the Holy Spirit has come upon you; and you will be my witnesses.”

Acts 1:8

MOther’S DAY
SUNDAY 13 May 2007
SRC Fundraiser

Treat Mum to something special for Mother’s Day

Special goodies will be on sale at the College during Weeks 2 & 3, Term 2

Start saving to buy something to let Mum know how much you care . . .
Mobile Phone Policy: Mobile phones are not to be brought to school. If there are exceptional circumstances, the phone is to be left at Student Reception upon arrival and collected on departure.

SNAP TRIAL / PRACTICE TESTING

In addition to the 2007 SNAP examinations on Tuesday 8 May (Week 3, Term 2), the College has agreed to run a trial/practice test for Year 7 only.

This trial/practice test will take place on Monday 30 April (Week 2, Term 2). This test will be a PRACTICE ONLY and WILL NOT BE THE ACTUAL 2007 EXAMINATION. The trial/practice test will be taken by ALL YEAR 7 STUDENTS and will provide students with an invaluable preparation for the SNAP examination procedures in Week 3. Students will need to bring a water bottle and a reading book.

Mr Carlo Trimboli/Ms Serena Rose
Literacy/Numeracy Coordinators

ST JOSEPH’S DAY

St Joseph’s Day, Monday 19 March, was marked this year by a school liturgy in the Doyle Centre Chapel and the introduction of the St Joseph’s Challenge – an SRC initiative which we hope will become an annual event and a fun way for the College community to celebrate the feast of our patron saint, St Joseph.

The Challenge involved each Homeroom class organising two captain ball teams to compete in heats with the winners representing their Year group in the hotly contested final. Each student making it to the finals won a discount voucher to Wet’n’Wild / Movieworld / Dreamworld theme parks. The winning finals team members scored a block of chocolate each and the honour of winning the St Joseph’s Day Challenge trophy for their homeroom. Congratulations to 12B – winners of the first St Joseph’s Day Challenge.

Numeracy Information
SNAP Testing
Years 7 and 8 2007

On Tuesday 8 May (Week 3, Term 2), all Year 7 and Year 8 students will be participating in the Secondary Numeracy Assessment Program (SNAP).

The tests are produced by the Educational Measurement and School Accountability Directorate of the NSW Department of Education and Training and are comprehensive tests of the literacy and numeracy skills needed in the subject areas studied by Year 7 and 8 students.

Students are requested to provide their name, gender and date of birth. This information will be used when reporting student achievement in literacy and numeracy. Students are also requested to provide information as to whether they are from an English or non-English speaking background and information as to whether or not they are Aboriginal or Torres Strait Islander. This information is treated confidentially and held securely to ensure that all students’ right to privacy is maintained.

The results of the tests will provide important information about what each student can do, and will indicate where any student may need help. The reports will be sent to the school mid-year and will be used to support teaching and learning programs that will improve the literacy and/or numeracy achievements of our students. A report giving results achieved by your child will also be provided to you.

Students are advised to bring reading material in case they complete the test before the allocated time. They are also encouraged to bring their own water bottles for use during the tests, should they require a drink.

If you have any concerns or questions about the tests, please contact either Mr Trimboli or Mrs Rose at the College.

Mr Carlo Trimboli &
Mrs Serena Rose
Literacy/Numeracy Coordinators

ST JOSEPH’S DAY

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It was an afternoon full of light-hearted fun and everyone seemed to enjoy themselves! Thanks to the SRC members who organised and ran the events with the assistance of their Year Coordinators and teachers. It was great to see staff and students working together and having fun.

Ms Frances Stegeman
Pastoral Advisor

"WORLD'S GREATEST SHAVE" is coming to St Joseph’s College!!!

As students and their families would be aware, Luke McCarron (11D) has been raising money – and awareness – for the Leukaemia Foundation this term.

We have wonderful news: Luke has raised $1,000!

Congratulations Luke!!

Luke will be having his head shaved on the night of the Talent Quest, Friday 18 May (Week 4, Term 2).

The money raised also funds cutting-edge research into better treatments and cures through their national research program helping to improve survival rates for adults and children.

Luke will continue his collections up until the night of the Talent Quest, so please continue to support Luke in his fundraising efforts.
VET REPORT

Congratulations to our Year 12 Hospitality students who completed their final work placement last week.

