Dear Parents, Staff, Students, and Supporters of St Joseph’s College,

I remember quite vividly in 1982 teaching at De La Salle College Caringbah. The Religious Education Coordinator organised a day for Year 7 called, “Peace In Our Time?” The reason for the question was the Falklands War which was taking place at the time.

Well, twenty-four years later and we are still wondering if there will be peace in our time. The existing conflict between Israel and the Hezbollah movement in Lebanon has caused immense strain on international relations. Why? Basically, one side blames the other based on mistrust and hatred. Many innocent people have been killed. Is this fair? Where are we going wrong? What can we do?

In the first week of this term, Years 8 and 10 attended a Reflection Day run by the Passionate Retreat Team. The leader of the team, Father Ray Sanchez, suggested to the Year 10 students that if we want to get things right “out there” (meaning out in the world), then we need to first get things right “in here” (meaning within ourselves). It’s amazing how things that we believe are extremely complicated have simple solutions!

Our Lord made it very simple, ”Do unto others as you would have them do unto you”. This simple statement covers everything. If we could only put this simple philosophy into action, there wouldn’t be any world conflicts. Maybe someday this will happen in our world.

Attached to this document is an article from the Principal’s Digest series, entitled “Cyberbullying”. I commend it to everyone to read. The answer/solution to the problem? Again, treat other people how you would like to be treated.

We also need to pray. Below is a Prayer of St Francis of Assisi (1182-1226), also known as the peace prayer:

Lord, make me an instrument of your peace,
Where there is hatred . . . let me sow love,
where there is injury . . . pardon,
where there is doubt . . . faith,
where there is despair . . . hope,
where there is darkness . . light,
where there is sadness . . joy.

O Divine Master, grant that I may not so much
seek to be consoled . . . as to console,
to be understood . . . as to understand,
to be loved . . . as to love.

For it is in giving . . . that we receive,
it is in pardoning . . . that we are pardoned,
and it is in dying . . . that we are born to eternal life.

Let’s all practice being true Christians in the coming weeks,

Best wishes and
God Bless,

Mr Peter McLoughlin
Principal
The School Newsletter and School Calendar are both available online @ www.sjctweed.com.
The School Calendar contains year group events, assessment schedules and term dates.
Mobile Phone Policy: Mobile phones are not to be brought to school. If there are exceptional circumstances, the phone is to be left at Student Reception upon arrival and collected on departure.

CURRICULUM NEWS

CURRICULUM AWARDS ON ASSEMBLY
At the last Assembly, the following students were presented with their Curriculum Award for excellence in formal assessments July:

**Year 9**
- Michael Bartel: PD/H/PE, Geography, Catholic Studies
- Jackson Fisher: Geography, Catholic Studies, PD/H/PE
- Tayla Gardner: English, PD/H/PE, Catholic Studies
- Tess Lyon: PD/H/PE, Catholic Studies, Geography
- Bernard Tsang: English, Catholic Studies, PD/H/PE

**Year 8**
- Roxanne Agius: English, PD/H/PE, Catholic Studies
- Jordan Charters: English, HSIE, PD/H/PE
- Giovanna Falchi: English, Music, PD/H/PE
- Hayley Gibb: PD/H/PE, English, Catholic Studies
- Gregory Pieris: HSIE, PD/H/PE, Catholic Studies
- Timothy Wong: English, Music, PD/H/PE

CURRICULUM NEWS

WEEKEND MASS TIMES

<table>
<thead>
<tr>
<th>St Joseph’s Parish</th>
<th>St Anthony’s Parish</th>
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<tbody>
<tr>
<td>Saturday Vigil: 6:00pm</td>
<td>Saturday Vigil: 6:00pm(Kingscliff)</td>
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<tr>
<td>Sunday: 7:00am &amp; 9:00am</td>
<td>Sunday: 7:00am (Pottsville)</td>
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<tr>
<td>Sunday: 9:00am (Bilambil)</td>
<td>Sunday: 9:00am (Kingscliff)</td>
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<tr>
<th>Ms Helen Borrowdale</th>
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<tr>
<td>Curriculum Coordinator</td>
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PASTORAL NEWS

YEAR 7 NEWS

Year 7 recently had their first Reflection Day.

