Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

There are many challenges to life in the twenty-first century. It would appear that there are many incidents where we hear people demanding more from our political leaders; demanding more from our religious leaders; demanding more from everyone. Maybe it’s time to start demanding more from the person whose reflection we see in the mirror!

St Joseph’s College aims to provide the best possible holistic education: education of the person intellectually, spirituality, physically, morally and emotionally. We aim to create good young men and women who have lived a Christian faith and are good citizens. The following reflection emphasises the courage required to be a good person:

**IT REQUIRES COURAGE TO BE A GOOD PERSON**

It is easy to be selfish, to think only of ourselves. It takes **courage** to put the needs of others first.

It is easy to knock others, to put people down because of race or background. It takes **courage** to stand up for the weak, the outcast, those that are different.

It is easy to be part of the mob, to take guidance from the crowd. It takes **courage** to stand on your principles and do what you know is right.

It is easy to be a cynic, to be critical and negative. It takes **courage** to be positive, to look for the good in our experiences.

It is easy to be an onlooker, to sit back and let others do the work. It takes **courage** to become involved, to take a lead, risking failure and criticism.

It is easy to never apologise or acknowledge you are wrong. It takes **courage** to admit you are human and have much to learn.

It is easy to criticise others behind their backs. It takes **courage** to stand up for others, to excuse their failings.

It is easy to follow the baying crowds of media or popular culture. It takes **courage** to live by standards counter to what the world promotes.

It is easy to dismiss ethical values as irrelevant in our time. It takes **courage** to live what it means to be a Christian, a Catholic, to follow Jesus.

It is easy to dismiss belief in a higher power who loves us. It takes **courage** to keep the faith and share it with others.

Best wishes and God Bless,

Mr Peter McLoughlin
Principal
## St Joseph's Catholic Parish

**Tweed Heads Catholic Presbytery**  
P.O. Box 25, Tweed Heads  
NSW 2485  
Phone: (07) 5536.7522  
Fax (07) 5536.4992

### FEES PAID VIA THE INTERNET

Attention all St Joseph's College Families:  
Have you paid fees on the internet?

The Parish is still searching for the following mysterious payee/s who made the following payment/s on their Parish account/s. Please contact Mr John Klein on (07) 5536.8701 as soon as possible, if any of these relate to you:

<table>
<thead>
<tr>
<th>DATE</th>
<th>CODE</th>
<th>DETAILS ON STATEMENT</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>28/02/2006</td>
<td>CSH</td>
<td>4410</td>
<td>$100.00</td>
</tr>
<tr>
<td>28/02/2006</td>
<td>CSH</td>
<td>4410</td>
<td>$100.00</td>
</tr>
<tr>
<td>13/03/2006</td>
<td>AGN</td>
<td>9999</td>
<td>$  70.00</td>
</tr>
</tbody>
</table>

John Klein – School Fees Manager

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## 2007 UNIFORMS COLLECTION DAYS

**Girls:** Wednesday 24 January  
(9:00am-12:00noon and 1:00-4:00pm)  
**Boys:** Thursday 25 January  
(9:00am-12:00noon and 1:00-4:00pm)  
**Exchanges Only:** Monday 29 January  
(9:00am-12:00noon and 1:00-3:30pm)

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## Principal’s Notes

### REPORTS FOR END OF YEAR

Reports will be available for collection by parents of students in Years 7, 8 and 9 after 11:00am on Wednesday 20 December. Should parents have any concerns regarding their child’s progress, an opportunity to speak with their child’s teacher(s) will exist as follows:

- **Wednesday 20 December** 12:00noon until 4:00pm  
- **Thursday 21 December** 9:00am until 11:00am

Any reports not collected in person by parents on 21 December will be mailed out. Please be aware of these changes.

### LEAVE

Please note that I will be away on long service leave from today, Monday 4 December, and will return on Friday 15 December. Mr Lyon will be Acting Principal in my absence.

### ADVENT

The Church season of Advent commenced yesterday. Advent has a twofold character:

- As a season to prepare for Christmas when Christ's first coming to us is remembered.  
- As a season when that remembrance directs the mind and heart to await Christ's second coming at the end of time.

Advent is thus a period for devout and joyful expectation.