Students were placed with a number of restaurants and cafés and employers spoke very highly of our students.

Year 11 Hospitality students will not do work placement until early Term 3 but have been busy completing modules on Hygiene and Safety which will allow them to undertake practical activities.

The students look fabulous in their new chef’s uniforms (see photos) and I look forward to seeing them in action in the industrial kitchen next term.

We have been invited to enter five (5) of our Year 11 Hospitality students, (as well as five (5) Year 9 Food Technology students), to compete in an inter-school competition call the Mock Café. We will be supported by Brad Whittaker from the Tweed Bowling Club who will assist us to design a menu for our café and serve this to the judges at the end of Term 2. I will keep you informed regarding the success of this project.

Our Retail students have settled into this new course with interest and enthusiasm. Mr Joseph will let them know about their work placement requirements next term.

Thank you for your support.

Ms Karen Parker
VET Coordinator

GIFTED & TALENTED REPORT

St Joseph’s College competed in the first round of the ‘Country Secondary Schools Chess Knockout’ Competition last week against Mt St Patrick College, Murwillumbah.

The team consisted of:

Ricardo de Azevedo (7E)  Mark Bailey (11C)
Jackson Hendriks (11D)  James Morgan (11D)

Each member defeated their opposition for St Joseph’s College to win 4-0.

Congratulations to the four members on their excellent performance and for the manner in which they represented the College.

Mr Paul Bush
Organiser

CAREERS NEWS

Australia’s largest Careers and Employment Expo is making two exhibitions this year. These expos are an excellent opportunity for students and their families to gather information, to experience ‘working that job’ and to talk to professionals from a wide variety of industries nationwide. Entry to each expo is free!

The first of the two expos falls in the school holidays; and the second one, at the end of the first week back to school.

Brisbane:
Dates: Friday 20 to Sunday 22 April 2007
Times: 9:00am - 4:00pm (Friday)
       10:00am - 4:00pm (Saturday & Sunday)
Entry: FREE Public Admission
Venue: Brisbane Convention and Exhibition Centre

Gold Coast:
Dates: Friday 27 & Saturday 28 April 2007
Times: 9:00am - 4:00pm (Friday)
       10:00am - 4:00pm (Saturday)
Entry: FREE Public Admission
Venue: Gold Coast Convention & Exhibition Centre

And for more information you can go to the website www.eocexpo.com.au. There is a link at this website to see the list of the 100+ exhibitors participating and to get an idea of the industries/jobs represented.

Mr Matthew Hall
Careers Coordinator

Messages to Students: Office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature.
Year Coordinators will endeavour to deliver non-urgent messages at lunchtime, or prior to the end of the school day.
YEAR 11 MATTERS

Congratulations Year 11: what a fantastic start to the year. This term, Year 11 students have settled into the academic and social life of the College. Quite a few students have recently received letters of commendation affirming their scholastic pursuit of excellence – well done to these students.

Other students identified in a process of consultation with staff received letters stating that certain aspects of their scholastic pursuit needed fine-tuning. I actively encourage these students to discuss these aspects and to consolidate their efforts in Term 2.

Furthermore this term, Year 11 have availed themselves of the opportunity to reach out to the community by their involvement in the orchestration of collection of funds for Project Compassion, their willingness to train for Rosies, St Vincent de Paul Chapter, and last but by no means least, the Meals-on-Wheels delivery in the local Banora Point area.

On Thursday 22 March, Year 11 students were priviledged to undertake a one hour program called ‘RescuEd’.

The program consisted of an introduction to the program, an exhibition of use of jaws-of-life and the techniques used for the extraction of humans from car wrecks. This was followed by a 17-minute video expose on Tim’s story. Tim is a twenty-something-year-old now, who only a few years ago witnessed first-hand what it was like to be extracted from a car wreck, in the process losing both legs just below the knee.

This exhibition by the Fire Brigade is a sober reminder of the hazards involved in being behind the wheel of a car; one which I hope that no-one in our school community will ever have to experience.

Term 2 will see students settling further into their academic pursuits with the Half-Yearly Examinations quickly looming in Week 3. I am sure that Year 11 will meet the challenge of these, and will engage in solid preparation for them.