Our presenter for the day was Chris Doyle and his entertaining approach led the students not only to appreciate the value and worth of each other, but also to acknowledge that it is most important to be a “good” citizen ourselves.

The following is a report from one of our Year 7 students about their recent Reflection Day.

*Mr Gary Thorsby*

**Are you looking for a parent pick-me-up?**

Do you want to hear answers to some of the BIG questions related to kids, such as:

- Why are my kids so different to each other?
- Why do they behave better for other adults?
- Why do supermarkets bring out the worst in young children?
- Why do I sound like my own parents, when I swore I would not say the same things they said to me?

Being a parent is like riding a roller coaster but you are not sure if you are on the right track?

For heaps of laughs, plenty of good ideas and information, a huge dose of inspiration, lots of confirmation and just a little direction, the Catholic Schools Parent Assembly (CSPA) has organised just the thing for you. Come along to a Michael Grose’s presentation:

**Date:** Wednesday 9 August  
**Venue:** Ballina Beach Resort, Compton Drive, East Ballina  
**Time:** 6:30pm gathering; 7:00-9:00pm presentation

**Date:** Tuesday 15 August  
**Venue:** St James Primary School (Multipurpose Centre), Doyle Drive, Banora Point  
**Time:** 6:30pm gathering; 7:00-9:00pm presentation

It’s not too late to RSVP: Please contact Robyn Mullineux – Education Officer (Parent Liaison) on Ph: (02) 6627.6256 or Mobile (0400) 565.553 or Fax: (02) 6622.5794.

*Ms Frances Stegeman*  
Pastoral Advisor

YEAR 12 NEWS

**Year 12 Graduation Formal**

**Wednesday 15 November 2006**  
**Twin Towns Services Club**

Please note that the date for the Year 12 Formal has been set and plans are well under way. More details relating to ticket prices, etc., will be given towards the end of this term.

A committee of dedicated and interested parents have been working together to ensure that all will be ready on the night. I thank them for their efforts and support.

I urge all students of Year 12 to return their Petrol Raffle and Cadbury’s Fundraiser monies as soon as possible. As Year 12 is aware, these returns will have an impact on the student ticket prices.

*Mr Guy Davoren*  
Year 12 Coordinator
The concept of a serialised novel is an old one; the tradition was particularly important in the 19th century with the works of Dickens being the best known examples of serialised fiction.

One of our students has decided to take up the challenge to run a serialised story in the fortnightly newsletter. This student has decided to remain anonymous, at least for the time being . . . we look forward to an unravelling tale over the coming weeks.

Ms Margaret Bermingham
English Teacher

**KIP**

*Chapter One*

When I was born, in a small town on the North-Western coast of Australia, my father named me without consideration of the difficulty I would endure in my early years, when attempting to pronounce my own name. The name appearing on my birth certificate being Kieran Kiplan; the most advanced syllable I could produce that resembled my title was Kip. And that was how I introduced myself.

I had a younger sister and her name was Meg. Everyone used to ask if her real name was Megan or Margaret but they were always surprised to find out that it was actually Jemima – another of my accidental re-naming’s.

We were normal kids of the generation – Mum would make us breakfast, we would walk to school where we would spend all of our precious lunchtime chasing each other, playing games that we thought were brilliant and ingenious and when we got home, Meg and I would play backyard cricket or go swimming with Dad if it was hot enough.

In the holidays, the only reason we would enter the house during the day was to have a glass of water and a Vegemite sandwich We slept in our cubbyhouse more than our own beds during summer, and the only fight we ever had with our parents was when they insisted we read novels at night – Pop insisted that we appreciated literature. If we were lucky, he’d read them to us – usually something by Charles Dickens.

It was the year 1959, and I was nine years old (even though at the time, I pointed out to everyone that I was soon turning 10 – the age I considered would immediately give rise to my manhood) when Aldea and its inhabitants were faced with such a rare occurrence that it excited the entire population. It was the last day of the school year, and I was sitting in the steamy classroom as Miss Minkin’s voice entered one ear and waved goodbye to my brain as it exited the other.

It felt as though Christmas had come early when the tinny school bell trilled out across the playground and Miss Minkin dismissed the rowdy class. I met Meg under the eucalypt tree out the front of the school and we set off for home together.