Mr Peter McLoughlin  
Principal

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## Community Association “Tucker Box”

Did you give to the “Tucker Box”?  
The Community Association would like to thank all those families who gave items towards the St Joseph’s College Community Association “Tucker Box” – your assistance has been invaluable.

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The School Newsletter and School Calendar are both available online @ [www.bps.lism.catholic.edu.au](http://www.bps.lism.catholic.edu.au).  
The School Calendar contains year group events, assessment schedules and term dates.
DEPUTY’S NOTICES

STUDENT INTERNET POLICY
We have recently revised and adjusted our student internet policy to better reflect changing technologies. Please be aware of the following two points:

CYBER BULLYING:
• Users are advised that any inappropriate material or slanderous statements posted on the internet about members of the St Joseph's College community will be treated as an harassment issue.

ACCEPTABLE USE:
• Students accessing or attempting to access prohibited sites directly or via proxies will have their internet privileges suspended for one (1) week and will be issued with an afternoon detention.

UNIFORM MATTERS – SPORTS SHOES 2007
Commencing next year, students will be required to have traditional leather, lace-up style cross trainers (predominantly white). These shoes offer the support necessary for the variety of sports students undertake. Canvas sports shoes are not suitable for all sports.

DON’T FORGET THESE IMPORTANT DATES

<table>
<thead>
<tr>
<th>Monday 11 December – Friday 15 December</th>
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<tbody>
<tr>
<td>Yearly Exams for Years 7, 8 and 9</td>
</tr>
<tr>
<td>and HSC Assessments for Year 11</td>
</tr>
</tbody>
</table>

| Tuesday 12 December – 7:00pm, Doyle Centre |
| Prize Night for Years 7, 8, 9 and 11     |

| Friday 15 December                     |
| School finishes for students in Years 7, 8, 9 and 11 |

COMING EVENTS

WEEK 8
Monday 4 December ..........................(Day 1)
Tuesday 5 December ...........................(Day 2)
Wednesday 6 December .......................(Day 3)
Thursday 7 December ........................(Day 4)
• Year 7 'World of Maths' Incursion (postponed from)
• Year 11 ‘Rescue Education’ Incursion
Friday 8 December ................................(Day 5)

WEEK 9
Monday 11 December ..........................(Day 6)
• Years 7, 8 & 9 Yearly Exams Week (11/12-15/12)
• Year 11 Assessments Week (11/12-15/12)
Tuesday 12 December ........................(Day 7)
• Years 7, 8, 9 & 11 Presentation of Awards Evening
Wednesday 13 December .......................(Day 8)
Thursday 14 December ........................(Day 9)
Friday 15 December ...........................(Day 10)
• Final school day for Years 7, 8, 9 and 11 for 2006

STAFF WEEK
Wednesday 20 December
• 12:00noon until 4:00pm – teachers available for parent/teacher meetings
Thursday 21 December
• 9:00am until 11:00am – teachers available for parent/teacher meetings
• Year 11 Term 4 Reports and Years 7, 8 and 9 Semester 2 Reports will be posted out to families

CHRISTMAS MASS TIMES

ST JOSEPH’S PARISH
All times shown are NSW times
(one hour ahead of QLD)

| MASS TIMES PHONE NUMBER IS: (07) 5536.7800 |
| OFFICE PHONE: (07) 5536.7522 |

| Sunday 24 December – Christmas Eve: |
| 5:30pm (Music by St. James Music Group) |
| 8:00pm and 12:00 midnight |
| Monday 25 December – Christmas Day: |
| St Joseph’s: 8:00am |
| Bilambil, St Camillus: 9:00am |

SACRAMENT OF PENANCE

Friday 8 & 15 December: Service of Forgiveness
7:00-8:00pm (includes 1st Rite if required)

1st Rite
(Individual Reconciliation available at the following times)
Wednesday 20 December: Holy Family Chapel
~ 10:00-10:30am
Thursday 21 December: St Joseph’s ~ 9:30-10:00am
Friday 22 December: St Joseph’s ~ 9:30-10:00am
Saturday 23 December: St Joseph’s ~ 9:30-10:00am
9:30-10:30am and 4:30-5:30pm

2nd Rite
Wednesday 20 December: 7:00pm

We wish you all a very Happy and Holy Christmas!