Mr Shane Burns
Year 11 Coordinator

Y O U T H S A F E
‘Helping Teenagers Become Safer Drivers’

Parent Tip No. 1

Parents can help young drivers by providing at least 50 hours of safe supervised practice. The more hours of practice the better, so aim for 100 hours.

WATCH OUT FOR MORE DRIVING TIPS IN COMING NEWSLETTERS

DRIVE WELL ~ BE SAFE
This week we bring you the second in our series of 'Bad Attitude' articles.

Congratulations to many of our students who not only demonstrate their good manners but also their positive attitude on a daily basis. Further congratulations to their parents who are doing such a great job in this area. As we all know its an ongoing process and an occasional evaluation is helpful to check out our progress. So today we take a look at the 'bad attitude' BAD-MANNERED, and what we can do about it.

<table>
<thead>
<tr>
<th>Bad Attitude</th>
<th>Attitude Antidote and Replacement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bad-Mannered</td>
<td>Courtesy, Politeness, Respect</td>
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</tbody>
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Emergency Attitude Intervention:
Kick off an intensive program in mandatory manners training in your home 24/7. Don't assume your child knows how to be courteous: in this article we have a list of eighty-five important manners children should learn, and mums and dads, its time to roll up your sleeves, and teach, model and reinforce them one at a time until your child is cured of a bad-mannered attitude.

For example, with a younger child who never says "please" or "thank you", look for opportunities to use the words yourself when talking to your child or others, point out when he/she could use them, encourage him/her to use the words at appropriate moments, and congratulate him/her whenever he/she remembers to do so.

With an older child who answers the phone in a flippant tone and never takes a message, spell out expectations to him/her clearly and unequivocally. Show him/her how to speak to the caller, the information you need to receive in any message, and the tone of voice that would be most appropriate. Then practice with him/her until he/she can show you that he/she knows what to do and how to do it.

Courtesy does count! Scores of studies find that well-mannered children are more popular and do better in school. Notice how often they're invited to others' homes. Listen to their teachers speak about them using such positive accolades. Notice how often they're invited to others' homes. Listen to their teachers speak about them using such positive accolades.

And it's not just that they're nice to be around – polite kids have an edge on the foundation of good character. Since they are more considerate of others' thoughts and feelings, they are a more respectful and less selfish breed. The foundation for civility is courtesy. So tune up on your social graces and make courtesy, politeness, and respect a priority in your home. And squelch any impolite, discourteous attitude any time, any place your child tries them.

Bad Attitude Alert:
There's no reason to accept or cave into a bad-mannered attitude. Start your makeover by taking a strong look at how your child developed this discourtesy and incivility.

Diagnosis:
It really helps if you answer the following questions:

What? What does your child specifically do that you consider impolite? Interrupt? Burp? Forget to say "thank you"? Use the wrong eating utensils? Or are you talking about a more vulgar behaviour? Does he/she swear at you? Slam the door in your face? Make personal calls in the middle of your family dinner? Over the next week, take a serious look at your child's ill-mannered ways. Which behaviour most concerns you?

Why? Why does your child have this attitude? Are manners modelled in your home? Is he/she hanging around peers or adults who are impolite?

Is he/she watching or listening to CDs, movies, or TV shows that flaunt rudeness or even vulgarly? Is he/she allowed to get away with this attitude? Does he/she somehow think it is cool to be rude? Is he/she treated with a discourteous attitude? Has he/she in the past? Where has he/she learned this attitude?

Who? Does he/she display the same rude attitude to everyone? Are there some individuals he/she does not use this attitude on? If so, who? Why not? Could it have anything to do with the way they are responding to him/her?

When? Is there a particular time of day, week, or month he/she is more impolite? Is there a reason? For instance, might he/she be with a particular group of kids? Watching a TV show? Spending time with an adult who models rudeness?

Where? Are there certain places he/she is more likely to be impolite (at a certain friend's house, in public, at the movies, at school, at the dinner table, at Grandma's)? Why? Are you seeing a predictable pattern? Is your child using this attitude only in certain places or only with certain people? Do you have any better understanding of this attitude and where it's coming from?

What's wrong with your current response?
Now reflect on how you typically respond to your child's rudeness. Think of the last time he/she displayed this attitude to you. Review the episode: how did the episode begin? What might have triggered it? What did you do?