When we got there, we were delighted to find that Mr Mason, our affable old neighbour, had given us a crate of mangoes, the only cost being Mum’s promise that Meg and I would help him while he was selling his border collie puppies.

Having no pets of our own, we whole-heartedly agreed to this arrangement, our eyes set on the sun-yellow mangoes sitting on our kitchen table. That afternoon, Meg and I sat on the front verandah, eating our fruit and jumping under the sprinkler to rinse the sticky pulp off our hands and faces.

Meg ran around the side of the house to get us a towel. I was turning off the tap when I heard a blood-curdling scream. I knew it had to be Meg . . .

**TO BE CONTINUED**

*Look out for chapter two of ‘Kip’ in the next newsletter, Monday 21 August (you’ll have to wait till then as next week, Monday 14 August, is a news sheet week)*
MUSIC NEWS

Today we have more Music News to relate following the Murwillumbah Eisteddfod Festival of Performing Arts:

Giovanna Falchi (8B) – Violin and Piano Competitions:
Monday 26 June – Violin Competition 14 years/under
Giovanna competed against five other competitors and won 1st Prize. Her piece was Bacarolle by Tchaikovsky.
Wednesday 28 June – Piano Solo – 16 years/under
Giovanna competed against six other competitors and won 1st Prize. Her piece was Clair De Lune by Debussy.
Wednesday 28 June – Piano Solo, Sonata – 16 years/under
Giovanna competed against four other competitors and won 1st Prize. Her piece was Sonata F major Op. 78 No. 24 by Beethoven.
Wednesday 28 June – Piano Solo, Polyphonic – 20 years/under
Giovanna was the only competitor and won 1st Prize. Her piece was the English Suite III by JS Bach.

Rosarna Geerz (10E)
16 Years and under:
Vocal: 2nd Prize
Vocal: Highly Commended

20 Years and under:
Folk: 3rd Prize
Jazz: 3rd Prize

Gregory Pieris (8C)
Singing: Character Solo: 1st Prize
Vocal Solo: Very Highly Commended
Speech: Light or Humorous: 2nd Prize
Sight Reading: 3rd Prize
Mime: Highly Commended
Drama: 3rd Prize
Verse Speaking: Very Highly Commended

Congratulations to our students who took part in the Festival.

Mr Shane Rowland
Music Coordinator

SPORTS NEWS

NETBALL – ROCKHAMPTON 2006
Students from St Joseph’s College played at the QLD Country Championships in Rockhampton over the weekend of 29 and 30 July.

They played in their representative teams from Tweed Netball Association and had a very successful ending to the 2006 representative season. Both the U/13s and the U/14s were Runners-Up and the U/15s were divisional winners after an exciting points score tally.

All students are to be congratulated on their levels of performance and participation:

Molly Cornelius (7B) Kayla Rampling (8D)
Teegan Crompton (10E) Mila Rampling (10D)
Ashleigh Dunemann (9A) Keeley Serone (7B)
Lucy Fitzhugh (10E) Katrina Stamper (7E)
Tiarne Judd (7D) Chantelle Walker (7D)