Fr Michael Brady
& Fr John Darbyshire

ST ANTHONY’S PARISH

RECONCILIATION

| KINGSCLIFF |
| Monday 18 December: 7:00pm |
| 2nd Rite of Penance and Reconciliation |
| Wednesday 20 December: 8:30-9:00am & 5:30-6:00pm |
| Thursday 21 December: 8:30-9:00am |
| Friday 22 December: 9:30-10:00am & 5:30-6:00pm |
| Saturday 23 December: 9:30-10:00am |

| POTTSVILLE |
| Tuesday 19 December: 5:30-6:00pm |
| Thursday 20 December: 5:30-6:00pm |
| Friday 22 December: 8:15-8:45am |

MASS TIMES

Sunday 24 December – Christmas Eve:
Kingscliff ~ 6:00pm & 12:00 midnight
Monday 25 December – Christmas Day:
Pottsville ~ 7:00am
Kingscliff ~ 9:00am

Fr Jim Griffin
Parish Priest

Extended Periods of Leave: If you are planning a holiday during the term dates, a letter requesting leave should be forwarded to the Principal in advance.
Year 10 students took part in a special assembly last Monday, 27 November in the Doyle Centre, marking their final College assembly as Year 10 students for the 2006 year.

As part of this last official gathering for Year 10, parents and caregivers also attended the Year 10 Farewell Liturgy and the presentation of their end of year awards. Recipients are as follows:

END OF YEAR AWARDS

100% Attendance
Jenson Lau
Kelsey Rundle

Sporting Excellence
(A Sporting Award is presented to a student who has represented the College at a number of significant events, representing to at least Lismore Diocesan level.)

Simon Campbell (Athletics)
Amy Turner (Touch/Softball)

Cultural Excellence
(A Cultural Award is presented to those students who have represented the College and/or presented at a number of significant performing and/or creative events on a regular basis.)

Ryan Andrews
Bronson Atkin
Phoebe Cupples
Lucy Fitzhugh
Rosarna Geerz
Kate McGrath
Jack Mulherin

Form Dux
(To qualify for this award a student must have demonstrated academic excellence in many aspects of the curriculum throughout the whole year. The student will have achieved the highest number of Yearly Academic Excellence Awards and/or the highest number of Grade A results in the School Certificate.)

Phoebe Cupples & Simon Campbell

Peace Through Justice Award
(The Peace Through Justice Award is presented to a student, parent or staff member who has demonstrated an outstanding contribution willingly and generously to the establishment of a spirit of social justice within the College community.)

Riccardo Campione
Matthew Coughran

St Joseph’s College Award
(To qualify for this award a student must have demonstrated all round excellence and commitment to the ethos of the College.)

Simon Campbell
Matthew Coughran
Rosarna Geerz

Congratulations to all our students from Year 10 2006, and to those leaving the College our best wishes for your future endeavours.

Mr Shane Burns
Year 10 Coordinator

If your child is going into Year 10, 11, or 12 - you have a tough year ahead
You can help!
Dec-Jan Holiday 4-Day Seminars in STRATEGIES FOR SUCCESS
How you will benefit:
Students emerge from the seminar confident and motivated towards their studies and possessing powerful new strategies for speed reading, advanced understanding, summarising, memorizing and revision, essay planning, stress management, time management, goal setting and correct study methods.
This unique, high-powered four-day program has proven results.

This unique Australian 4-day seminar has been proven over many years with a broad range of students. It is presented in Brisbane and on the Gold Coast every school holidays by Dr. Mark Brown, a university lecturer and consultant in learning performance and student motivation. In a survey conducted on an average of six months after their child’s attendance, 93% of parent respondents said there had been a persistent positive change in their child’s actual school performance.

What previous students have said:
“A very worthwhile investment in my life.” C. Hewett
“I felt like I had really achieved something.” C. Chivers
“A powerful presentation - an educational must.” M. Burns

Cost: $400.00 (Visa/Mastercard welcome)
Times: 9am - 3pm.
Dates: 18th-21st December (QUT Gardens Point)
15th-18th January (Bond University)
15th-18th January (QUT Gardens Point)
22nd-25th January (QUT Gardens Point)

* We also offer a 2-day program specially formulated to suit the needs of students in Years 8 & 9. Cost $210 18-19 Jan, 25-26 Jan (QUT), 19-20 Jan (Bond Uni)
For a free brochure with details
Ph: 07-3281 1400
Learning Performance Seminars®

Messages to Students: Office staff cannot disrupt teaching in order to deliver messages that are not of an urgent nature. Year Coordinators will endeavour to deliver non-urgent messages at lunchtime, or prior to the end of the school day.
Students from year 11 Hospitality (Michael Mann, Samantha Dunemann, Jayme Hart, Amanda Vitartas, Claire Sullivan) and Year 9 Food Technology (Ethan Leaver, Ben Holt, Kurt Bailey, Jessica Godfrey, Daina Waugh) participated in a ‘Mock Café’ at St Joseph’s College on 22 November 2006.