What kind of response has not worked in the past in curbing your child's rudeness? Was it being rude in return? Excusing it? Taking the blame yourself? Ignoring it? Punishing? Criticising or trying to collect it? Trying to humiliate him/her publicly? What is the one thing you will never try again?

Facing your own bad attitudes:
The best way to learn manners is by emulating others. Think seriously about what kind of model you are presenting. Could your child be 'catching' this impolite attitude from you? Is your behaviour teaching him/her to be courteous? For instance, do you consistently treat your child/ren politely? Have you ever corrected your own impoliteness in front of your child? How do you treat your parents? Friends? Strangers? How would you honestly answer this question: "If my child watched my manners, would they be worth catching?"

Which of your own manners might need tuning up? When your child is rude, do you remain courteous and respectful, or are you sarcastic, cynical, or disrespectful? What about the non-verbal messages you send: Do you shrug your shoulders, roll your eyes, smirk, walk away? How do you behave in public? Are you rude to others?

What is the first step you need to take to tune up discourteous behaviours in yourself as an example to your children?

The “Don't give me that attitude” makeover:
Step 1 ~ Set a Moratorium on Bad-Mannered Attitudes and Correct Impoliteness Immediately
The first step to changing a rude attitude is simply to refuse to allow it. Keep in mind that your child is using the attitude because it works, so let him/her know in no uncertain terms that it will no longer be effective. Call any rude behaviour each time you see it: "That's rude! I don't listen to rude talk." Then expect your child to apologise immediately. Do not answer or give in if he/she is rude. Feed free to turn and walk away until he/she is polite: "I'm in the kitchen. When you can talk to me politely, come join me.

Sometimes children don't realise they are being rude? This is especially true with younger children. In this case, immediately correct the rude behaviour, so that the child understands he/she was being impolite.
The next step to boosting courtesy and squelching a rude attitude is to make sure your child clearly recognises why manners are important. Once children understand the impact good manners have on others, they're more likely to incorporate courtesy in their own behaviour.

Step 3 ~ Replace Impoliteness with New Manners

One way to purge your child of his/her impolite attitude is by teaching him/her manners to replace the bad ones. There’s a whole gamut of manners to choose from: how to meet others, how to be a good host/guest, proper eating etiquette, phone etiquette, Internet etiquette, as well as an array of polite words. As you teach a new manner, be sure to explain why the skill is important and when and how to use it. Get the rest of the family involved. Just make sure everyone is supportive; no teasing is allowed. To get you started, here are the essentials:

Eighty-Five Important Manners Children Should Learn:

This list is made of some of the most important manners etiquette experts say we should teach our children. It comes from the book “Building Moral Intelligence: The Seven Essential Virtues That Teach Kids to Do the Right Thing”.

Essential Polite Words:

- Please
- Thank you
- Excuse me
- I'm sorry
- May I?
- Pardon me
- You're welcome

Meeting and Greeting Manners

- Smiles and looks person in eye
- Says hello
- Introduces other person

Conversation Manners

- Starts a conversation
- Looks at the eyes of the speaker
- Appears interested in speaker
- Knows how to maintain a conversation

Table Manners

- Comes to the table on time
- Sits up straight
- Takes his/her hat off
- Waits for the hostess to sit before serving or eating
- Puts modest portions of food on his/her plate
- Asks, “Please pass the . . .”
- Keeps his/her elbows off the table
- Eats soup without slurping
- Doesn't talk with food in his/her mouth
- Asks to be excused before leaving table

Hospitality Manners

- Greets a guest at the door
- Stays with the guest
- Asks guest what he/she would like to do

Anywhere and Anytime

- Covers mouth when coughing
- Refrains from swearing
- Refrains from gossiping
- Holds a door for a woman or elderly person

Visiting Manners

- Greets host’s parents
- If spending the night, keeps room in order and makes bed
- Offers to help the parents of the host

Manners Towards Older People

- Stands when older person comes into the room
- Is considerate and offers any help
- Offers his/her seat if no chair is available
- Doesn’t address the person’s short-comings (wrinkles, hearing loss, cane, and so on)