Mrs Wendy Peterson

TWEED VALLEY RESULTS

“Best and fairest” Tweed Valley Competition

<table>
<thead>
<tr>
<th>Male Sports</th>
<th>Best &amp; Fairest</th>
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<tbody>
<tr>
<td>Basketball</td>
<td>Brant Hawley</td>
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<tr>
<td>15</td>
<td>Jake Davenport</td>
</tr>
<tr>
<td>A</td>
<td>David Cleary</td>
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<tr>
<td>B</td>
<td>Matthew Riles</td>
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<tr>
<td>League</td>
<td>Ethan Crowe</td>
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<tr>
<td>15</td>
<td>Jacob Hawkey</td>
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<tr>
<td>Open</td>
<td>Michael Keating</td>
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<tr>
<td>Soccer</td>
<td>Benjamin Mulheran</td>
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<tr>
<td>14</td>
<td>Matthew Lesslie</td>
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<tr>
<td>15</td>
<td>Jeffry Badger</td>
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<tr>
<td>Open</td>
<td>Kyall Coulter</td>
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<tr>
<td>Tennis</td>
<td>Craig McAskill/Cameron Mills</td>
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<tr>
<td>15</td>
<td>Dominic Dessmann</td>
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<tr>
<td>Open</td>
<td>Justin Walsh</td>
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<tr>
<td>Volleyball</td>
<td>Christopher Boyle</td>
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<tr>
<td>15</td>
<td>Mitchell Cork</td>
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<tr>
<td>B</td>
<td>Mitchell Good</td>
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<table>
<thead>
<tr>
<th>Female Sports</th>
<th>Best &amp; Fairest</th>
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<tbody>
<tr>
<td>Basketball</td>
<td>Callin Smyth</td>
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<tr>
<td>15</td>
<td>Tahnee Buzic</td>
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<tr>
<td>A</td>
<td>Rebecca Keogh</td>
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<td>B</td>
<td>Stephanie Gent</td>
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<tr>
<td>Hockey</td>
<td>Sarah Conlan</td>
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<td>A</td>
<td>Nicole Perlenfein</td>
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<td>Netball</td>
<td>Keeley Serone</td>
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<tr>
<td>13A</td>
<td>Tamika Ebsworth</td>
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<tr>
<td>13B</td>
<td>Emily Kirkham</td>
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<td>14</td>
<td>Amber McKittrick</td>
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<td>A</td>
<td>Annie Lyon</td>
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<td>Soccer</td>
<td>Caitlin McGibbon-Goode</td>
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<td>A</td>
<td>Katharine O’Halloran</td>
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<tr>
<td>Tennis</td>
<td>Jessica Clarke</td>
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<tr>
<td>Open</td>
<td>Jessica Teitzel</td>
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<td>Touch</td>
<td>Katherine McCleary</td>
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<td>15</td>
<td>Stevie-Lee Peace</td>
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<td>Open</td>
<td>Amy Turner</td>
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<tr>
<td>Volleyball</td>
<td>Claudia Osborn</td>
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<td>15</td>
<td>Alexandra Dessmann</td>
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<td>Samantha Dunemann</td>
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Congratulations to the abovementioned students who achieved ‘Best and Fairest’ in the Tweed Valley Competition. They were presented with their trophies at the last College Assembly.

Mr Peter McLaughlin
Sports Coordinator

SPORTS NEWS

Don’t forget, if you have any sports news or sporting achievements you’d like to share with the St Joseph’s College community, please send the information in and we’d be happy to put it in the College Newsletter.

Mr Peter McLaughlin
Sports Coordinator

Students Absences: Please telephone the College between 7:45am and 9:30am on the day of the absence.
A note is also required on the first day of the student’s return.
On 19 June, Mrs Heazlewood-Ross and I accompanied Year 12 and Year 11 Biology and Chemistry students to the University of Queensland to attend the "Experience Science" Day.

After a stirring lecture by Professor Craig Franklin, whose passion is preserving Antarctica and crocodiles, along with his good mate “Crikey Man” Steve Irwin. The students embarked on a series of hands-on workshops.

Included with the photos are the student accounts of what was a very worthwhile day.

Ms Gail Berry
Biology Teacher

The workshops were all very practical, with no use of a pen all day! The ‘Gene Science’ was interesting, but ‘Grime, Slime and a Chilling Time’ was the best, especially the liquid nitrogen. It was good to see how life at uni is and very interesting to hear peoples' opinions.

I loved the atmosphere and all the workshops were very practical and interesting with good-natured instructors/tutors leading each prac. The emphasis on science was what I liked the most.

We had an awesome day, extracting DNA, growing plants and doing lots of other scientific practical experiments. The day was a fantastic opportunity to learn some interesting facts relevant to our studies.

A very interesting, informative and fun day, extremely helpful for current topics – and we got to play with cool, expensive equipment.

The presentation at the start was great, we learnt a lot about the uni. The Professor was really inspiring when he gave his talk. The ‘Slime, Grime and a Chilling Time’ workshop was a lot of fun.

The workshops were very educational and interactive. The day was worthwhile and really interesting. The ‘Gene Science’ and ‘Grime, Slime and a Chilling Time’ were fantastic and we were able to use a lot of equipment that we wouldn’t normally be able to use.