The inter-school competition involved our students in designing a café, creating a menu and budget and preparing and serving meals for 14 guests.

Our students called their restaurant “Aloha Café” and decorated the foyer of the Doyle Centre with frangipanis and surfboards.

Brad Whittaker from the Tweed Heads Bowls Club organised the Club to sponsor us with bright pink shirts and new black aprons for wear and helped us to prepare our tropical-style meals. Chris (the catering manager) gave us tips on setting up our café and serving the meals.

Judges from industry and TAFE seemed very please with our efforts but we have to wait until tomorrow (Tuesday 5 December) to find out which school won the competition (see attached advertisement below).

Congratulations to all the students involved in the Café and Scott Glass who filmed the event. Thank you to everyone at the College who helped us with the café.

Hospitality students in Year 11 are also busy preparing for the Parish function which is on after school today. This event means students will prepare and serve food to approximately 200 guests.

Ms Karen Parker
TAS Coordinator
Chapter Eight

Now, if I could tell you that that football was to live a long and fruitful life under the control of its new owner, I would immediately. But, unfortunately, it was not so, and that was no fault of Bardo’s.

For the three weeks left of the summer holidays, the football was used to its full advantage. Whenever we possibly could, Pop and I would teach Bardo the basic rules of Rugby League. Whenever an English football match was aired on Pop’s wireless, our whole family would sit and listen to it, explaining the game to Bardo as it progressed. Under our tutelage, he became quite a fine young football player. There was no doubt of his speed, and he understood the tactics of the game well, but there was something else that made him great, something Pop and I couldn’t identify. But it was certainly there and football was gradually becoming Bardo’s favourite pastime.

Sadly, the first day of school finally arrived and Meg and I wearily woke up to one of the hottest days we had ever experienced, only to have to put on our uniform and trudge to school. Bardo was to attend Aldea Primary alongside my sister and I and in the grade below me.

When she returned, Mrs Jensen brought her sister, Dotty, who was not well to live with her. I had only met the woman once and that was all I needed. She was the kind of old woman who was unrelenting in her complaints of every disease and fungal condition imaginable. Either her back was out or her toes were cramped and she made sure everyone in her company knew exactly what was out for that matter – her aged body. Not only this, but Dotty felt it was utterly imperative that, ‘a young man like Bardo receive a wholesome education. After all, he needs every head start he can possibly attain, especially when one takes heed of his situation’. So, Bardo was to start school once again in Aldea.

Considering I was in my last year of primary school, I felt it was unconditionally superior to the rest of the school, as did all of the other kids in my grade. I had been named School Captain, which meant I could wear a gleaming gold badge and basically had to do nothing else. I was supposed to be making suggestions about how to improve our school but quite frankly, I had so many I didn’t know where to start. Instead, Dotty Jensen had an idea, which she proudly named “The Back to School Gala”. After pressing her idea to the school committee, it was announced that the extravagant performance would go ahead. It would comprise of each class singing a song, additional acts from the more musically and dramatically gifted students, and also an abundance of food and drinks. It was to occur on the Friday two weeks from the beginning of school and the whole town was getting behind it.

So, for two weeks, my class learnt and rehearsed the exasperatingly repetitive and catchy “He’s got the whole world in his hands”. We were also responsible for the list of foods that should be available, meaning we hardly had any time for regular schoolwork, which was perfectly fine by us. Bardo’s class were singing “Amazing Grace” – a preferable tune to that which was forced upon my classmates and I.