Sports Manners

- Plays by the rules
- Encourages his/her team-mates
- Doesn't cheat mistakes (other team)
- Doesn’t argue with the referee
- Doesn’t make excuses or complain
- Cooperates
- Shares the equipment
- Doesn’t brag or show off
- Doesn’t moo
- Congratulates opponents
- Stops when the game is over

Phone Manners

- First greets the person and says name
- Answers with a clear and pleasant voice
- Greets the caller by name if known to them
- Takes and gives a message
- Turns off mobile phone at movies, concerts, public places
- Politey asks to speak to the person he/she is calling
- Asks the caller, “Who’s calling, please?”
- Politey says, “Please hold on” while he/she get the intended speaker
- Politey ends a conversation
- If he/she must make a mobile phone call, does so quietly so as not to disturb others

Step 4 ~ Praise Courteous Actions

Reinforce your child’s courteous behaviours, and let him/her know how pleased it makes you feel. Describe exactly what your child did right, so your child is more likely to repeat the virtuous behaviour.

Step 5 ~ If the Attitude Continues, Set a Consequence

Your child needs to know you are serious about eradicating his/her rude attitude, so be prepared to enforce a consequence if the attitude continues. If the same rude attitude persists, you might try requiring your child to repeat the correct polite behaviour on-the-spot. For especially offensive discourtesy, increase the stakes by forbidding your child to attend social gatherings for an appropriate period of time.

Attitude Makeover Pledge:

How will you use these steps to help your child become less rude and achieve long-term change? What can you do to begin changing your child’s attitude so he/she is more polite and courteous?

The New Attitude Review:

All attitude makeovers take hard work, constant practice, and parental reinforcement. Each step your child takes toward change may be a small one, so be sure to acknowledge and congratulate every one of them along the way. It takes a minimum of twenty-one days to see real results, so don’t give up! And if one strategy doesn’t work, try another. Keep track of your child’s weekly progress.

Ongoing Attitude Tune-Up:

Where does your child’s attitude still need improvement? What work still needs to be done?

Attitude Makeover Resources:

Resources, such as the book mentioned in this article, “Don’t Give Me That Attitude”, by Michael Borba, Ed.D., can be of great help for both parents and children.


For Children: A lot of fictional books we read ourselves as children deal with “bad-mannered” attitudes, such as “Little Women”, by Louisa May Alcott. The author also recommended the children’s books, “The Berenstain Bears Forget Their Manners”, by Stan and Jan Berenstain; “Perfect Pigs: An Introduction to Manners”, by Marc Brown and Stephen Brensky; “Manners”, by Aliki. A personal favourite is “How Rude! The Teenagers’ Guide to Good Manners, Proper Behaviour, and Not Grossing People Out”, by Alex J. Packer.