Best day ever! So informative! I am doing Biotechnology at uni thanks to yesterday!

“It was good to get an insight of what university students learn and to get involved in some practicals that are useful for the topics we are learning at the moment. We also got to use some equipment that our school doesn’t have.”

Sport: Sport is an important part of the school and students are expected to attend sport each week.
SPORTS NEWS

ANNUAL COLLEGE ATHLETICS CARNIVAL FRIDAY 18 AUGUST

This event is compulsory for all students.

BILL TURNER TROPHY – U/15 GIRLS SOCCER
20 JULY

SJC DOMINATE BUT CANNOT FIND THE EXTRA GOAL

With a chance to be among the Final 16 teams, in a competition spanning Cape York to Northern Victoria, the stakes were high for the North Coast Area Final against Evans River School.

The opening ten minutes were owned by SJC until Evans found their feet. For the next twenty minutes Evans stretched the SJC defence and made them pay with a cracking penalty shot from beyond the box that found the top back corner of the net. Another goal came just before half time via a skilful finish by the Evans striker.

The away team’s dominance was short lived, though, as SJC came out after half time with a score to settle. For the remaining half hour the football was dominated by SJC with their trademark determination, skill and never-say-die attitude.

An early second half goal to SJC announced a comeback in the making. What followed was a SJC barrage of attacking runs and on-goal shots, from a number of players, exciting all that were present. The Evans keeper was forced to stretch to make vital saves whilst the coach must have been sweating on an early finish to the game. In the end the ball never penetrated the back of the net, despite a flurry of valiant attempts, and the whistle ended the game with SJC 1 – Evans River 2.

Many thanks to all the parent and supporters who cheered on the day. A special thanks, also, to Jessica Short (11B) and Mr Wayne De Venny for their coaching effort and commitment to the team throughout the competition. With virtually the same team for next year’s challenge the competition will be shaking in their boots. Congratulations girls, you have made the College proud. To be one of the top 32 schools in a competition that spans three states is quite an achievement.

The team is:
Georgina Amos (8D), Jade Andrews (9E), Alana Baxter (7D), Jordan Charters (8C), Catherine Conlan (7B), Ashleigh Dunemann (9A), Jessica Hunter (8B), Elise Kachel (7E), Annie McCleary (8A), Katie McCleary (8E), Caitlyn McGibbon-Goode (7E), Georgina Oram (8E), Sophie Reynolds (8B), Olivia Salmon (8D), Kelly Sheath (9A) and Cailin Smyth (7C).

Mr Carlo Trimboli
(Coach/Manager)

STUDENT OF THE WEEK

Could this be a picture of you?

The nominated student is required to present themselves to the College Principal before Friday of this week. If this student does, they will receive a voucher to the value of $5 for purchases at the Canteen.

KEEP WATCHING THIS SPACE – THE NEXT TIME IT COULD BE YOU!

Student Council

CANTEEN NEWS AND ROSTER

MIGHTY MEAL DEAL

Continuing our HOT choices, this week’s meal deal is a Thai chicken curry dish. This is HOT as in WARM, NOT SPICY. This is a lovely dish and is available for $4.00.

So come on in – early – and order the ‘mighty meal deal’ and your lunch will be ready, already!

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>WEEK 4</th>
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<td><strong>Monday 7 August</strong></td>
<td><strong>Monday 14 August</strong></td>
</tr>
<tr>
<td>Michelle Kirk &amp; Di Lance</td>
<td>Janene Neal &amp; Debbie Davey</td>
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<tr>
<td><strong>Tuesday 8 August</strong></td>
<td><strong>Tuesday 15 August</strong></td>
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<tr>
<td>Alison Hedge &amp; Jan Kelly</td>
<td>Shelley Wilson &amp; Jenny Cork</td>
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<td><strong>Wednesday 9 August</strong></td>
<td><strong>Wednesday 16 August</strong></td>
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<td>TBA &amp; TBA</td>
<td>Tracey Ebsworth &amp; Jane Norvill</td>
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<td><strong>Thursday 10 August</strong></td>
<td><strong>Thursday 17 August</strong></td>
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<tr>
<td>Jeanette Lanskey &amp; TBA</td>
<td>Fern Wendt &amp; TBA</td>
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<td><strong>Friday 11 August</strong></td>
<td><strong>Friday 18 August</strong></td>
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<tr>
<td>Sonia Haaijer &amp; TBA</td>
<td>Mrs Dianne Pinkstone</td>
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</tbody>
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Athletics Carnival
Mrs Dianne Pinkstone
Canteen Manager

Do you know the meaning of this word?