Finally, the night of the Gala came, and Dotty Jensen was anxious to a level beyond what was likely to be healthy for her! All that Meg, Bardo and I had to do was go home and get changed. We did so and, when we arrived back at school and entered the hall we found it had been completely transformed. There were banners and streamers all over the place and there were so many balloons I thought the hall was bound to lift off from the ground. Fortunately, it did not, and all of the performances went smoothly and all members of the community praised the food. There was only one drama, Stacie Master, the prima Donna of my class, had a tantrum because in her individual performance, the lighting was not right and she was not in the spotlight. Of course, she was abruptly told to shut up and get over it by another, more grounded girl of my class, Haylee Preston.

When Bardo’s class got on the stands to perform, I couldn’t see my friend anywhere. Meg and I looked everywhere for him, but there was no sight of his smiling face. We stood in a corner of the hall, discussing whether to alert our parents or not.

“Tell me what?”, sounded an all too familiar voice from behind us. We turned around to find my mother standing, looking down on us with a slightly bemused expression.

“Well, it’s nothing Mum, but we can’t find Bardo and he wasn’t on stage with his class,” I said, trying not to make it sound like a colossal crisis. Her eyebrows immediately furrowed and she came over suddenly worried.

“Have you checked everywhere?” she asked. We nodded, looking at our feet. Next thing we knew, our whole family and our neighbours, the Martins, were outside with the school torch looking for Bardo. It must have been raining for the ground was soggy and wet.

I ventured off away from the group, thinking I could hear voices. Mr Martin swung his torch around towards me and in its feeble gleam, I could see the outline of a large oak tree and behind it, five figures running away, one of them limping. A sickening feeling of dread rose in my stomach and almost brought it out of my mouth. I felt my face instantly go cold, only to be replaced by a hot flush of anxiety. I sprinted as fast as I could to the foot of the tree, flicking up mud with my shoes. Suddenly, it began raining again, the heavens opened up with all of their glory.

When I reached the foot of the tree, I found a small, familiar figure lying, crumpled in a heap of mud. Bardo’s face was covered with blood. I could not tell how long he had been there, but it seemed to be several hours. His gentle face was covered with blood and his arm was at an obscene angle to his body. I gently tapped his cheek. Tears began streaming down my face as I held my friend to my chest. My breathing was shallow and hoarse when the others approached. Mr Martin swore and Pop ran over.

“Bardo,” I whimpered. “Bardo, wake up.” His gentle face was covered with blood and his arm was at an obscene angle to his body. I gently tapped his cheek. Tears began streaming down my face as I held my friend to my chest. My breathing was shallow and hoarse when the others approached. Mr Martin swore and Pop ran over.

“Let go, Kip,” he said gently. I refused to release my hold on my best friend, lest he should lose all life.

“Come on, son, we’ve got to get Bardo help,” he negotiated. “Martha, go back and tell someone to get their car ready, Bardo’s going to need to go to the hospital.” When everyone turned back around to face me, I was standing, Bardo laid across my arms, limp and bloody. In a vague trance of shock, anger and worry, I told my father and Mr Martin to look in the other direction for the people I had seen running.

Numbly and with tears streaming down my face, I walked back to the school. The blood was washing off Bardo’s face in the rain and onto my shirt. The blood I felt should be mine.

TO BE CONTINUED

Look out for chapter Nine of ‘Kip’ in the next newsletter (and final for 2006) to be printed on Friday 15 December.
STUDENT OF THE WEEK

Could this be a picture of you?

The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!

Student Council

St Vinnies Update

Last week saw the commencement of our annual St Vincent de Paul Society Christmas Appeal. This involves our school community raising money to buy Christmas presents for children less fortunate than ourselves.

We have a target of $60 per homeroom and each homeroom has been allocated 2 or 3 children for which they are raising money.

This is a great way to give a little in keeping with the spirit of Christmas to those who will really benefit from it. We will be presenting the gifts to St Vinnies on the last day of school, so please support this great Christmas initiative.

Karlo Goodman (11A) & Katie Spinks (11C)

UNIFORM SHOP NEWS

NEWS SHOES

When purchasing new shoes for next year, remember to please support “Williams the Shoeman” at Tweed City as the College will receive a $5 cashback for every purchase made in the store – in 2006 we received $925.00!

Ms Debra Dawson
Uniform Shop Manager

If you would like the College to apply for Special Provisions for your child for the 2007 School Certificate exams or Higher School Certificate exams, please contact Mrs Karen Evans.