Ms Frances Stegeman
Pastoral Advisor
Tweed Valley Results

Round 1 -vs- Wollumbin High School
Wednesday 28 March 2007

<table>
<thead>
<tr>
<th>Male Sports</th>
<th>Results</th>
<th>Best &amp; Fairest</th>
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</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>A Draw 47-47 Ronan Gibson</td>
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<tr>
<td></td>
<td>B Lost 34-21 Nathan Nicholson</td>
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<td></td>
<td>C Lost 24-4 Jarryd Paxman</td>
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<tr>
<td>Volleyball</td>
<td>A Lost 3-2 Anthony Hammett</td>
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<td></td>
<td>B Forfeit to SJC</td>
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<tr>
<td></td>
<td>C Forfeit to SJC</td>
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<tr>
<td>Tennis</td>
<td>A Won 35-5 Craig McAskill</td>
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<tr>
<td></td>
<td>B Won 32-6 Matthew Byrne</td>
<td></td>
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<tr>
<td>Hockey</td>
<td>A No Game</td>
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<td></td>
<td>B No Game</td>
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<td></td>
<td>C No Game</td>
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<tr>
<td>Touch</td>
<td>A Won 12-3 Nicholas Lock</td>
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<td></td>
<td>B No Game</td>
<td></td>
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<td></td>
<td>C No Game</td>
<td></td>
</tr>
<tr>
<td>Soccer</td>
<td>A Won 1-0 Jacob Bush</td>
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<tr>
<td></td>
<td>B Lost 5-2 Xavier Ricketts</td>
<td></td>
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<tr>
<td></td>
<td>C Lost 7-0 Ricardo de Azevedo</td>
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<tr>
<td>League</td>
<td>A No Game</td>
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<td></td>
<td>B No Game</td>
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<td></td>
<td>C No Game</td>
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<tr>
<td>Softball</td>
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<td></td>
<td>B No Game</td>
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<td></td>
<td>C No Game</td>
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<table>
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<tr>
<th>Female Sports</th>
<th>Results</th>
<th>Best &amp; Fairest</th>
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</thead>
<tbody>
<tr>
<td>Basketball</td>
<td>A Lost 28-10 Hayley Elkington</td>
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<tr>
<td></td>
<td>B Draw 22-22 Hannah Whittaker</td>
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<tr>
<td></td>
<td>C Won 40-6 Andrea Roberts</td>
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<td></td>
<td>D Won 34-8 Amy Elkington</td>
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<tr>
<td>Volleyball</td>
<td>A Lost 2-0 Cathy Blissett</td>
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<tr>
<td></td>
<td>B Lost 2-0 Lucy Campione</td>
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<td></td>
<td>C Won 2-1 Kelsea Bell</td>
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<td></td>
<td>D Won 17-2 April Clayton</td>
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<tr>
<td>Tennis</td>
<td>A Won 12-3 Hannah Clark</td>
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<td></td>
<td>B Won 10-0 Stevie Peace</td>
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<td></td>
<td>C Won 12-0 Anastasia McLean</td>
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<td></td>
<td>D Won 13-0 Hayley Raso</td>
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<tr>
<td>Touch</td>
<td>A Won 13-0 Hayley Raso</td>
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</tr>
<tr>
<td>Soccer</td>
<td>A Won 3-2 Antonia D'Ambrosia</td>
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<tr>
<td></td>
<td>B Won 3-0 Hannah Simpson</td>
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<tr>
<td>Netball OPEN A</td>
<td>Won on Forfeit</td>
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<td>Netball</td>
<td>A Won on Forfeit</td>
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<tr>
<td></td>
<td>B Won 36-1 Jessica Long</td>
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<td></td>
<td>Forfeit 48-2 Keeley Serone</td>
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<tr>
<td></td>
<td>C Forfeit 34-12 Kirra Manning</td>
<td></td>
</tr>
<tr>
<td></td>
<td>D Forfeit 19-0 Emily Payne</td>
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Thank you to all the wonderful canteen helpers who have so generously given up their free time this term. We really couldn’t operate without you!! And never fear: I WILL call on you again!!

Meal of the Week
This has proven very popular since we re-introduced this idea and, while it taxes my imagination, the feedback is very positive. Next term we will have all sorts of yummy HOT food such as soups and assorted hot lunches, so WATCH THIS SPACE. In the meantime, best wishes to all families for a happy and safe holiday and see you all next term.

Canteen Roster

WEEK 1
Monday 23 April
Sheree Lynch & Susan Klein
Tuesday 24 April
Lyn Watkins & Debbie Davey
Wednesday 25 April
ANZAC DAY PUBLIC HOLIDAY
Thursday 26 April
Kim Mitchell & Wendy Morrison
Friday 27 April
Sonia Orr & Shelley Wilson

WEEK 2
Monday 30 April
Jan MacQueen & Kerrie Salmon
Tuesday 1 May
Robyn Crowe & Fern Wendlt
Wednesday 2 May
Sandy Jeffries & Jean Colivas
Thursday 3 May
Julie Crouch & Lyne Klein
Friday 4 May
Julianne Donnelly & Kathy Bush

Mrs Dianne Pinkstone
Canteen Manager

Jumpers for the Needy
Once again St Joseph’s College students will be collecting jumpers for the needy.
If you are having a spring clean during Easter, please keep this in mind and will start this collection Week 1, Term 2.
Thank you, Mrs McConnell

Student of the Week
As this is the last day of school we have no photo, but don’t despair, ‘Student of the Week’ will reappear next Term.
We hope that everyone has a safe and happy Easter break and we’ll see you all in Term 2.

Parent/Caregivers are reminded that
Term 2 commences on Monday 23 April
ALL YEAR GROUPS RECOMMENCE
SCHOOL ON THAT DAY