Peace (n.) the state existing during the absence of war; a treaty marking the end of war; a state of harmony between people or groups; absence of mental anxiety; a state of stillness, silence or serenity; in a state of harmony or friendship.

Mr Carlo Trimboli
(Coach/Manager)
Cyberbullying is bullying in a modern technological form. Like conventional bullying, cyberbullying can cause psychological damage leading to behavioural problems and even self-harm. Cyberbullying has the added menace that information can be disseminated to huge numbers of people and it can be extremely difficult to find out who is responsible.

**Signs of cyberbullying in children**
- Spending long hours on the computer
- Shutting down windows on the screen when you come into the room
- Reluctance to talk about internet activities
- Using the computer mainly for chat rooms rather than homework
- Changes in behaviour eg trouble sleeping, stomachaches, headaches, crying
- Not wanting to go to school
- Wanting to be brought home from school during the day
- Unexplained lack of money or loss of personal belongings

**Types of cyberbullying**
Cyberbullying may be carried on email to email but can also occur on websites, blogs, chat rooms, bulletin boards, discussion groups, instant messaging and news groups. Mobile phones can be used as effectively as computers. Both can be employed for:
- Sending offensive messages, jokes or cartoons to a person
- Sending offensive messages about a person to a group
- Sending threats
- Sending or posting insulting, untrue or cruel messages about someone
- Sending vulgar, embarrassing or private photos eg taken in a changing room or toilet
- Sending or posting personal, embarrassing or private information about a person or their family
- Revealing secrets told to a former friend
- Excluding someone from an online group
- Pretending to be a friend to extract personal information and then making it public
- Telling sexual information, true or not
- Pretending to be someone else and sending messages that negatively rebound on that person

**Why don't victims tell?**
As with every kind of bullying, there is a code of silence that stops children from involving adults. There is also an unwritten rule that online material stays online and is not revealed to parents or teachers. Teenagers also fear being banned from using computers or their cell phones. Most of all they fear the retaliation they may be subjected to if they do tell.

**What harm can it do?**
In extreme cases, some teenagers have been driven to suicide by cyberbullying. Most victims suffer feelings like embarrassment, shame, anger, depression and withdrawal. Cyberbullying is pervasive, often anonymous, and easily spread to hundreds, even thousands, of people.

**Why does it happen?**
The Internet encourages long-distance, arms-length, anonymous communications. Users often feel they can say what they like and even pretend to be someone else, adopting a new persona for different chat rooms and blogs.

**What can parents do?**
- Make it clear that computers and computer behaviour are not off-limits to you.
- Find out what your child is doing online. While your children may think their online behaviour is private, it is your house and you have the right to know about, and oversee, what is done on the computers in your house by your children.
- Be alert to secretive behaviour or blank or switched screens when you approach. POS means “parent over shoulder”.
- Bring in a computer expert if you are unfamiliar with computers. Warn your children that this will happen periodically.
- Check the History file on your browser to see what sites are being visited by your children. If the History is often empty this can be a sign someone is trying to cover their tracks.
- Keep the computer in the family room or other shared space.
- Seek expert advice if you are worried your child is visiting unacceptable sites, being bullied, or participating in bullying others, even as a bystander.
- Discuss ethical behaviour and the importance of treating others with kindness and respect, even when anonymous.
- Tell them not to send emails when they are angry or upset and never to write anything they wouldn’t say to the person’s face.
- Encourage your children to be frank with you but careful about what they tell others.
- Let them know you think they should tell if someone else is being cyberbullied.
- Show them ways to block unwanted communications and contact the Internet provider.
- If a telephone is being used, contact the telephone company.
- If you know the offender’s name, inform the parents about what their child is doing. A non-threatening way of doing this is to write a letter explaining the problem and attaching a copy of the offending message.
- Tell the school what is happening.

**cyberbullying**
*It must be stopped*