CANTEEN NEWS & ROSTER

YEAR 7 2007 FAMILIES

At the Information Evening for Year 7 2007 students and families, parents and carers were given a St Joseph’s College Canteen helpers form (on bright-green coloured paper).

As I’m about to start on the roster for Term 1 for 2007, if anyone has a form to return, please send back to the College and I will call you to put your name in the roster. I can’t stress enough that your help will keep the College Canteen operating.

WEEK 8

<table>
<thead>
<tr>
<th>Monday 4 December</th>
<th>Monday 11 December</th>
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<tbody>
<tr>
<td>Michelle Clarke &amp; Jan O’Donohue</td>
<td>Di Lance</td>
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<tr>
<td>Tuesday 5 December</td>
<td>Tuesday 12 December</td>
</tr>
<tr>
<td>Michelle Kirk &amp; Debbie Davey</td>
<td>Jenny Cork</td>
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<tr>
<td>Wednesday 6 December</td>
<td>Wednesday 13 December</td>
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<tr>
<td>Helen Steele &amp; Leanne Ashhead</td>
<td>Gert Webb</td>
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<tr>
<td>Thursday 7 December</td>
<td>Thursday 14 December</td>
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<tr>
<td>Jeanette Lanskey &amp; Joy Godman</td>
<td>Sonia Haaijer</td>
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<tr>
<td>Friday 8 December</td>
<td>Friday 15 December</td>
</tr>
<tr>
<td>Kathy Bush &amp; TBA</td>
<td>Fran Hardy &amp; Tracey Buckley-Dunn</td>
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Mrs Dianne Pinkstone
Canteen Manager

Please note that the next Newsletter will include the roster for Weeks 1 & 2, Term 1, 2007.

WEEKEND MASS TIMES

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<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm (Kingscliff)</td>
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<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
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<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
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<tr>
<td>Fr Michael Brady</td>
<td>Fr Jim Griffin</td>
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<tr>
<td>Parish Priest</td>
<td>Parish Priest</td>
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Do you know the meaning of this word?

COURAGE: (n.) the power or quality of dealing with or facing danger, fear, pain, etc.

Have you heard of the saying: ‘the courage of one’s convictions’ – this is the confidence to act in accordance with one’s beliefs.

Do you know what it is to show courage?
CREATING RESILIENT FAMILIES

FEARS, WORRIES AND OTHER ANXIETIES

FROM THE AGE OF AQUARIUS TO THE AGE OF ANXIETY

So you've just spent an hour or so worrying about your child. And you think you're the only one? Without knowing it, you've joined the club of panicked parents. On any weekday morning you can see the effect of fear on our society as parents drive their children to schools that were thought to be conveniently located when they moved to their current house. Increasingly, fears of kidnapping, molestation and worse have resulted in families relocating into their homes. A survey of 111 country families found that parents' fears ranged from stranger danger to safety in their home while the parents were out completing farm duties. In regard to older children, worries were safety issues on the road and on public transport, isolation when home alone and peer pressure resulting in risk taking.

What Teenagers Think Parents Worry About

Young people were asked in a survey to tell what teenage issues they thought parents worry about. They thought the teenage issues you worry about are: drugs, education, alcohol, peer influence, safety while socialising, kids having sex, kids committing crimes, smoking, violence, kids making wrong decisions, immorality, body image and that. Interestingly, their children's happiness is not one of the things they thought parents worried about.

AUSTRALIAN WORRIERS CLUB

The Australian Worriers Club advises to express your concerns to your peers and parents about their current fears. Mr. Kendall of Kelcey said today; if this trend continues we won't be able to limit our worries at the dangerous and distressing levels - the novel "Fear and Panicked Brainwave"!

At least a third of young people worry and it may be that worrying is helpful for preparing people in stressful things in your life.

However, too much worry can stop kids doing new activities and having fun. It is useful for parents to show kids how to overcome tears and worries where it is possible and safe to do so.

As children get older, their worries become more specific and more complex. Before they reach school age, children tend to worry about physical and supernatural things such as monsters, as well as separation from parents. Early primary school kids worry seriously about threats to their physical wellbeing and by late primary and early secondary risk like worries shift. As this stage, young people are more likely to be concerned about their social standing with peers, and their level of ability at school and other activities. Just wait until they become parents...

SOME BATTLES NEED TO BE Fought HEAD ON

ACER

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Join a forum to discuss these issues at www.acmefuller.com.au